US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**11:12**	4.8			**5:10**	0.8	**5:47**	0.5	7:18	4:38	
2	Tue	**12:01**	4.4	**11:56 AM**	4.6	**5:53**	1.0	**6:28**	0.6	7:18	4:39	
3	Wed	**12:48**	4.4	**12:44**	4.4	**6:44**	1.1	**7:14**	0.7	7:18	4:40	
4	Thu	**1:34**	4.5	**1:37**	4.3	**7:45**	1.2	**8:09**	0.8	7:18	4:41	
5	Fri	**2:22**	4.7	**2:33**	4.2	**8:51**	1.0	**9:08**	0.8	7:18	4:42	
6	Sat	**3:12**	4.9	**3:33**	4.2	**9:54**	0.8	**10:04**	0.6	7:18	4:43	
7	Sun	**4:06**	5.2	**4:33**	4.3	**10:51**	0.4	**10:57**	0.4	7:18	4:44	
8	Mon	**5:01**	5.5	**5:31**	4.6	**11:45**	0.1	**11:49**	0.1	7:18	4:44	
9	Tue	**5:55**	5.9	**6:25**	4.8			**12:37**	-0.3	7:18	4:45	
10	Wed	**6:47**	6.2	**7:15**	5.1	**12:39**	-0.2	**1:28**	-0.5	7:18	4:47	
11	Thu	**7:36**	6.5	**8:04**	5.3	**1:30**	-0.4	**2:18**	-0.7	7:18	4:48	
12	Fri	**8:24**	6.6	**8:52**	5.5	**2:20**	-0.6	**3:07**	-0.9	7:17	4:49	
13	Sat	**9:13**	6.6	**9:42**	5.6	**3:10**	-0.7	**3:54**	-0.9	7:17	4:50	
14	Sun	**10:02**	6.4	**10:34**	5.6	**4:00**	-0.6	**4:40**	-0.9	7:17	4:51	
15	Mon	**10:54**	6.0	**11:28**	5.6	**4:50**	-0.4	**5:26**	-0.7	7:16	4:52	
16	Tue	**11:48**	5.6			**5:43**	-0.2	**6:14**	-0.5	7:16	4:53	
17	Wed	**12:23**	5.6	**12:45**	5.2	**6:41**	0.1	**7:07**	-0.2	7:15	4:54	
18	Thu	**1:18**	5.5	**1:42**	4.9	**7:45**	0.4	**8:05**	0.0	7:15	4:55	
19	Fri	**2:13**	5.4	**2:41**	4.7	**8:53**	0.5	**9:06**	0.2	7:14	4:56	
20	Sat	**3:10**	5.4	**3:42**	4.5	**9:58**	0.4	**10:06**	0.3	7:14	4:58	
21	Sun	**4:08**	5.3	**4:43**	4.5	**10:57**	0.3	**11:01**	0.2	7:13	4:59	
22	Mon	**5:05**	5.4	**5:41**	4.6	**11:51**	0.2	**11:52**	0.1	7:13	5:00	
23	Tue	**6:00**	5.5	**6:34**	4.8			**12:40**	0.0	7:12	5:01	
24	Wed	**6:49**	5.6	**7:20**	4.9	**12:40**	0.1	**1:26**	-0.1	7:11	5:02	
25	Thu	**7:33**	5.6	**8:03**	5.0	**1:25**	0.0	**2:10**	-0.1	7:11	5:03	
26	Fri	**8:13**	5.6	**8:44**	5.0	**2:08**	0.0	**2:50**	-0.2	7:10	5:05	
27	Sat	**8:50**	5.5	**9:22**	5.0	**2:49**	0.0	**3:27**	-0.1	7:09	5:06	
28	Sun	**9:26**	5.4	**10:00**	4.9	**3:28**	0.2	**4:02**	-0.1	7:08	5:07	
29	Mon	**10:00**	5.1	**10:38**	4.8	**4:06**	0.3	**4:34**	0.1	7:07	5:08	
30	Tue	**10:34**	4.9	**11:15**	4.8	**4:42**	0.5	**5:06**	0.3	7:06	5:10	
31	Wed	**11:12**	4.6	**11:54**	4.7	**5:19**	0.7	**5:36**	0.5	7:06	5:11	