US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Sep 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:26	4.7	1:49	5.6	7:24	1.1	8:35	1.4	6:22	7:27	
2	Thu	2:30	4.6	2:52	5.7	8:35	1.2	9:53	1.2	6:23	7:26	
3	Fri	3:36	4.7	3:57	5.9	9:53	1.0	11:01	0.9	6:24	7:24	
4	Sat	4:42	5.0	5:03	6.2	11:03	0.7			6:25	7:23	
5	Sun	5:45	5.4	6:05	6.5	12:00	0.4	12:04	0.3	6:26	7:21	
6	Mon	6:44	5.9	7:02	6.8	12:53	0.0	1:01	-0.1	6:27	7:19	
7	Tue	7:38	6.4	7:55	7.0	1:43	-0.4	1:55	-0.4	6:28	7:18	
8	Wed	8:29	6.9	8:45	7.0	2:31	-0.7	2:48	-0.6	6:29	7:16	
9	Thu	9:17	7.1	9:33	6.9	3:18	-0.8	3:39	-0.6	6:30	7:14	
10	Fri	10:04	7.1	10:21	6.6	4:04	-0.8	4:29	-0.5	6:31	7:13	
11	Sat	10:52	7.0	11:11	6.2	4:49	-0.6	5:18	-0.2	6:32	7:11	
12	Sun	11:42	6.7			5:34	-0.2	6:07	0.1	6:33	7:09	
13	Mon	12:04	5.7	12:34	6.3	6:21	0.2	6:59	0.5	6:34	7:08	
14	Tue	12:59	5.3	1:29	5.9	7:11	0.7	7:56	0.9	6:35	7:06	
15	Wed	1:56	5.0	2:26	5.7	8:07	1.0	9:00	1.2	6:36	7:04	
16	Thu	2:54	4.8	3:23	5.5	9:10	1.2	10:05	1.2	6:37	7:03	
17	Fri	3:53	4.8	4:20	5.5	10:14	1.3	11:03	1.0	6:38	7:01	
18	Sat	4:50	4.9	5:16	5.5	11:12	1.2	11:53	0.8	6:39	6:59	
19	Sun	5:45	5.1	6:08	5.6			12:03	1.0	6:39	6:58	
20	Mon	6:36	5.4	6:55	5.7	12:37	0.6	12:50	0.8	6:40	6:56	
21	Tue	7:21	5.6	7:37	5.8	1:19	0.3	1:34	0.6	6:41	6:54	
22	Wed	8:01	5.9	8:16	5.8	1:58	0.2	2:16	0.5	6:42	6:52	
23	Thu	8:37	6.0	8:53	5.8	2:37	0.2	2:57	0.5	6:43	6:51	
24	Fri	9:11	6.0	9:28	5.6	3:14	0.2	3:37	0.5	6:44	6:49	
25	Sat	9:43	6.0	10:02	5.5	3:50	0.3	4:15	0.6	6:45	6:47	
26	Sun	10:14	6.0	10:37	5.2	4:24	0.5	4:52	0.7	6:46	6:46	
27	Mon	10:48	5.9	11:17	5.0	4:57	0.7	5:30	0.8	6:47	6:44	
28	Tue	11:29	5.8			5:31	0.8	6:13	1.0	6:48	6:42	
29	Wed	12:06	4.8	12:22	5.8	6:10	1.0	7:06	1.2	6:49	6:41	
30	Thu	1:07	4.7	1:25	5.7	7:02	1.1	8:16	1.2	6:50	6:39	