

































Rockaway Beach (inside), NY - Mar 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:14	5.6	10:43	6.0	4:25	-0.4	4:40	-0.2	6:28	5:46	
2	Sat	11:05	5.4	11:36	5.9	5:12	-0.2	5:25	0.0	6:26	5:47	
3	Sun			12:02	5.2	6:05	0.0	6:17	0.2	6:25	5:49	
4	Mon	12:34	5.8	1:04	5.0	7:07	0.3	7:23	0.4	6:23	5:50	
5	Tue	1:36	5.7	2:08	4.9	8:18	0.4	8:36	0.5	6:22	5:51	
6	Wed	2:40	5.6	3:14	5.0	9:28	0.3	9:46	0.3	6:20	5:52	
7	Thu	3:44	5.7	4:18	5.2	10:31	0.0	10:49	0.1	6:18	5:53	
8	Fri	4:47	5.8	5:19	5.6	11:27	-0.3	11:45	-0.2	6:17	5:54	
9	Sat	5:46	6.0	6:14	5.9			12:18	-0.6	6:15	5:55	
10	Sun	7:38	6.2	8:03	6.2	12:37	-0.4	2:05	-0.7	7:14	6:56	
11	Mon	8:26	6.3	8:48	6.4	2:26	-0.6	2:50	-0.8	7:12	6:57	
12	Tue	9:10	6.2	9:30	6.4	3:12	-0.6	3:32	-0.7	7:10	6:58	
13	Wed	9:53	6.0	10:10	6.3	3:55	-0.5	4:12	-0.5	7:09	6:59	
14	Thu	10:34	5.7	10:50	6.0	4:37	-0.4	4:50	-0.3	7:07	7:01	
15	Fri	11:17	5.4	11:30	5.8	5:17	-0.1	5:28	0.0	7:06	7:02	
16	Sat			12:00	5.1	5:56	0.2	6:05	0.4	7:04	7:03	
17	Sun	12:12	5.5	12:46	4.8	6:37	0.5	6:45	0.7	7:02	7:04	
18	Mon	12:56	5.2	1:36	4.5	7:22	0.9	7:31	1.0	7:01	7:05	
19	Tue	1:45	4.9	2:29	4.4	8:18	1.1	8:29	1.2	6:59	7:06	
20	Wed	2:38	4.8	3:25	4.4	9:23	1.2	9:36	1.3	6:57	7:07	
21	Thu	3:34	4.8	4:22	4.5	10:28	1.1	10:40	1.2	6:56	7:08	
22	Fri	4:31	4.9	5:19	4.7	11:25	0.8	11:37	0.9	6:54	7:09	
23	Sat	5:29	5.1	6:12	5.0			12:15	0.5	6:52	7:10	
24	Sun	6:23	5.3	7:00	5.5	12:29	0.5	1:02	0.2	6:51	7:11	
25	Mon	7:13	5.6	7:45	5.9	1:18	0.2	1:47	-0.1	6:49	7:12	
26	Tue	8:00	5.9	8:27	6.3	2:06	-0.2	2:30	-0.3	6:47	7:13	
27	Wed	8:44	6.0	9:09	6.5	2:53	-0.4	3:13	-0.4	6:46	7:14	
28	Thu	9:28	6.0	9:52	6.7	3:40	-0.6	3:56	-0.4	6:44	7:15	
29	Fri	10:13	6.0	10:37	6.7	4:26	-0.7	4:39	-0.4	6:42	7:16	
30	Sat	11:02	5.8	11:26	6.5	5:13	-0.6	5:24	-0.2	6:41	7:17	
31	Sun	11:55	5.6			6:02	-0.4	6:12	0.0	6:39	7:18	