US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Aug 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:26**	5.8	**7:44**	6.7	**1:34**	-0.1	**1:39**	-0.1	5:52	8:10	
2	Tue	**8:18**	5.9	**8:33**	6.7	**2:24**	-0.2	**2:29**	-0.1	5:53	8:09	
3	Wed	**9:05**	6.0	**9:18**	6.6	**3:11**	-0.3	**3:17**	0.0	5:54	8:08	
4	Thu	**9:51**	6.0	**10:01**	6.4	**3:56**	-0.3	**4:02**	0.1	5:55	8:06	
5	Fri	**10:35**	5.9	**10:43**	6.1	**4:37**	-0.1	**4:45**	0.3	5:56	8:05	
6	Sat	**11:19**	5.8	**11:26**	5.8	**5:16**	0.0	**5:27**	0.5	5:57	8:04	
7	Sun			**12:03**	5.6	**5:54**	0.3	**6:09**	0.8	5:58	8:03	
8	Mon	**12:09**	5.4	**12:48**	5.5	**6:32**	0.5	**6:53**	1.0	5:59	8:02	
9	Tue	**12:54**	5.1	**1:33**	5.4	**7:12**	0.8	**7:41**	1.2	6:00	8:00	
10	Wed	**1:42**	4.9	**2:20**	5.3	**7:57**	1.0	**8:37**	1.4	6:01	7:59	
11	Thu	**2:32**	4.7	**3:08**	5.3	**8:50**	1.2	**9:38**	1.4	6:02	7:58	
12	Fri	**3:25**	4.7	**3:58**	5.4	**9:49**	1.2	**10:38**	1.2	6:03	7:56	
13	Sat	**4:21**	4.7	**4:50**	5.6	**10:47**	1.1	**11:34**	0.9	6:04	7:55	
14	Sun	**5:17**	4.8	**5:44**	5.8	**11:41**	0.9			6:05	7:54	
15	Mon	**6:13**	5.0	**6:36**	6.1	**12:26**	0.6	**12:32**	0.7	6:06	7:52	
16	Tue	**7:05**	5.3	**7:25**	6.4	**1:16**	0.3	**1:22**	0.4	6:07	7:51	
17	Wed	**7:54**	5.7	**8:12**	6.6	**2:04**	0.0	**2:11**	0.2	6:08	7:49	
18	Thu	**8:40**	6.0	**8:57**	6.8	**2:51**	-0.3	**3:00**	0.0	6:09	7:48	
19	Fri	**9:25**	6.2	**9:43**	6.8	**3:36**	-0.5	**3:48**	-0.1	6:10	7:47	
20	Sat	**10:11**	6.4	**10:30**	6.6	**4:21**	-0.5	**4:36**	-0.1	6:11	7:45	
21	Sun	**10:59**	6.5	**11:20**	6.4	**5:05**	-0.5	**5:25**	0.0	6:12	7:44	
22	Mon	**11:50**	6.5			**5:50**	-0.4	**6:17**	0.2	6:13	7:42	
23	Tue	**12:14**	6.1	**12:45**	6.4	**6:38**	-0.2	**7:12**	0.4	6:14	7:41	
24	Wed	**1:12**	5.8	**1:42**	6.3	**7:31**	0.1	**8:14**	0.6	6:15	7:39	
25	Thu	**2:11**	5.6	**2:40**	6.2	**8:31**	0.3	**9:22**	0.7	6:16	7:38	
26	Fri	**3:12**	5.4	**3:39**	6.2	**9:35**	0.5	**10:28**	0.7	6:17	7:36	
27	Sat	**4:13**	5.4	**4:38**	6.2	**10:38**	0.5	**11:29**	0.5	6:18	7:34	
28	Sun	**5:14**	5.5	**5:37**	6.2	**11:36**	0.4			6:19	7:33	
29	Mon	**6:13**	5.6	**6:33**	6.3	**12:24**	0.3	**12:30**	0.2	6:20	7:31	
30	Tue	**7:07**	5.8	**7:24**	6.4	**1:14**	0.1	**1:20**	0.1	6:21	7:30	
31	Wed	**7:56**	6.0	**8:11**	6.5	**2:00**	-0.1	**2:08**	0.1	6:22	7:28	