
































## Rockaway Beach (inside), NY - Nov 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:15	4.9	2:42	5.7	8:30	0.9	9:29	0.6	7:25	5:52	
2	Wed	3:20	5.0	3:45	5.7	9:44	0.9	10:33	0.3	7:26	5:50	
3	Thu	4:22	5.3	4:45	5.8	10:50	0.7	11:27	0.0	7:27	5:49	
4	Fri	5:21	5.6	5:42	5.8	11:48	0.4			7:29	5:48	
5	Sat	6:14	6.0	6:35	5.9	12:16	-0.2	12:40	0.1	7:30	5:47	
6	Sun	6:03	6.3	6:24	5.9	1:00	-0.4	12:28	-0.1	6:31	4:46	
7	Mon	6:47	6.5	7:09	5.9	12:42	-0.4	1:13	-0.2	6:32	4:45	
8	Tue	7:28	6.5	7:52	5.7	1:23	-0.3	1:57	-0.2	6:33	4:44	
9	Wed	8:06	6.5	8:32	5.5	2:03	-0.2	2:38	-0.1	6:34	4:43	
10	Thu	8:44	6.2	9:13	5.2	2:42	0.1	3:19	0.1	6:36	4:42	
11	Fri	9:21	5.9	9:54	4.9	3:20	0.3	3:59	0.4	6:37	4:41	
12	Sat	10:00	5.6	10:38	4.6	3:58	0.6	4:39	0.7	6:38	4:40	
13	Sun	10:41	5.3	11:27	4.3	4:36	0.9	5:22	0.9	6:39	4:39	
14	Mon	11:27	5.0			5:17	1.2	6:10	1.1	6:40	4:38	
15	Tue	12:21	4.2	12:19	4.9	6:05	1.4	7:07	1.2	6:41	4:37	
16	Wed	1:17	4.2	1:15	4.8	7:05	1.5	8:09	1.2	6:43	4:37	
17	Thu	2:12	4.3	2:11	4.8	8:15	1.5	9:09	1.0	6:44	4:36	
18	Fri	3:05	4.6	3:07	4.9	9:20	1.3	10:00	0.7	6:45	4:35	
19	Sat	3:57	4.9	4:03	5.1	10:18	0.9	10:47	0.4	6:46	4:34	
20	Sun	4:46	5.4	4:58	5.3	11:11	0.5	11:32	0.1	6:47	4:34	
21	Mon	5:33	5.9	5:50	5.4			12:00	0.0	6:48	4:33	
22	Tue	6:19	6.3	6:40	5.6	12:16	-0.1	12:50	-0.3	6:50	4:32	
23	Wed	7:04	6.6	7:27	5.7	1:00	-0.3	1:39	-0.5	6:51	4:32	
24	Thu	7:50	6.8	8:15	5.6	1:47	-0.4	2:29	-0.6	6:52	4:31	
25	Fri	8:37	6.8	9:04	5.5	2:34	-0.4	3:20	-0.6	6:53	4:31	
26	Sat	9:27	6.7	9:57	5.3	3:23	-0.3	4:11	-0.4	6:54	4:30	
27	Sun	10:21	6.4	10:55	5.2	4:14	-0.1	5:04	-0.2	6:55	4:30	
28	Mon	11:20	6.1	11:57	5.0	5:08	0.1	5:59	0.0	6:56	4:29	
29	Tue			12:22	5.8	6:07	0.4	6:59	0.1	6:57	4:29	
30	Wed	1:00	5.0	1:22	5.6	7:13	0.6	8:02	0.1	6:58	4:29	