

































Rockaway Beach (inside), NY - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:42	4.7	12:49	4.6	6:42	0.8	7:15	0.6	7:18	4:38	
2	Sat	1:31	4.7	1:40	4.5	7:40	1.0	8:09	0.7	7:18	4:39	
3	Sun	2:21	4.7	2:32	4.4	8:41	1.0	9:06	0.7	7:18	4:40	
4	Mon	3:11	4.8	3:27	4.4	9:41	0.8	10:00	0.5	7:19	4:41	
5	Tue	4:03	5.0	4:22	4.5	10:36	0.5	10:50	0.4	7:18	4:42	
6	Wed	4:53	5.2	5:16	4.6	11:27	0.2	11:38	0.2	7:18	4:43	
7	Thu	5:42	5.5	6:06	4.9			12:16	-0.1	7:18	4:43	
8	Fri	6:29	5.8	6:53	5.1	12:25	-0.1	1:04	-0.3	7:18	4:44	
9	Sat	7:13	6.1	7:38	5.3	1:11	-0.2	1:50	-0.6	7:18	4:45	
10	Sun	7:56	6.3	8:21	5.4	1:56	-0.4	2:36	-0.7	7:18	4:46	
11	Mon	8:39	6.4	9:06	5.5	2:41	-0.5	3:21	-0.8	7:18	4:48	
12	Tue	9:24	6.3	9:53	5.6	3:27	-0.5	4:05	-0.8	7:17	4:49	
13	Wed	10:13	6.1	10:43	5.6	4:14	-0.5	4:50	-0.7	7:17	4:50	
14	Thu	11:05	5.9	11:38	5.5	5:03	-0.3	5:37	-0.6	7:17	4:51	
15	Fri			12:01	5.6	5:56	-0.1	6:29	-0.4	7:16	4:52	
16	Sat	12:35	5.5	1:00	5.3	6:58	0.1	7:28	-0.2	7:16	4:53	
17	Sun	1:33	5.5	2:01	5.1	8:06	0.3	8:31	-0.1	7:15	4:54	
18	Mon	2:32	5.6	3:02	5.0	9:15	0.2	9:33	-0.1	7:15	4:55	
19	Tue	3:32	5.6	4:05	5.0	10:19	0.1	10:32	-0.2	7:14	4:56	
20	Wed	4:32	5.8	5:06	5.1	11:17	-0.2	11:27	-0.4	7:14	4:58	
21	Thu	5:29	5.9	6:02	5.3			12:10	-0.4	7:13	4:59	
22	Fri	6:22	6.0	6:54	5.5	12:18	-0.5	1:00	-0.6	7:13	5:00	
23	Sat	7:11	6.1	7:41	5.6	1:06	-0.6	1:47	-0.6	7:12	5:01	
24	Sun	7:55	6.1	8:25	5.6	1:52	-0.6	2:31	-0.6	7:11	5:02	
25	Mon	8:37	6.0	9:07	5.5	2:36	-0.5	3:12	-0.6	7:11	5:03	
26	Tue	9:18	5.8	9:49	5.3	3:18	-0.3	3:51	-0.4	7:10	5:05	
27	Wed	9:57	5.5	10:30	5.2	3:58	-0.1	4:28	-0.2	7:09	5:06	
28	Thu	10:38	5.2	11:13	5.0	4:38	0.1	5:04	0.0	7:08	5:07	
29	Fri	11:19	4.9	11:56	4.8	5:18	0.4	5:41	0.3	7:07	5:08	
30	Sat			12:04	4.6	6:00	0.6	6:22	0.5	7:06	5:10	
31	Sun	12:42	4.7	12:52	4.4	6:50	0.8	7:10	0.7	7:06	5:11	