

































## Rockaway Beach (inside), NY - Oct 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:13	4.7	2:31	5.8	8:16	1.2	9:32	1.1	6:51	6:37	
2	Sat	3:19	4.9	3:37	5.9	9:35	1.0	10:38	0.7	6:52	6:36	
3	Sun	4:23	5.2	4:42	6.1	10:46	0.7	11:35	0.3	6:53	6:34	
4	Mon	5:25	5.7	5:43	6.3	11:48	0.2			6:54	6:33	
5	Tue	6:22	6.3	6:41	6.5	12:27	-0.2	12:44	-0.2	6:55	6:31	
6	Wed	7:15	6.8	7:34	6.7	1:16	-0.5	1:37	-0.5	6:56	6:29	
7	Thu	8:05	7.1	8:24	6.7	2:03	-0.7	2:29	-0.6	6:57	6:28	
8	Fri	8:52	7.3	9:12	6.5	2:50	-0.7	3:19	-0.6	6:59	6:26	
9	Sat	9:38	7.2	9:59	6.3	3:36	-0.6	4:08	-0.5	7:00	6:24	
10	Sun	10:24	6.9	10:47	5.9	4:21	-0.4	4:55	-0.2	7:01	6:23	
11	Mon	11:12	6.5	11:38	5.5	5:06	0.0	5:43	0.1	7:02	6:21	
12	Tue			12:04	6.1	5:52	0.4	6:32	0.5	7:03	6:20	
13	Wed	12:32	5.1	12:58	5.7	6:40	0.8	7:26	0.9	7:04	6:18	
14	Thu	1:29	4.8	1:54	5.4	7:33	1.2	8:26	1.1	7:05	6:17	
15	Fri	2:27	4.7	2:51	5.2	8:35	1.4	9:28	1.2	7:06	6:15	
16	Sat	3:24	4.7	3:46	5.2	9:40	1.4	10:26	1.0	7:07	6:14	
17	Sun	4:19	4.9	4:40	5.2	10:41	1.3	11:16	0.8	7:08	6:12	
18	Mon	5:12	5.1	5:32	5.3	11:34	1.1			7:09	6:11	
19	Tue	6:01	5.4	6:21	5.4	12:01	0.5	12:22	0.8	7:10	6:09	
20	Wed	6:46	5.7	7:05	5.5	12:42	0.3	1:06	0.6	7:11	6:08	
21	Thu	7:27	5.9	7:47	5.5	1:23	0.2	1:49	0.4	7:13	6:06	
22	Fri	8:04	6.1	8:26	5.5	2:02	0.2	2:31	0.3	7:14	6:05	
23	Sat	8:39	6.2	9:03	5.5	2:41	0.2	3:12	0.3	7:15	6:03	
24	Sun	9:13	6.2	9:40	5.3	3:19	0.3	3:53	0.3	7:16	6:02	
25	Mon	9:48	6.2	10:19	5.2	3:57	0.4	4:34	0.4	7:17	6:01	
26	Tue	10:26	6.1	11:02	5.0	4:34	0.5	5:17	0.5	7:18	5:59	
27	Wed	11:11	6.0	11:54	4.8	5:14	0.6	6:03	0.6	7:19	5:58	
28	Thu			12:06	5.9	5:59	0.8	6:56	0.8	7:20	5:57	
29	Fri	12:55	4.7	1:08	5.7	6:54	0.9	7:59	0.8	7:22	5:55	
30	Sat	1:59	4.8	2:14	5.7	8:04	0.9	9:07	0.7	7:23	5:54	
31	Sun	3:03	5.1	3:18	5.7	9:19	0.8	10:11	0.4	7:24	5:53	