
































Rockaway Beach (inside), NY - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:37	5.3	7:51	6.7	1:47	0.1	1:49	0.2	5:28	8:30	
2	Tue	8:28	5.5	8:40	6.9	2:39	-0.2	2:40	0.0	5:28	8:29	
3	Wed	9:18	5.7	9:30	7.0	3:30	-0.3	3:32	-0.1	5:29	8:29	
4	Thu	10:09	5.8	10:20	6.9	4:20	-0.5	4:23	-0.1	5:29	8:29	
5	Fri	11:02	5.8	11:13	6.8	5:09	-0.5	5:14	-0.1	5:30	8:29	
6	Sat	11:56	5.9			5:58	-0.5	6:07	0.0	5:31	8:29	
7	Sun	12:07	6.5	12:53	6.0	6:48	-0.4	7:02	0.3	5:31	8:28	
8	Mon	1:04	6.2	1:48	6.0	7:39	-0.2	8:01	0.5	5:32	8:28	
9	Tue	2:00	5.9	2:43	6.1	8:34	0.0	9:04	0.6	5:32	8:28	
10	Wed	2:56	5.7	3:37	6.2	9:31	0.1	10:07	0.6	5:33	8:27	
11	Thu	3:52	5.4	4:31	6.2	10:27	0.2	11:07	0.5	5:34	8:27	
12	Fri	4:50	5.3	5:25	6.2	11:20	0.3			5:35	8:26	
13	Sat	5:48	5.2	6:18	6.3	12:02	0.4	12:11	0.3	5:35	8:26	
14	Sun	6:43	5.2	7:09	6.3	12:53	0.3	1:00	0.3	5:36	8:25	
15	Mon	7:35	5.3	7:56	6.3	1:42	0.2	1:47	0.4	5:37	8:25	
16	Tue	8:23	5.3	8:41	6.3	2:30	0.1	2:33	0.5	5:38	8:24	
17	Wed	9:08	5.3	9:22	6.2	3:15	0.1	3:17	0.5	5:38	8:23	
18	Thu	9:50	5.3	10:03	6.0	3:57	0.1	4:00	0.7	5:39	8:23	
19	Fri	10:32	5.2	10:41	5.8	4:38	0.2	4:41	0.8	5:40	8:22	
20	Sat	11:14	5.1	11:20	5.6	5:16	0.3	5:20	1.0	5:41	8:21	
21	Sun	11:55	5.1	11:59	5.3	5:54	0.4	5:59	1.2	5:42	8:21	
22	Mon			12:38	5.0	6:30	0.6	6:39	1.3	5:43	8:20	
23	Tue	12:41	5.1	1:21	5.1	7:09	0.7	7:24	1.4	5:43	8:19	
24	Wed	1:28	5.0	2:05	5.2	7:51	0.8	8:20	1.5	5:44	8:18	
25	Thu	2:18	4.9	2:52	5.4	8:42	0.9	9:26	1.4	5:45	8:17	
26	Fri	3:14	4.8	3:43	5.6	9:40	0.9	10:32	1.2	5:46	8:16	
27	Sat	4:13	4.8	4:38	5.9	10:39	0.8	11:33	0.8	5:47	8:16	
28	Sun	5:14	4.9	5:36	6.2	11:36	0.6			5:48	8:15	
29	Mon	6:15	5.1	6:34	6.5	12:30	0.5	12:31	0.3	5:49	8:14	
30	Tue	7:13	5.4	7:30	6.8	1:24	0.1	1:26	0.1	5:50	8:13	
31	Wed	8:07	5.7	8:23	7.1	2:18	-0.2	2:20	-0.2	5:51	8:12	