
































## Rockaway Beach (inside), NY - Nov 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:50	6.1	7:07	5.8	12:50	0.1	1:16	0.0	7:25	5:51	
2	Sat	7:35	6.5	7:55	5.9	1:35	-0.1	2:05	-0.3	7:26	5:50	
3	Sun	7:20	6.8	7:41	6.0	1:19	-0.3	1:53	-0.5	6:28	4:49	
4	Mon	8:04	6.9	8:28	6.0	2:05	-0.4	2:42	-0.5	6:29	4:48	
5	Tue	8:51	6.9	9:16	5.9	2:51	-0.4	3:31	-0.5	6:30	4:47	
6	Wed	9:40	6.8	10:09	5.7	3:39	-0.3	4:21	-0.4	6:31	4:46	
7	Thu	10:34	6.5	11:07	5.5	4:29	-0.1	5:13	-0.2	6:32	4:45	
8	Fri	11:33	6.2			5:23	0.1	6:09	0.0	6:34	4:44	
9	Sat	12:08	5.4	12:34	6.0	6:23	0.4	7:10	0.2	6:35	4:43	
10	Sun	1:10	5.4	1:35	5.8	7:29	0.6	8:13	0.2	6:36	4:42	
11	Mon	2:11	5.5	2:34	5.7	8:38	0.6	9:14	0.1	6:37	4:41	
12	Tue	3:09	5.6	3:33	5.6	9:42	0.5	10:09	-0.1	6:38	4:40	
13	Wed	4:05	5.9	4:30	5.6	10:39	0.2	10:59	-0.2	6:39	4:39	
14	Thu	4:58	6.1	5:23	5.7	11:30	0.0	11:45	-0.3	6:41	4:38	
15	Fri	5:48	6.3	6:13	5.7			12:18	-0.1	6:42	4:37	
16	Sat	6:33	6.4	6:59	5.7	12:29	-0.3	1:03	-0.2	6:43	4:36	
17	Sun	7:16	6.4	7:42	5.6	1:11	-0.3	1:47	-0.2	6:44	4:36	
18	Mon	7:56	6.3	8:24	5.5	1:53	-0.2	2:29	-0.1	6:45	4:35	
19	Tue	8:35	6.1	9:04	5.3	2:33	0.0	3:10	0.0	6:46	4:34	
20	Wed	9:12	5.9	9:45	5.0	3:13	0.2	3:50	0.2	6:47	4:34	
21	Thu	9:50	5.6	10:28	4.8	3:52	0.4	4:29	0.4	6:49	4:33	
22	Fri	10:28	5.3	11:13	4.6	4:30	0.7	5:09	0.6	6:50	4:32	
23	Sat	11:10	5.1			5:10	0.9	5:51	0.8	6:51	4:32	
24	Sun	12:03	4.5	11:58 AM	4.9	5:54	1.1	6:40	0.9	6:52	4:31	
25	Mon	12:54	4.5	12:52	4.8	6:49	1.3	7:36	0.9	6:53	4:31	
26	Tue	1:46	4.6	1:48	4.8	7:55	1.3	8:36	0.8	6:54	4:30	
27	Wed	2:38	4.8	2:46	4.8	9:02	1.0	9:33	0.6	6:55	4:30	
28	Thu	3:30	5.2	3:45	5.0	10:03	0.7	10:26	0.3	6:56	4:29	
29	Fri	4:24	5.6	4:43	5.2	10:59	0.3	11:16	0.0	6:57	4:29	
30	Sat	5:16	6.0	5:39	5.4	11:51	-0.2			6:58	4:29	