US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Mar 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:37	4.9	1:02	4.4	7:01	0.9	7:08	1.1	6:27	5:47	
2	Wed	1:29	4.9	2:00	4.3	8:09	1.0	8:22	1.1	6:26	5:48	
3	Thu	2:27	5.0	3:02	4.4	9:19	0.8	9:33	0.9	6:24	5:49	
4	Fri	3:29	5.2	4:05	4.7	10:22	0.5	10:35	0.6	6:23	5:50	
5	Sat	4:31	5.5	5:05	5.0	11:18	0.1	11:31	0.2	6:21	5:51	
6	Sun	5:31	5.9	6:01	5.5			12:10	-0.3	6:20	5:52	
7	Mon	6:25	6.3	6:52	6.0	12:24	-0.3	1:00	-0.7	6:18	5:53	
8	Tue	7:16	6.5	7:40	6.4	1:16	-0.7	1:48	-1.0	6:16	5:54	
9	Wed	8:04	6.7	8:28	6.7	2:07	-0.9	2:35	-1.1	6:15	5:55	
10	Thu	8:52	6.7	9:15	6.8	2:57	-1.0	3:21	-1.1	6:13	5:57	
11	Fri	9:42	6.5	10:04	6.7	3:46	-1.0	4:07	-1.0	6:12	5:58	
12	Sat	10:33	6.1	10:56	6.5	4:35	-0.8	4:54	-0.7	6:10	5:59	
13	Sun			12:28	5.8	6:26	-0.5	6:43	-0.4	7:08	7:00	
14	Mon	12:50	6.2	1:25	5.5	7:21	-0.1	7:38	0.1	7:07	7:01	
15	Tue	1:46	5.9	2:24	5.2	8:22	0.3	8:39	0.4	7:05	7:02	
16	Wed	2:45	5.6	3:23	5.0	9:29	0.5	9:44	0.6	7:03	7:03	
17	Thu	3:44	5.4	4:24	5.0	10:34	0.5	10:47	0.6	7:02	7:04	
18	Fri	4:44	5.4	5:23	5.1	11:33	0.4	11:44	0.4	7:00	7:05	
19	Sat	5:42	5.4	6:19	5.3			12:24	0.2	6:59	7:06	
20	Sun	6:37	5.5	7:09	5.6	12:35	0.3	1:10	0.0	6:57	7:07	
21	Mon	7:25	5.6	7:54	5.8	1:23	0.1	1:53	-0.1	6:55	7:08	
22	Tue	8:09	5.7	8:35	5.9	2:08	0.0	2:34	-0.2	6:54	7:09	
23	Wed	8:49	5.7	9:14	6.0	2:50	-0.1	3:13	-0.1	6:52	7:10	
24	Thu	9:27	5.6	9:50	5.9	3:31	-0.1	3:50	-0.1	6:50	7:11	
25	Fri	10:03	5.5	10:24	5.8	4:10	0.0	4:25	0.1	6:49	7:13	
26	Sat	10:38	5.3	10:57	5.6	4:47	0.1	4:59	0.3	6:47	7:14	
27	Sun	11:13	5.1	11:31	5.5	5:24	0.3	5:31	0.6	6:45	7:15	
28	Mon	11:51	4.9			6:00	0.5	6:02	0.8	6:44	7:16	
29	Tue	12:08	5.3	12:36	4.7	6:39	0.7	6:35	1.0	6:42	7:17	
30	Wed	12:53	5.2	1:29	4.6	7:27	0.8	7:22	1.2	6:40	7:18	
31	Thu	1:47	5.2	2:28	4.6	8:30	0.9	8:35	1.2	6:39	7:19	