

































Rockaway Beach (inside), NY - Aug 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:26	5.8	7:44	6.7	1:34	-0.1	1:39	-0.1	5:52	8:10	
2	Tue	8:18	5.9	8:33	6.7	2:24	-0.2	2:29	-0.1	5:53	8:09	
3	Wed	9:05	6.0	9:18	6.6	3:11	-0.3	3:17	0.0	5:54	8:08	
4	Thu	9:51	6.0	10:01	6.4	3:56	-0.3	4:02	0.1	5:55	8:06	
5	Fri	10:35	5.9	10:43	6.1	4:37	-0.1	4:45	0.3	5:56	8:05	
6	Sat	11:19	5.8	11:26	5.8	5:16	0.0	5:27	0.5	5:57	8:04	
7	Sun			12:03	5.6	5:54	0.3	6:09	0.8	5:58	8:03	
8	Mon	12:09	5.4	12:48	5.5	6:32	0.5	6:53	1.0	5:59	8:02	
9	Tue	12:54	5.1	1:33	5.4	7:12	0.8	7:41	1.2	6:00	8:00	
10	Wed	1:42	4.9	2:20	5.3	7:57	1.0	8:37	1.4	6:01	7:59	
11	Thu	2:32	4.7	3:08	5.3	8:50	1.2	9:38	1.4	6:02	7:58	
12	Fri	3:25	4.7	3:58	5.4	9:49	1.2	10:38	1.2	6:03	7:56	
13	Sat	4:21	4.7	4:50	5.6	10:47	1.1	11:34	0.9	6:04	7:55	
14	Sun	5:17	4.8	5:44	5.8	11:41	0.9			6:05	7:54	
15	Mon	6:13	5.0	6:36	6.1	12:26	0.6	12:32	0.7	6:06	7:52	
16	Tue	7:05	5.3	7:25	6.4	1:16	0.3	1:22	0.4	6:07	7:51	
17	Wed	7:54	5.7	8:12	6.6	2:04	0.0	2:11	0.2	6:08	7:49	
18	Thu	8:40	6.0	8:57	6.8	2:51	-0.3	3:00	0.0	6:09	7:48	
19	Fri	9:25	6.2	9:43	6.8	3:36	-0.5	3:48	-0.1	6:10	7:47	
20	Sat	10:11	6.4	10:30	6.6	4:21	-0.5	4:36	-0.1	6:11	7:45	
21	Sun	10:59	6.5	11:20	6.4	5:05	-0.5	5:25	0.0	6:12	7:44	
22	Mon	11:50	6.5			5:50	-0.4	6:17	0.2	6:13	7:42	
23	Tue	12:14	6.1	12:45	6.4	6:38	-0.2	7:12	0.4	6:14	7:41	
24	Wed	1:12	5.8	1:42	6.3	7:31	0.1	8:14	0.6	6:15	7:39	
25	Thu	2:11	5.6	2:40	6.2	8:31	0.3	9:22	0.7	6:16	7:38	
26	Fri	3:12	5.4	3:39	6.2	9:35	0.5	10:28	0.7	6:17	7:36	
27	Sat	4:13	5.4	4:38	6.2	10:38	0.5	11:29	0.5	6:18	7:34	
28	Sun	5:14	5.5	5:37	6.2	11:36	0.4			6:19	7:33	
29	Mon	6:13	5.6	6:33	6.3	12:24	0.3	12:30	0.2	6:20	7:31	
30	Tue	7:07	5.8	7:24	6.4	1:14	0.1	1:20	0.1	6:21	7:30	
31	Wed	7:56	6.0	8:11	6.5	2:00	-0.1	2:08	0.1	6:22	7:28	