US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**5:09**	5.8	**5:36**	5.0	**11:46**	-0.2	**11:56**	-0.2	7:18	4:38	
2	Sun	**6:03**	6.0	**6:29**	5.1			**12:36**	-0.4	7:18	4:39	
3	Mon	**6:53**	6.1	**7:18**	5.2	**12:45**	-0.3	**1:24**	-0.5	7:18	4:40	
4	Tue	**7:38**	6.1	**8:02**	5.3	**1:32**	-0.3	**2:10**	-0.5	7:19	4:41	
5	Wed	**8:21**	6.0	**8:45**	5.2	**2:16**	-0.2	**2:52**	-0.5	7:19	4:42	
6	Thu	**9:01**	5.8	**9:26**	5.1	**2:58**	-0.1	**3:32**	-0.4	7:18	4:43	
7	Fri	**9:41**	5.6	**10:07**	5.0	**3:38**	0.0	**4:10**	-0.2	7:18	4:44	
8	Sat	**10:20**	5.2	**10:48**	4.9	**4:17**	0.3	**4:47**	-0.1	7:18	4:45	
9	Sun	**11:00**	4.9	**11:31**	4.8	**4:56**	0.5	**5:23**	0.2	7:18	4:46	
10	Mon	**11:43**	4.6			**5:36**	0.7	**6:01**	0.4	7:18	4:47	
11	Tue	**12:14**	4.7	**12:30**	4.4	**6:22**	0.9	**6:44**	0.6	7:18	4:48	
12	Wed	**1:00**	4.7	**1:21**	4.2	**7:17**	1.1	**7:37**	0.7	7:17	4:49	
13	Thu	**1:48**	4.7	**2:16**	4.1	**8:24**	1.1	**8:39**	0.8	7:17	4:50	
14	Fri	**2:40**	4.8	**3:15**	4.2	**9:30**	0.9	**9:40**	0.7	7:17	4:51	
15	Sat	**3:36**	5.0	**4:16**	4.3	**10:31**	0.6	**10:36**	0.4	7:16	4:52	
16	Sun	**4:34**	5.3	**5:14**	4.5	**11:26**	0.2	**11:30**	0.1	7:16	4:53	
17	Mon	**5:30**	5.7	**6:08**	4.9			**12:18**	-0.1	7:15	4:54	
18	Tue	**6:23**	6.1	**6:59**	5.2	**12:21**	-0.2	**1:09**	-0.5	7:15	4:55	
19	Wed	**7:13**	6.4	**7:46**	5.6	**1:11**	-0.5	**1:57**	-0.8	7:14	4:57	
20	Thu	**8:00**	6.6	**8:33**	5.8	**2:01**	-0.8	**2:43**	-1.0	7:14	4:58	
21	Fri	**8:47**	6.6	**9:21**	6.0	**2:51**	-0.9	**3:29**	-1.1	7:13	4:59	
22	Sat	**9:35**	6.4	**10:10**	6.0	**3:40**	-0.9	**4:13**	-1.0	7:13	5:00	
23	Sun	**10:25**	6.1	**11:01**	6.0	**4:29**	-0.8	**4:58**	-0.9	7:12	5:01	
24	Mon	**11:18**	5.7	**11:55**	5.9	**5:20**	-0.5	**5:46**	-0.6	7:11	5:03	
25	Tue			**12:14**	5.3	**6:14**	-0.2	**6:38**	-0.2	7:10	5:04	
26	Wed	**12:51**	5.7	**1:12**	5.0	**7:15**	0.1	**7:37**	0.1	7:10	5:05	
27	Thu	**1:49**	5.5	**2:13**	4.7	**8:22**	0.3	**8:42**	0.3	7:09	5:06	
28	Fri	**2:47**	5.4	**3:14**	4.6	**9:30**	0.4	**9:46**	0.3	7:08	5:07	
29	Sat	**3:48**	5.4	**4:17**	4.6	**10:32**	0.2	**10:44**	0.2	7:07	5:09	
30	Sun	**4:48**	5.4	**5:17**	4.8	**11:27**	0.1	**11:37**	0.1	7:06	5:10	
31	Mon	**5:44**	5.6	**6:11**	5.0			**12:17**	-0.1	7:05	5:11	