
































Rockaway Beach (inside), NY - Nov 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:04	5.5	4:20	5.8	10:29	0.6	11:08	0.1	7:25	5:52	
2	Tue	5:03	5.9	5:21	5.9	11:31	0.2			7:26	5:51	
3	Wed	5:59	6.4	6:19	6.0	12:00	-0.3	12:27	-0.2	7:27	5:49	
4	Thu	6:52	6.8	7:13	6.1	12:49	-0.5	1:20	-0.5	7:29	5:48	
5	Fri	7:42	7.0	8:03	6.1	1:37	-0.6	2:10	-0.6	7:30	5:47	
6	Sat	8:29	7.0	8:52	6.1	2:24	-0.6	2:59	-0.6	7:31	5:46	
7	Sun	8:15	6.9	8:38	5.8	2:11	-0.5	2:47	-0.5	6:32	4:45	
8	Mon	9:00	6.6	9:25	5.5	2:56	-0.2	3:34	-0.3	6:33	4:44	
9	Tue	9:46	6.3	10:13	5.2	3:41	0.1	4:20	0.0	6:34	4:43	
10	Wed	10:34	5.9	11:05	4.9	4:25	0.4	5:06	0.4	6:36	4:42	
11	Thu	11:25	5.5	11:59	4.7	5:10	0.8	5:54	0.7	6:37	4:41	
12	Fri			12:18	5.2	5:58	1.1	6:46	0.9	6:38	4:40	
13	Sat	12:54	4.6	1:12	4.9	6:54	1.3	7:41	1.0	6:39	4:39	
14	Sun	1:48	4.6	2:05	4.8	7:58	1.4	8:38	0.9	6:40	4:38	
15	Mon	2:40	4.8	2:58	4.8	9:01	1.3	9:30	0.8	6:41	4:37	
16	Tue	3:31	5.0	3:50	4.8	9:58	1.1	10:18	0.6	6:43	4:37	
17	Wed	4:20	5.2	4:42	4.9	10:49	0.8	11:03	0.4	6:44	4:36	
18	Thu	5:06	5.5	5:31	5.0	11:37	0.6	11:47	0.2	6:45	4:35	
19	Fri	5:50	5.7	6:17	5.1			12:22	0.3	6:46	4:34	
20	Sat	6:31	6.0	7:00	5.2	12:29	0.2	1:06	0.1	6:47	4:34	
21	Sun	7:11	6.1	7:41	5.2	1:11	0.1	1:51	0.0	6:48	4:33	
22	Mon	7:50	6.2	8:22	5.2	1:53	0.1	2:36	-0.1	6:49	4:32	
23	Tue	8:30	6.3	9:05	5.1	2:36	0.1	3:20	-0.1	6:51	4:32	
24	Wed	9:13	6.3	9:51	5.0	3:19	0.1	4:06	0.0	6:52	4:31	
25	Thu	10:01	6.1	10:44	5.0	4:03	0.2	4:53	0.1	6:53	4:31	
26	Fri	10:54	5.9	11:42	5.0	4:52	0.3	5:43	0.2	6:54	4:30	
27	Sat	11:54	5.7			5:47	0.4	6:38	0.2	6:55	4:30	
28	Sun	12:43	5.1	12:55	5.5	6:51	0.6	7:38	0.2	6:56	4:30	
29	Mon	1:42	5.3	1:56	5.4	8:01	0.6	8:40	0.1	6:57	4:29	
30	Tue	2:41	5.6	2:57	5.3	9:10	0.4	9:39	-0.1	6:58	4:29	