US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:15	4.9	1:36	4.5	7:31	0.9	7:52	0.6	7:18	4:38	
2	Mon	2:04	4.8	2:28	4.3	8:32	1.0	8:48	0.6	7:18	4:39	
3	Tue	2:55	4.9	3:23	4.3	9:33	0.9	9:44	0.6	7:18	4:40	
4	Wed	3:46	5.0	4:18	4.3	10:28	0.7	10:36	0.4	7:19	4:41	
5	Thu	4:38	5.1	5:12	4.5	11:20	0.4	11:25	0.3	7:19	4:42	
6	Fri	5:28	5.3	6:03	4.7			12:08	0.2	7:18	4:43	
7	Sat	6:15	5.6	6:49	4.9	12:12	0.1	12:55	-0.1	7:18	4:43	
8	Sun	6:59	5.8	7:32	5.0	12:57	-0.1	1:40	-0.3	7:18	4:44	
9	Mon	7:40	6.0	8:13	5.2	1:42	-0.2	2:24	-0.4	7:18	4:45	
10	Tue	8:20	6.1	8:54	5.3	2:26	-0.3	3:06	-0.5	7:18	4:46	
11	Wed	9:01	6.1	9:36	5.4	3:09	-0.3	3:47	-0.5	7:18	4:47	
12	Thu	9:44	6.0	10:22	5.4	3:53	-0.3	4:28	-0.5	7:17	4:49	
13	Fri	10:32	5.7	11:13	5.5	4:39	-0.2	5:10	-0.4	7:17	4:50	
14	Sat	11:25	5.5			5:28	-0.1	5:56	-0.2	7:17	4:51	
15	Sun	12:07	5.5	12:23	5.2	6:25	0.1	6:50	0.0	7:16	4:52	
16	Mon	1:05	5.5	1:25	5.0	7:31	0.3	7:54	0.1	7:16	4:53	
17	Tue	2:04	5.6	2:28	4.8	8:42	0.3	9:02	0.1	7:16	4:54	
18	Wed	3:05	5.6	3:32	4.8	9:50	0.1	10:06	0.0	7:15	4:55	
19	Thu	4:08	5.7	4:37	4.9	10:52	-0.1	11:05	-0.2	7:14	4:56	
20	Fri	5:09	5.9	5:38	5.2	11:48	-0.4			7:14	4:57	
21	Sat	6:06	6.1	6:33	5.4	12:00	-0.4	12:41	-0.6	7:13	4:59	
22	Sun	6:57	6.3	7:23	5.6	12:51	-0.5	1:30	-0.8	7:13	5:00	
23	Mon	7:44	6.3	8:09	5.7	1:40	-0.6	2:16	-0.9	7:12	5:01	
24	Tue	8:28	6.2	8:53	5.7	2:26	-0.6	2:59	-0.8	7:11	5:02	
25	Wed	9:11	6.0	9:35	5.6	3:10	-0.5	3:39	-0.7	7:11	5:03	
26	Thu	9:52	5.7	10:16	5.4	3:51	-0.3	4:17	-0.5	7:10	5:05	
27	Fri	10:34	5.3	10:58	5.2	4:31	0.0	4:54	-0.2	7:09	5:06	
28	Sat	11:17	5.0	11:41	5.1	5:11	0.3	5:31	0.1	7:08	5:07	
29	Sun			12:03	4.6	5:53	0.6	6:11	0.4	7:07	5:08	
30	Mon	12:26	4.9	12:51	4.4	6:41	0.8	6:57	0.6	7:07	5:09	
31	Tue	1:14	4.8	1:43	4.2	7:39	1.0	7:54	0.8	7:06	5:11	