
































## Rockaway Beach (inside), NY - Jan 2015

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:33	5.7	5:03	5.1	11:14	-0.1	11:23	-0.3	7:18	4:38	
2	Fri	5:27	5.8	5:57	5.2			12:04	-0.2	7:18	4:39	
3	Sat	6:17	5.9	6:47	5.3	12:11	-0.3	12:52	-0.3	7:18	4:40	
4	Sun	7:03	6.0	7:32	5.3	12:57	-0.4	1:37	-0.4	7:19	4:41	
5	Mon	7:46	6.0	8:15	5.3	1:41	-0.3	2:20	-0.4	7:18	4:42	
6	Tue	8:26	5.9	8:56	5.2	2:24	-0.3	3:01	-0.3	7:18	4:43	
7	Wed	9:04	5.7	9:37	5.1	3:05	-0.1	3:40	-0.2	7:18	4:44	
8	Thu	9:42	5.4	10:17	4.9	3:44	0.0	4:17	-0.1	7:18	4:45	
9	Fri	10:19	5.2	10:58	4.8	4:23	0.3	4:54	0.1	7:18	4:46	
10	Sat	10:58	4.9	11:41	4.6	5:01	0.5	5:30	0.3	7:18	4:47	
11	Sun	11:40	4.7			5:42	0.7	6:09	0.5	7:18	4:48	
12	Mon	12:26	4.6	12:28	4.5	6:29	0.9	6:55	0.7	7:17	4:49	
13	Tue	1:14	4.6	1:22	4.4	7:29	1.0	7:53	0.7	7:17	4:50	
14	Wed	2:05	4.8	2:21	4.4	8:37	0.9	8:57	0.7	7:17	4:51	
15	Thu	2:59	5.0	3:22	4.5	9:42	0.6	9:58	0.5	7:16	4:52	
16	Fri	3:56	5.3	4:23	4.6	10:42	0.3	10:54	0.2	7:16	4:53	
17	Sat	4:54	5.6	5:23	4.9	11:37	-0.1	11:47	-0.2	7:15	4:54	
18	Sun	5:50	6.0	6:18	5.3			12:30	-0.5	7:15	4:55	
19	Mon	6:43	6.4	7:10	5.6	12:39	-0.6	1:21	-0.9	7:14	4:57	
20	Tue	7:33	6.7	8:00	5.9	1:31	-0.8	2:11	-1.1	7:14	4:58	
21	Wed	8:22	6.8	8:49	6.1	2:22	-1.0	3:00	-1.3	7:13	4:59	
22	Thu	9:11	6.7	9:39	6.1	3:12	-1.1	3:47	-1.3	7:13	5:00	
23	Fri	10:01	6.5	10:30	6.1	4:02	-1.0	4:34	-1.2	7:12	5:01	
24	Sat	10:54	6.1	11:24	5.9	4:52	-0.7	5:22	-0.9	7:11	5:03	
25	Sun	11:48	5.8			5:45	-0.4	6:12	-0.6	7:10	5:04	
26	Mon	12:19	5.8	12:45	5.4	6:41	0.0	7:06	-0.3	7:10	5:05	
27	Tue	1:15	5.6	1:43	5.1	7:44	0.2	8:06	0.0	7:09	5:06	
28	Wed	2:11	5.4	2:41	4.9	8:50	0.4	9:07	0.1	7:08	5:07	
29	Thu	3:08	5.4	3:41	4.8	9:54	0.3	10:05	0.2	7:07	5:09	
30	Fri	4:05	5.3	4:40	4.8	10:51	0.2	10:59	0.1	7:06	5:10	
31	Sat	5:02	5.4	5:35	4.9	11:43	0.0	11:49	0.0	7:05	5:11	