US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:03	5.6	4:23	4.9	10:36	0.2	10:53	-0.1	7:18	4:38	
2	Wed	4:56	5.7	5:19	4.9	11:28	0.0	11:40	-0.1	7:18	4:39	
3	Thu	5:47	5.8	6:10	5.0			12:16	-0.2	7:18	4:40	
4	Fri	6:34	5.9	6:57	5.0	12:25	-0.1	1:02	-0.2	7:18	4:41	
5	Sat	7:17	5.9	7:40	5.1	1:09	-0.1	1:46	-0.3	7:18	4:42	
6	Sun	7:58	5.8	8:21	5.0	1:52	-0.1	2:28	-0.3	7:18	4:43	
7	Mon	8:37	5.7	9:01	4.9	2:33	0.0	3:09	-0.2	7:18	4:44	
8	Tue	9:14	5.5	9:40	4.8	3:12	0.2	3:48	-0.1	7:18	4:45	
9	Wed	9:50	5.3	10:19	4.6	3:50	0.3	4:26	0.0	7:18	4:46	
10	Thu	10:26	5.1	10:59	4.5	4:26	0.5	5:02	0.2	7:18	4:47	
11	Fri	11:05	4.9	11:42	4.5	5:02	0.7	5:40	0.3	7:18	4:48	
12	Sat	11:50	4.7			5:41	0.9	6:21	0.5	7:17	4:49	
13	Sun	12:29	4.5	12:41	4.6	6:31	1.0	7:10	0.6	7:17	4:50	
14	Mon	1:19	4.6	1:39	4.5	7:38	1.0	8:10	0.6	7:17	4:51	
15	Tue	2:12	4.9	2:40	4.5	8:53	0.9	9:13	0.5	7:16	4:52	
16	Wed	3:09	5.1	3:43	4.6	10:00	0.6	10:13	0.2	7:16	4:53	
17	Thu	4:09	5.5	4:46	4.8	11:00	0.1	11:09	-0.1	7:15	4:54	
18	Fri	5:08	5.9	5:46	5.1	11:56	-0.3			7:15	4:56	
19	Sat	6:05	6.3	6:41	5.4	12:03	-0.4	12:50	-0.6	7:14	4:57	
20	Sun	6:59	6.6	7:33	5.7	12:56	-0.8	1:43	-0.9	7:14	4:58	
21	Mon	7:51	6.8	8:24	5.9	1:49	-1.0	2:34	-1.1	7:13	4:59	
22	Tue	8:41	6.9	9:14	6.0	2:40	-1.1	3:23	-1.2	7:12	5:00	
23	Wed	9:31	6.7	10:06	6.0	3:31	-1.1	4:11	-1.2	7:12	5:01	
24	Thu	10:22	6.4	10:58	5.9	4:21	-0.9	4:58	-1.0	7:11	5:03	
25	Fri	11:14	6.0	11:53	5.7	5:12	-0.6	5:46	-0.7	7:10	5:04	
26	Sat			12:09	5.6	6:05	-0.2	6:36	-0.4	7:10	5:05	
27	Sun	12:47	5.6	1:04	5.2	7:02	0.1	7:31	0.0	7:09	5:06	
28	Mon	1:41	5.4	2:00	4.9	8:05	0.4	8:30	0.2	7:08	5:07	
29	Tue	2:35	5.3	2:57	4.7	9:08	0.5	9:28	0.3	7:07	5:09	
30	Wed	3:30	5.3	3:55	4.6	10:09	0.4	10:23	0.3	7:06	5:10	
31	Thu	4:26	5.3	4:53	4.6	11:03	0.3	11:14	0.3	7:05	5:11	