
































Rockaway Beach (inside), NY - Sep 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:18	6.9	10:34	6.9	4:22	-0.8	4:39	-0.5	6:22	7:28	
2	Mon	11:09	6.8	11:25	6.5	5:08	-0.7	5:29	-0.3	6:23	7:26	
3	Tue			12:00	6.6	5:54	-0.4	6:20	0.0	6:24	7:25	
4	Wed	12:18	6.0	12:53	6.4	6:41	0.0	7:13	0.4	6:25	7:23	
5	Thu	1:13	5.6	1:47	6.1	7:31	0.4	8:11	0.7	6:26	7:21	
6	Fri	2:10	5.3	2:41	5.9	8:27	0.7	9:14	0.9	6:27	7:20	
7	Sat	3:06	5.1	3:36	5.8	9:28	1.0	10:17	1.0	6:28	7:18	
8	Sun	4:04	5.0	4:32	5.7	10:28	1.0	11:15	0.9	6:29	7:16	
9	Mon	5:01	5.0	5:28	5.7	11:24	1.0			6:30	7:15	
10	Tue	5:57	5.1	6:21	5.8	12:06	0.7	12:14	0.8	6:31	7:13	
11	Wed	6:49	5.3	7:09	5.9	12:53	0.5	1:01	0.7	6:32	7:11	
12	Thu	7:35	5.5	7:53	6.0	1:36	0.3	1:46	0.6	6:33	7:10	
13	Fri	8:17	5.7	8:32	6.0	2:18	0.2	2:29	0.6	6:33	7:08	
14	Sat	8:56	5.8	9:09	6.0	2:58	0.1	3:10	0.6	6:34	7:06	
15	Sun	9:31	5.8	9:43	5.8	3:36	0.1	3:50	0.6	6:35	7:05	
16	Mon	10:05	5.8	10:17	5.6	4:12	0.2	4:28	0.7	6:36	7:03	
17	Tue	10:37	5.7	10:51	5.4	4:46	0.4	5:04	0.8	6:37	7:01	
18	Wed	11:11	5.7	11:30	5.2	5:18	0.6	5:40	0.9	6:38	7:00	
19	Thu	11:49	5.7			5:51	0.8	6:20	1.1	6:39	6:58	
20	Fri	12:17	5.0	12:37	5.6	6:26	1.0	7:10	1.2	6:40	6:56	
21	Sat	1:14	4.8	1:34	5.7	7:14	1.1	8:19	1.3	6:41	6:54	
22	Sun	2:18	4.7	2:38	5.8	8:23	1.2	9:37	1.2	6:42	6:53	
23	Mon	3:24	4.8	3:44	5.9	9:42	1.1	10:46	0.8	6:43	6:51	
24	Tue	4:29	5.1	4:49	6.2	10:52	0.7	11:46	0.4	6:44	6:49	
25	Wed	5:33	5.5	5:52	6.5	11:53	0.3			6:45	6:48	
26	Thu	6:32	6.0	6:50	6.8	12:40	-0.1	12:50	-0.1	6:46	6:46	
27	Fri	7:27	6.5	7:44	7.0	1:31	-0.5	1:45	-0.4	6:47	6:44	
28	Sat	8:17	6.9	8:35	7.1	2:20	-0.8	2:37	-0.6	6:48	6:43	
29	Sun	9:06	7.1	9:23	6.9	3:08	-0.9	3:28	-0.7	6:49	6:41	
30	Mon	9:53	7.2	10:11	6.7	3:54	-0.8	4:18	-0.6	6:50	6:39	