

































## Rockaway Beach (inside), NY - Aug 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:18	4.8	4:41	5.6	10:34	0.9	11:26	1.0	5:52	8:10	
2	Fri	5:13	4.8	5:34	5.6	11:27	0.8			5:53	8:09	
3	Sat	6:08	4.9	6:25	5.7	12:16	0.8	12:17	0.7	5:54	8:08	
4	Sun	6:59	5.1	7:12	5.9	1:04	0.6	1:05	0.6	5:55	8:07	
5	Mon	7:46	5.2	7:55	6.0	1:49	0.5	1:51	0.6	5:56	8:05	
6	Tue	8:29	5.4	8:34	6.1	2:33	0.3	2:35	0.5	5:57	8:04	
7	Wed	9:09	5.5	9:11	6.1	3:14	0.2	3:18	0.5	5:58	8:03	
8	Thu	9:46	5.6	9:47	6.0	3:54	0.1	4:00	0.5	5:59	8:02	
9	Fri	10:23	5.6	10:24	5.9	4:31	0.2	4:40	0.6	6:00	8:01	
10	Sat	11:01	5.7	11:04	5.8	5:07	0.2	5:21	0.6	6:01	7:59	
11	Sun	11:43	5.8	11:50	5.6	5:42	0.3	6:04	0.7	6:02	7:58	
12	Mon			12:31	5.8	6:20	0.4	6:52	0.8	6:03	7:57	
13	Tue	12:44	5.4	1:25	5.9	7:04	0.6	7:52	0.9	6:04	7:55	
14	Wed	1:44	5.2	2:24	6.0	8:02	0.7	9:01	0.9	6:05	7:54	
15	Thu	2:48	5.2	3:25	6.1	9:12	0.7	10:12	0.7	6:06	7:53	
16	Fri	3:53	5.2	4:28	6.3	10:23	0.6	11:17	0.4	6:07	7:51	
17	Sat	4:58	5.4	5:31	6.5	11:27	0.3			6:08	7:50	
18	Sun	6:02	5.7	6:31	6.8	12:16	0.1	12:27	0.0	6:09	7:48	
19	Mon	7:02	6.0	7:27	7.0	1:11	-0.3	1:23	-0.2	6:10	7:47	
20	Tue	7:56	6.3	8:19	7.1	2:02	-0.6	2:16	-0.3	6:11	7:46	
21	Wed	8:47	6.6	9:07	7.0	2:52	-0.7	3:08	-0.4	6:12	7:44	
22	Thu	9:34	6.7	9:54	6.8	3:39	-0.8	3:57	-0.3	6:13	7:43	
23	Fri	10:20	6.6	10:41	6.5	4:23	-0.7	4:43	-0.1	6:14	7:41	
24	Sat	11:06	6.4	11:28	6.1	5:06	-0.4	5:29	0.1	6:15	7:40	
25	Sun	11:53	6.2			5:47	-0.1	6:14	0.5	6:16	7:38	
26	Mon	12:16	5.6	12:41	5.9	6:29	0.3	7:01	0.8	6:16	7:36	
27	Tue	1:07	5.3	1:30	5.7	7:13	0.7	7:53	1.1	6:17	7:35	
28	Wed	1:59	5.0	2:20	5.5	8:03	1.0	8:52	1.3	6:18	7:33	
29	Thu	2:52	4.8	3:12	5.4	8:59	1.2	9:54	1.4	6:19	7:32	
30	Fri	3:46	4.7	4:05	5.4	9:59	1.2	10:53	1.2	6:20	7:30	
31	Sat	4:42	4.8	4:59	5.4	10:56	1.1	11:45	1.0	6:21	7:29	