

































Rockaway Beach (inside), NY - Jul 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:03	5.3	3:34	5.8	9:25	0.4	10:08	0.9	5:28	8:30	
2	Tue	3:56	5.1	4:24	5.8	10:18	0.5	11:04	0.9	5:28	8:29	
3	Wed	4:50	5.0	5:15	5.8	11:09	0.6	11:56	0.8	5:29	8:29	
4	Thu	5:44	4.9	6:06	5.9	11:58	0.6			5:30	8:29	
5	Fri	6:37	5.0	6:55	5.9	12:45	0.6	12:45	0.5	5:30	8:29	
6	Sat	7:27	5.1	7:40	6.0	1:32	0.5	1:31	0.5	5:31	8:28	
7	Sun	8:13	5.2	8:22	6.0	2:17	0.4	2:17	0.5	5:31	8:28	
8	Mon	8:56	5.2	9:00	6.0	3:01	0.3	3:01	0.6	5:32	8:28	
9	Tue	9:37	5.2	9:36	6.0	3:43	0.3	3:43	0.7	5:33	8:27	
10	Wed	10:15	5.2	10:11	5.9	4:22	0.2	4:23	0.7	5:33	8:27	
11	Thu	10:54	5.2	10:47	5.8	5:00	0.3	5:02	0.8	5:34	8:27	
12	Fri	11:33	5.2	11:26	5.6	5:35	0.3	5:41	0.9	5:35	8:26	
13	Sat			12:15	5.3	6:11	0.4	6:23	0.9	5:36	8:26	
14	Sun	12:12	5.5	1:02	5.5	6:48	0.5	7:11	1.0	5:36	8:25	
15	Mon	1:05	5.4	1:53	5.7	7:31	0.6	8:12	1.0	5:37	8:24	
16	Tue	2:03	5.2	2:47	5.9	8:27	0.6	9:21	0.9	5:38	8:24	
17	Wed	3:05	5.2	3:45	6.1	9:34	0.6	10:30	0.7	5:39	8:23	
18	Thu	4:08	5.2	4:46	6.3	10:40	0.4	11:34	0.4	5:40	8:23	
19	Fri	5:14	5.3	5:48	6.6	11:43	0.2			5:40	8:22	
20	Sat	6:18	5.5	6:48	6.9	12:34	0.0	12:41	-0.1	5:41	8:21	
21	Sun	7:19	5.8	7:45	7.1	1:30	-0.3	1:38	-0.3	5:42	8:20	
22	Mon	8:15	6.1	8:38	7.2	2:24	-0.6	2:34	-0.4	5:43	8:20	
23	Tue	9:08	6.3	9:29	7.2	3:16	-0.8	3:27	-0.4	5:44	8:19	
24	Wed	9:58	6.4	10:18	7.0	4:05	-0.9	4:19	-0.4	5:45	8:18	
25	Thu	10:49	6.4	11:07	6.6	4:52	-0.8	5:08	-0.2	5:46	8:17	
26	Fri	11:39	6.3	11:57	6.2	5:37	-0.6	5:56	0.1	5:47	8:16	
27	Sat			12:29	6.1	6:21	-0.3	6:45	0.4	5:47	8:15	
28	Sun	12:48	5.8	1:19	6.0	7:06	0.0	7:36	0.8	5:48	8:14	
29	Mon	1:40	5.4	2:09	5.8	7:53	0.4	8:32	1.0	5:49	8:13	
30	Tue	2:32	5.1	2:58	5.7	8:45	0.7	9:32	1.1	5:50	8:12	
31	Wed	3:24	4.9	3:49	5.6	9:39	0.8	10:31	1.1	5:51	8:11	