

































## Rockaway Beach (inside), NY - Jan 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:59	5.5	10:42	4.9	4:12	0.2	4:46	0.0	7:18	4:39	
2	Wed	10:43	5.3	11:29	4.9	4:52	0.3	5:24	0.1	7:18	4:40	
3	Thu	11:35	5.1			5:37	0.4	6:07	0.2	7:19	4:40	
4	Fri	12:22	5.0	12:34	5.0	6:34	0.5	7:02	0.3	7:19	4:41	
5	Sat	1:19	5.2	1:37	4.9	7:45	0.5	8:10	0.3	7:18	4:42	
6	Sun	2:19	5.4	2:42	4.8	8:59	0.4	9:18	0.1	7:18	4:43	
7	Mon	3:21	5.7	3:48	4.9	10:06	0.1	10:22	-0.1	7:18	4:44	
8	Tue	4:24	6.0	4:53	5.1	11:07	-0.3	11:20	-0.4	7:18	4:45	
9	Wed	5:25	6.3	5:54	5.4			12:04	-0.7	7:18	4:46	
10	Thu	6:22	6.6	6:50	5.7	12:16	-0.7	12:58	-1.0	7:18	4:47	
11	Fri	7:15	6.8	7:42	5.9	1:10	-0.9	1:50	-1.2	7:17	4:48	
12	Sat	8:05	6.8	8:31	6.0	2:02	-1.0	2:40	-1.3	7:17	4:49	
13	Sun	8:53	6.7	9:20	6.0	2:52	-1.0	3:26	-1.2	7:17	4:50	
14	Mon	9:40	6.4	10:08	5.8	3:39	-0.8	4:11	-1.0	7:16	4:52	
15	Tue	10:28	6.0	10:56	5.6	4:26	-0.5	4:54	-0.8	7:16	4:53	
16	Wed	11:17	5.6	11:45	5.4	5:12	-0.2	5:38	-0.4	7:16	4:54	
17	Thu			12:07	5.1	5:59	0.2	6:22	0.0	7:15	4:55	
18	Fri	12:35	5.2	12:58	4.8	6:51	0.5	7:11	0.3	7:15	4:56	
19	Sat	1:25	5.0	1:51	4.5	7:49	0.8	8:06	0.5	7:14	4:57	
20	Sun	2:16	4.9	2:45	4.3	8:51	0.8	9:03	0.6	7:13	4:58	
21	Mon	3:08	4.9	3:41	4.3	9:51	0.8	9:59	0.5	7:13	5:00	
22	Tue	4:03	4.9	4:37	4.4	10:46	0.6	10:52	0.4	7:12	5:01	
23	Wed	4:56	5.1	5:31	4.6	11:36	0.4	11:41	0.2	7:12	5:02	
24	Thu	5:47	5.2	6:20	4.8			12:23	0.1	7:11	5:03	
25	Fri	6:32	5.4	7:04	5.0	12:27	0.1	1:08	-0.1	7:10	5:04	
26	Sat	7:13	5.6	7:45	5.1	1:12	0.0	1:50	-0.2	7:09	5:06	
27	Sun	7:51	5.7	8:23	5.2	1:55	-0.1	2:31	-0.4	7:08	5:07	
28	Mon	8:28	5.8	9:00	5.3	2:36	-0.2	3:10	-0.4	7:08	5:08	
29	Tue	9:05	5.7	9:37	5.4	3:17	-0.2	3:47	-0.4	7:07	5:09	
30	Wed	9:44	5.6	10:18	5.4	3:57	-0.2	4:23	-0.3	7:06	5:10	
31	Thu	10:27	5.4	11:04	5.5	4:38	-0.1	5:00	-0.2	7:05	5:12	