

































Rockaway Beach (inside), NY - Jan 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:26	6.6	6:54	5.5	12:18	-0.5	1:04	-0.8	7:18	4:39	
2	Sun	7:19	6.7	7:47	5.6	1:12	-0.7	1:57	-0.9	7:18	4:39	
3	Mon	8:10	6.8	8:38	5.6	2:05	-0.8	2:49	-1.0	7:18	4:40	
4	Tue	9:00	6.6	9:29	5.6	2:56	-0.8	3:39	-1.0	7:18	4:41	
5	Wed	9:50	6.4	10:20	5.4	3:45	-0.6	4:26	-0.8	7:18	4:42	
6	Thu	10:41	6.0	11:13	5.3	4:34	-0.3	5:12	-0.6	7:18	4:43	
7	Fri	11:32	5.6			5:23	0.0	5:59	-0.3	7:18	4:44	
8	Sat	12:05	5.1	12:24	5.2	6:14	0.3	6:46	0.0	7:18	4:45	
9	Sun	12:57	5.1	1:16	4.9	7:09	0.6	7:37	0.2	7:18	4:46	
10	Mon	1:47	5.0	2:08	4.6	8:10	0.8	8:30	0.4	7:18	4:47	
11	Tue	2:37	5.0	3:02	4.4	9:11	0.8	9:23	0.5	7:17	4:48	
12	Wed	3:28	5.0	3:57	4.3	10:09	0.7	10:14	0.5	7:17	4:49	
13	Thu	4:19	5.1	4:52	4.4	11:00	0.5	11:03	0.4	7:17	4:50	
14	Fri	5:10	5.2	5:44	4.5	11:49	0.4	11:51	0.3	7:17	4:51	
15	Sat	5:59	5.3	6:32	4.6			12:35	0.2	7:16	4:52	
16	Sun	6:43	5.4	7:16	4.7	12:36	0.2	1:20	0.1	7:16	4:54	
17	Mon	7:24	5.5	7:56	4.8	1:20	0.1	2:03	0.0	7:15	4:55	
18	Tue	8:01	5.6	8:35	4.8	2:02	0.1	2:45	-0.1	7:15	4:56	
19	Wed	8:37	5.6	9:12	4.8	2:43	0.1	3:24	-0.1	7:14	4:57	
20	Thu	9:12	5.6	9:50	4.8	3:21	0.2	4:02	-0.1	7:14	4:58	
21	Fri	9:50	5.5	10:31	4.8	3:59	0.2	4:37	-0.1	7:13	4:59	
22	Sat	10:32	5.4	11:16	4.9	4:39	0.3	5:13	0.0	7:12	5:00	
23	Sun	11:21	5.2			5:23	0.4	5:53	0.2	7:12	5:02	
24	Mon	12:06	5.0	12:17	4.9	6:16	0.5	6:41	0.3	7:11	5:03	
25	Tue	1:01	5.2	1:19	4.7	7:23	0.5	7:44	0.4	7:10	5:04	
26	Wed	2:00	5.3	2:24	4.6	8:39	0.5	8:55	0.4	7:09	5:05	
27	Thu	3:02	5.5	3:31	4.6	9:51	0.3	10:03	0.2	7:09	5:07	
28	Fri	4:07	5.7	4:39	4.8	10:55	0.0	11:05	-0.1	7:08	5:08	
29	Sat	5:11	6.0	5:42	5.0	11:54	-0.3			7:07	5:09	
30	Sun	6:11	6.3	6:40	5.4	12:03	-0.4	12:50	-0.6	7:06	5:10	
31	Mon	7:06	6.5	7:33	5.6	12:58	-0.6	1:42	-0.9	7:05	5:11	