

































Rockaway Beach (inside), NY - Mar 2015

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:33	5.2	5:09	4.9	11:15	0.4	11:24	0.3	6:29	5:46	
2	Mon	5:27	5.3	6:01	5.2			12:02	0.2	6:27	5:47	
3	Tue	6:16	5.5	6:46	5.4	12:11	0.2	12:46	0.0	6:25	5:48	
4	Wed	7:00	5.6	7:28	5.6	12:56	0.0	1:27	-0.1	6:24	5:49	
5	Thu	7:39	5.6	8:06	5.7	1:39	-0.1	2:07	-0.2	6:22	5:50	
6	Fri	8:16	5.6	8:42	5.7	2:20	-0.1	2:44	-0.2	6:21	5:51	
7	Sat	8:51	5.5	9:15	5.6	2:59	-0.1	3:19	-0.1	6:19	5:52	
8	Sun	10:24	5.4	10:48	5.5	4:36	0.0	4:53	0.1	7:18	6:54	
9	Mon	10:58	5.2	11:21	5.4	5:12	0.2	5:24	0.3	7:16	6:55	
10	Tue	11:35	5.0	11:58	5.4	5:48	0.3	5:54	0.5	7:14	6:56	
11	Wed			12:20	4.8	6:27	0.5	6:27	0.7	7:13	6:57	
12	Thu	12:45	5.3	1:14	4.7	7:14	0.6	7:13	0.8	7:11	6:58	
13	Fri	1:41	5.3	2:16	4.7	8:18	0.7	8:24	0.9	7:10	6:59	
14	Sat	2:44	5.4	3:21	4.7	9:34	0.7	9:48	0.8	7:08	7:00	
15	Sun	3:50	5.5	4:27	5.0	10:44	0.4	11:00	0.5	7:06	7:01	
16	Mon	4:57	5.7	5:32	5.4	11:45	0.0			7:05	7:02	
17	Tue	6:01	6.1	6:33	5.8	12:03	0.0	12:41	-0.4	7:03	7:03	
18	Wed	7:00	6.4	7:29	6.4	1:00	-0.4	1:34	-0.8	7:01	7:04	
19	Thu	7:55	6.6	8:20	6.8	1:55	-0.8	2:24	-1.1	7:00	7:05	
20	Fri	8:46	6.8	9:09	7.0	2:48	-1.0	3:12	-1.2	6:58	7:06	
21	Sat	9:35	6.7	9:56	7.0	3:38	-1.1	4:00	-1.2	6:56	7:08	
22	Sun	10:23	6.5	10:44	6.8	4:28	-1.0	4:46	-1.0	6:55	7:09	
23	Mon	11:13	6.2	11:33	6.5	5:16	-0.8	5:31	-0.6	6:53	7:10	
24	Tue			12:05	5.8	6:03	-0.4	6:17	-0.2	6:52	7:11	
25	Wed	12:23	6.1	12:58	5.4	6:53	0.0	7:06	0.3	6:50	7:12	
26	Thu	1:16	5.8	1:54	5.1	7:46	0.4	7:59	0.7	6:48	7:13	
27	Fri	2:10	5.4	2:49	4.9	8:46	0.7	9:00	0.9	6:47	7:14	
28	Sat	3:05	5.2	3:46	4.8	9:49	0.8	10:02	1.0	6:45	7:15	
29	Sun	4:01	5.1	4:42	4.9	10:48	0.8	11:01	0.9	6:43	7:16	
30	Mon	4:58	5.1	5:38	5.1	11:41	0.6	11:54	0.7	6:42	7:17	
31	Tue	5:53	5.1	6:29	5.3			12:28	0.4	6:40	7:18	