
































Rockaway Beach (inside), NY - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:22	4.9	6:07	5.3			12:04	0.6	5:53	7:50	
2	Tue	6:15	5.1	6:52	5.7	12:25	0.9	12:47	0.4	5:52	7:51	
3	Wed	7:03	5.2	7:34	6.0	1:12	0.6	1:29	0.3	5:51	7:52	
4	Thu	7:49	5.4	8:13	6.3	1:59	0.2	2:10	0.2	5:50	7:53	
5	Fri	8:33	5.5	8:52	6.5	2:45	0.0	2:52	0.2	5:49	7:54	
6	Sat	9:16	5.5	9:33	6.6	3:31	-0.2	3:34	0.3	5:47	7:55	
7	Sun	10:01	5.4	10:16	6.6	4:16	-0.2	4:17	0.3	5:46	7:56	
8	Mon	10:48	5.3	11:05	6.5	5:03	-0.1	5:02	0.4	5:45	7:57	
9	Tue	11:42	5.1			5:52	0.0	5:51	0.5	5:44	7:58	
10	Wed	12:00	6.3	12:41	5.1	6:45	0.2	6:46	0.7	5:43	7:59	
11	Thu	1:00	6.1	1:42	5.1	7:43	0.3	7:49	0.9	5:42	8:00	
12	Fri	2:02	5.9	2:44	5.2	8:46	0.4	9:00	0.9	5:41	8:01	
13	Sat	3:03	5.8	3:44	5.5	9:48	0.3	10:10	0.8	5:40	8:02	
14	Sun	4:03	5.7	4:42	5.8	10:46	0.1	11:14	0.6	5:39	8:03	
15	Mon	5:03	5.7	5:38	6.1	11:39	-0.1			5:38	8:04	
16	Tue	6:00	5.7	6:31	6.4	12:10	0.3	12:27	-0.2	5:37	8:05	
17	Wed	6:55	5.7	7:19	6.6	1:03	0.1	1:13	-0.2	5:36	8:06	
18	Thu	7:46	5.7	8:04	6.7	1:52	0.0	1:58	-0.1	5:35	8:07	
19	Fri	8:33	5.6	8:47	6.6	2:39	-0.1	2:42	0.0	5:34	8:08	
20	Sat	9:18	5.5	9:28	6.4	3:25	-0.1	3:25	0.2	5:34	8:09	
21	Sun	10:02	5.3	10:08	6.2	4:08	0.1	4:07	0.5	5:33	8:10	
22	Mon	10:47	5.1	10:49	5.9	4:51	0.3	4:48	0.7	5:32	8:11	
23	Tue	11:33	4.8	11:32	5.6	5:32	0.5	5:29	1.0	5:31	8:12	
24	Wed			12:21	4.7	6:14	0.7	6:11	1.2	5:31	8:13	
25	Thu	12:18	5.3	1:12	4.6	6:58	0.9	6:56	1.4	5:30	8:14	
26	Fri	1:06	5.1	2:03	4.6	7:46	1.0	7:50	1.6	5:29	8:14	
27	Sat	1:55	5.0	2:53	4.7	8:40	1.1	8:51	1.7	5:29	8:15	
28	Sun	2:46	4.9	3:42	4.9	9:34	1.0	9:55	1.6	5:28	8:16	
29	Mon	3:39	4.8	4:31	5.1	10:27	0.9	10:55	1.3	5:28	8:17	
30	Tue	4:33	4.9	5:19	5.5	11:16	0.7	11:49	0.9	5:27	8:18	
31	Wed	5:29	4.9	6:07	5.8			12:02	0.6	5:27	8:18	