US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jun 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:01	4.9	5:58	0.4	6:00	1.1	5:26	8:19	
2	Wed	12:09	5.4	12:49	4.9	6:39	0.6	6:44	1.3	5:26	8:20	
3	Thu	12:55	5.2	1:37	4.9	7:22	0.7	7:33	1.5	5:25	8:21	
4	Fri	1:42	5.0	2:24	5.0	8:09	0.8	8:30	1.6	5:25	8:21	
5	Sat	2:30	4.8	3:10	5.1	8:59	0.9	9:31	1.5	5:25	8:22	
6	Sun	3:21	4.8	3:57	5.3	9:52	0.8	10:32	1.3	5:24	8:23	
7	Mon	4:14	4.7	4:45	5.5	10:44	0.8	11:27	1.1	5:24	8:23	
8	Tue	5:10	4.7	5:35	5.8	11:34	0.7			5:24	8:24	
9	Wed	6:06	4.9	6:25	6.1	12:20	0.7	12:23	0.6	5:24	8:24	
10	Thu	7:00	5.0	7:15	6.4	1:11	0.4	1:12	0.4	5:24	8:25	
11	Fri	7:52	5.2	8:04	6.6	2:02	0.1	2:01	0.3	5:23	8:25	
12	Sat	8:41	5.4	8:52	6.8	2:53	-0.1	2:51	0.1	5:23	8:26	
13	Sun	9:30	5.5	9:40	6.9	3:43	-0.2	3:42	0.0	5:23	8:26	
14	Mon	10:20	5.6	10:30	6.8	4:32	-0.3	4:32	0.0	5:23	8:27	
15	Tue	11:12	5.7	11:22	6.6	5:20	-0.4	5:23	0.1	5:23	8:27	
16	Wed			12:07	5.8	6:07	-0.4	6:15	0.2	5:23	8:28	
17	Thu	12:16	6.4	1:03	5.9	6:56	-0.3	7:11	0.4	5:23	8:28	
18	Fri	1:12	6.1	1:58	6.0	7:48	-0.1	8:12	0.6	5:24	8:28	
19	Sat	2:08	5.8	2:53	6.1	8:42	0.0	9:16	0.6	5:24	8:29	
20	Sun	3:05	5.5	3:47	6.2	9:39	0.1	10:19	0.6	5:24	8:29	
21	Mon	4:02	5.3	4:41	6.2	10:36	0.2	11:19	0.5	5:24	8:29	
22	Tue	5:01	5.2	5:35	6.3	11:30	0.3			5:24	8:29	
23	Wed	5:59	5.1	6:29	6.3	12:14	0.4	12:21	0.3	5:25	8:29	
24	Thu	6:56	5.2	7:20	6.3	1:06	0.3	1:11	0.4	5:25	8:30	
25	Fri	7:48	5.2	8:08	6.3	1:56	0.2	1:59	0.4	5:25	8:30	
26	Sat	8:36	5.2	8:53	6.3	2:44	0.1	2:45	0.5	5:26	8:30	
27	Sun	9:21	5.2	9:35	6.1	3:29	0.1	3:30	0.6	5:26	8:30	
28	Mon	10:04	5.2	10:16	5.9	4:12	0.2	4:13	0.7	5:26	8:30	
29	Tue	10:47	5.1	10:55	5.7	4:52	0.2	4:54	0.9	5:27	8:30	
30	Wed	11:30	5.1	11:35	5.5	5:30	0.3	5:34	1.0	5:27	8:30	