US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Dec 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:08	5.5	11:41	4.6	4:55	0.5	5:37	0.4	6:59	4:29	
2	Mon	11:59	5.1			5:41	0.9	6:26	0.6	7:00	4:28	
3	Tue	12:34	4.5	12:51	4.9	6:32	1.1	7:19	0.8	7:01	4:28	
4	Wed	1:28	4.5	1:44	4.7	7:33	1.3	8:16	0.8	7:02	4:28	
5	Thu	2:20	4.6	2:36	4.6	8:37	1.3	9:11	0.7	7:03	4:28	
6	Fri	3:12	4.7	3:29	4.6	9:38	1.1	10:02	0.5	7:04	4:28	
7	Sat	4:02	5.0	4:22	4.7	10:31	0.8	10:49	0.3	7:05	4:28	
8	Sun	4:50	5.3	5:13	4.9	11:21	0.5	11:33	0.1	7:06	4:28	
9	Mon	5:35	5.5	6:01	5.0			12:07	0.2	7:06	4:28	
10	Tue	6:19	5.8	6:47	5.1	12:17	0.0	12:53	0.0	7:07	4:28	
11	Wed	7:00	6.1	7:30	5.2	1:00	-0.1	1:39	-0.2	7:08	4:28	
12	Thu	7:41	6.2	8:12	5.3	1:43	-0.2	2:25	-0.3	7:09	4:28	
13	Fri	8:22	6.3	8:56	5.2	2:27	-0.2	3:10	-0.4	7:10	4:28	
14	Sat	9:06	6.3	9:43	5.1	3:11	-0.2	3:56	-0.3	7:10	4:28	
15	Sun	9:53	6.2	10:35	5.1	3:57	-0.1	4:44	-0.3	7:11	4:29	
16	Mon	10:46	6.0	11:32	5.0	4:45	0.0	5:33	-0.1	7:12	4:29	
17	Tue	11:44	5.8			5:39	0.1	6:28	0.0	7:12	4:29	
18	Wed	12:32	5.1	12:45	5.6	6:40	0.3	7:28	0.0	7:13	4:30	
19	Thu	1:31	5.2	1:46	5.4	7:48	0.4	8:30	0.0	7:14	4:30	
20	Fri	2:30	5.5	2:46	5.3	8:57	0.3	9:29	-0.2	7:14	4:30	
21	Sat	3:28	5.7	3:47	5.3	10:01	0.1	10:25	-0.3	7:15	4:31	
22	Sun	4:25	5.9	4:46	5.3	10:59	-0.2	11:17	-0.5	7:15	4:31	
23	Mon	5:20	6.2	5:43	5.4	11:52	-0.4			7:16	4:32	
24	Tue	6:12	6.3	6:35	5.5	12:06	-0.5	12:42	-0.6	7:16	4:32	
25	Wed	7:00	6.4	7:24	5.5	12:53	-0.5	1:31	-0.6	7:17	4:33	
26	Thu	7:45	6.4	8:09	5.4	1:39	-0.5	2:17	-0.6	7:17	4:34	
27	Fri	8:28	6.2	8:53	5.3	2:24	-0.3	3:02	-0.5	7:17	4:34	
28	Sat	9:11	6.0	9:37	5.1	3:07	-0.2	3:44	-0.3	7:18	4:35	
29	Sun	9:53	5.7	10:21	4.8	3:48	0.1	4:25	-0.1	7:18	4:36	
30	Mon	10:36	5.3	11:07	4.6	4:28	0.3	5:05	0.1	7:18	4:37	
31	Tue	11:20	5.0	11:57	4.5	5:09	0.6	5:47	0.3	7:18	4:37	