
































Rockaway Beach (inside), NY - Nov 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:49	6.1			5:40	0.3	6:18	0.3	7:25	5:52	
2	Sat	12:18	5.1	12:41	5.7	6:25	0.7	7:09	0.7	7:26	5:51	
3	Sun	1:14	4.8	12:36	5.4	6:16	1.1	7:05	0.9	6:27	4:50	
4	Mon	1:10	4.6	1:31	5.2	7:14	1.3	8:06	1.0	6:28	4:48	
5	Tue	2:06	4.6	2:27	5.0	8:19	1.4	9:05	0.9	6:29	4:47	
6	Wed	3:01	4.7	3:21	5.0	9:21	1.3	9:58	0.7	6:31	4:46	
7	Thu	3:54	4.9	4:13	5.1	10:17	1.1	10:45	0.5	6:32	4:45	
8	Fri	4:45	5.2	5:03	5.2	11:06	0.8	11:28	0.2	6:33	4:44	
9	Sat	5:31	5.5	5:50	5.4	11:52	0.6			6:34	4:43	
10	Sun	6:13	5.8	6:33	5.5	12:09	0.1	12:36	0.3	6:35	4:42	
11	Mon	6:52	6.0	7:13	5.5	12:50	0.0	1:19	0.2	6:36	4:41	
12	Tue	7:28	6.1	7:52	5.5	1:30	0.0	2:01	0.1	6:38	4:40	
13	Wed	8:04	6.2	8:31	5.4	2:09	0.0	2:43	0.0	6:39	4:39	
14	Thu	8:40	6.2	9:10	5.2	2:48	0.1	3:25	0.1	6:40	4:38	
15	Fri	9:19	6.2	9:55	5.0	3:27	0.2	4:09	0.2	6:41	4:38	
16	Sat	10:03	6.0	10:46	4.9	4:08	0.4	4:55	0.3	6:42	4:37	
17	Sun	10:56	5.9	11:45	4.8	4:53	0.5	5:47	0.5	6:44	4:36	
18	Mon	11:58	5.7			5:47	0.6	6:47	0.5	6:45	4:35	
19	Tue	12:48	4.8	1:02	5.7	6:53	0.7	7:54	0.5	6:46	4:34	
20	Wed	1:51	5.0	2:06	5.6	8:07	0.7	8:59	0.3	6:47	4:34	
21	Thu	2:53	5.3	3:09	5.7	9:17	0.5	9:58	-0.1	6:48	4:33	
22	Fri	3:52	5.7	4:10	5.8	10:20	0.1	10:51	-0.4	6:49	4:33	
23	Sat	4:49	6.2	5:08	5.9	11:17	-0.2	11:41	-0.6	6:50	4:32	
24	Sun	5:43	6.5	6:03	6.0			12:10	-0.5	6:51	4:31	
25	Mon	6:33	6.8	6:54	6.0	12:29	-0.8	1:00	-0.7	6:53	4:31	
26	Tue	7:20	6.9	7:42	6.0	1:15	-0.7	1:49	-0.7	6:54	4:30	
27	Wed	8:05	6.8	8:28	5.8	2:01	-0.6	2:37	-0.7	6:55	4:30	
28	Thu	8:49	6.6	9:14	5.5	2:46	-0.4	3:22	-0.5	6:56	4:30	
29	Fri	9:34	6.2	10:01	5.2	3:29	-0.1	4:07	-0.2	6:57	4:29	
30	Sat	10:19	5.8	10:49	4.9	4:12	0.2	4:52	0.1	6:58	4:29	