

































## Rockaway Beach (inside), NY - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:21	5.7	8:43	7.1	2:34	-0.3	2:37	-0.1	5:52	8:10	
2	Wed	9:14	6.0	9:34	7.2	3:26	-0.6	3:31	-0.3	5:53	8:09	
3	Thu	10:05	6.2	10:24	7.0	4:15	-0.7	4:24	-0.3	5:54	8:08	
4	Fri	10:57	6.3	11:15	6.7	5:02	-0.8	5:15	-0.1	5:55	8:07	
5	Sat	11:49	6.4			5:47	-0.7	6:06	0.1	5:56	8:06	
6	Sun	12:07	6.3	12:41	6.3	6:32	-0.4	6:58	0.4	5:57	8:05	
7	Mon	1:00	5.9	1:33	6.2	7:19	-0.1	7:54	0.7	5:58	8:04	
8	Tue	1:54	5.5	2:24	6.0	8:09	0.3	8:55	0.9	5:59	8:02	
9	Wed	2:49	5.1	3:16	5.9	9:04	0.6	9:58	1.0	5:59	8:01	
10	Thu	3:45	4.9	4:09	5.8	10:02	0.8	10:59	1.0	6:00	8:00	
11	Fri	4:42	4.8	5:04	5.7	10:58	0.9	11:54	0.9	6:01	7:59	
12	Sat	5:40	4.8	5:59	5.7	11:51	0.9			6:02	7:57	
13	Sun	6:36	4.9	6:52	5.8	12:45	0.8	12:41	0.8	6:03	7:56	
14	Mon	7:27	5.0	7:39	5.9	1:32	0.7	1:28	0.7	6:04	7:55	
15	Tue	8:13	5.2	8:21	6.0	2:16	0.5	2:14	0.7	6:05	7:53	
16	Wed	8:55	5.3	8:59	6.0	2:58	0.4	2:57	0.7	6:06	7:52	
17	Thu	9:34	5.4	9:34	5.9	3:37	0.3	3:39	0.7	6:07	7:50	
18	Fri	10:10	5.4	10:07	5.7	4:14	0.3	4:18	0.8	6:08	7:49	
19	Sat	10:45	5.4	10:40	5.6	4:48	0.4	4:55	0.9	6:09	7:48	
20	Sun	11:20	5.4	11:14	5.4	5:19	0.5	5:32	1.0	6:10	7:46	
21	Mon	11:55	5.4	11:55	5.1	5:49	0.7	6:10	1.1	6:11	7:45	
22	Tue			12:36	5.5	6:18	0.8	6:53	1.2	6:12	7:43	
23	Wed	12:45	4.9	1:24	5.5	6:53	1.0	7:50	1.3	6:13	7:42	
24	Thu	1:44	4.8	2:20	5.6	7:43	1.1	9:03	1.3	6:14	7:40	
25	Fri	2:48	4.7	3:22	5.8	8:59	1.2	10:19	1.1	6:15	7:39	
26	Sat	3:55	4.7	4:28	6.0	10:19	1.1	11:26	0.8	6:16	7:37	
27	Sun	5:03	4.9	5:34	6.3	11:27	0.7			6:17	7:36	
28	Mon	6:08	5.2	6:36	6.7	12:25	0.4	12:28	0.3	6:18	7:34	
29	Tue	7:08	5.7	7:33	7.0	1:20	-0.1	1:25	0.0	6:19	7:32	
30	Wed	8:03	6.1	8:25	7.1	2:12	-0.4	2:20	-0.3	6:20	7:31	
31	Thu	8:54	6.5	9:14	7.1	3:01	-0.7	3:13	-0.4	6:21	7:29	