
































Rockaway Beach (inside), NY - Jun 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:06	5.7	5:39	6.5	11:40	-0.2			5:26	8:20	
2	Thu	6:08	5.9	6:36	6.9	12:19	0.0	12:34	-0.4	5:25	8:20	
3	Fri	7:07	6.0	7:31	7.1	1:16	-0.3	1:27	-0.5	5:25	8:21	
4	Sat	8:03	6.1	8:23	7.2	2:10	-0.5	2:19	-0.5	5:25	8:22	
5	Sun	8:56	6.1	9:12	7.1	3:03	-0.7	3:11	-0.5	5:24	8:22	
6	Mon	9:47	6.1	10:01	7.0	3:55	-0.7	4:01	-0.3	5:24	8:23	
7	Tue	10:38	5.9	10:50	6.7	4:44	-0.6	4:50	-0.1	5:24	8:24	
8	Wed	11:30	5.8	11:40	6.3	5:31	-0.4	5:37	0.2	5:24	8:24	
9	Thu			12:22	5.6	6:18	-0.1	6:25	0.5	5:24	8:25	
10	Fri	12:31	5.9	1:15	5.5	7:04	0.2	7:15	0.8	5:24	8:25	
11	Sat	1:22	5.6	2:06	5.4	7:53	0.4	8:08	1.0	5:23	8:26	
12	Sun	2:12	5.3	2:55	5.4	8:43	0.6	9:05	1.2	5:23	8:26	
13	Mon	3:02	5.1	3:44	5.5	9:35	0.7	10:04	1.1	5:23	8:27	
14	Tue	3:53	5.0	4:33	5.6	10:26	0.7	10:59	1.0	5:23	8:27	
15	Wed	4:45	4.9	5:22	5.7	11:15	0.6	11:50	0.8	5:23	8:27	
16	Thu	5:38	4.9	6:11	5.8			12:02	0.6	5:23	8:28	
17	Fri	6:30	5.0	6:57	6.0	12:39	0.6	12:47	0.5	5:24	8:28	
18	Sat	7:18	5.0	7:40	6.1	1:26	0.4	1:32	0.5	5:24	8:28	
19	Sun	8:04	5.1	8:21	6.2	2:12	0.3	2:17	0.5	5:24	8:29	
20	Mon	8:47	5.2	9:00	6.2	2:58	0.1	3:01	0.5	5:24	8:29	
21	Tue	9:28	5.2	9:39	6.3	3:42	0.0	3:44	0.5	5:24	8:29	
22	Wed	10:10	5.3	10:19	6.3	4:25	0.0	4:26	0.6	5:25	8:29	
23	Thu	10:54	5.3	11:03	6.2	5:08	0.0	5:08	0.6	5:25	8:29	
24	Fri	11:41	5.4	11:52	6.1	5:50	0.0	5:53	0.6	5:25	8:30	
25	Sat			12:33	5.5	6:35	0.0	6:43	0.7	5:25	8:30	
26	Sun	12:47	5.9	1:28	5.6	7:23	0.1	7:41	0.8	5:26	8:30	
27	Mon	1:44	5.8	2:24	5.9	8:17	0.1	8:48	0.8	5:26	8:30	
28	Tue	2:43	5.7	3:20	6.1	9:16	0.1	9:56	0.7	5:27	8:30	
29	Wed	3:43	5.6	4:18	6.3	10:17	0.0	11:01	0.4	5:27	8:30	
30	Thu	4:45	5.6	5:16	6.5	11:15	-0.1			5:28	8:30	