

































Rockaway Beach (inside), NY - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:20	4.6	11:46	5.1	5:28	0.6	5:23	0.8	6:27	5:47	
2	Sat			12:13	4.4	6:12	0.8	6:01	0.9	6:26	5:48	
3	Sun	12:39	5.1	1:15	4.2	7:16	0.9	7:05	1.1	6:24	5:49	
4	Mon	1:42	5.1	2:22	4.2	8:39	1.0	8:40	1.1	6:23	5:50	
5	Tue	2:51	5.2	3:32	4.4	9:54	0.7	9:59	0.8	6:21	5:51	
6	Wed	4:01	5.5	4:40	4.7	10:57	0.3	11:03	0.3	6:20	5:52	
7	Thu	5:07	5.9	5:41	5.2	11:53	-0.1			6:18	5:53	
8	Fri	6:07	6.3	6:36	5.8	12:01	-0.1	12:44	-0.6	6:16	5:54	
9	Sat	7:00	6.6	7:27	6.3	12:56	-0.5	1:32	-0.9	6:15	5:55	
10	Sun	8:49	6.7	9:14	6.7	1:49	-0.8	3:19	-1.1	7:13	6:57	
11	Mon	9:37	6.6	10:01	6.8	3:40	-1.0	4:04	-1.2	7:12	6:58	
12	Tue	10:24	6.4	10:47	6.7	4:29	-0.9	4:47	-1.0	7:10	6:59	
13	Wed	11:13	6.0	11:34	6.5	5:16	-0.7	5:31	-0.6	7:08	7:00	
14	Thu			12:04	5.5	6:04	-0.4	6:15	-0.2	7:07	7:01	
15	Fri	12:24	6.1	12:58	5.1	6:54	0.1	7:03	0.3	7:05	7:02	
16	Sat	1:16	5.7	1:55	4.8	7:49	0.5	7:58	0.8	7:03	7:03	
17	Sun	2:12	5.3	2:54	4.5	8:54	0.9	9:02	1.1	7:02	7:04	
18	Mon	3:11	5.0	3:54	4.4	10:03	1.0	10:10	1.1	7:00	7:05	
19	Tue	4:12	4.9	4:55	4.5	11:08	0.9	11:12	1.0	6:58	7:06	
20	Wed	5:13	4.9	5:54	4.7			12:02	0.7	6:57	7:07	
21	Thu	6:10	5.1	6:47	5.0	12:06	0.8	12:48	0.5	6:55	7:08	
22	Fri	7:00	5.2	7:33	5.3	12:55	0.6	1:30	0.3	6:53	7:09	
23	Sat	7:44	5.4	8:13	5.6	1:40	0.4	2:10	0.1	6:52	7:10	
24	Sun	8:23	5.5	8:50	5.8	2:23	0.3	2:47	0.0	6:50	7:12	
25	Mon	8:59	5.4	9:24	5.8	3:04	0.2	3:23	0.0	6:48	7:13	
26	Tue	9:33	5.4	9:55	5.8	3:43	0.1	3:56	0.2	6:47	7:14	
27	Wed	10:06	5.2	10:24	5.8	4:20	0.2	4:28	0.3	6:45	7:15	
28	Thu	10:39	5.0	10:55	5.7	4:56	0.2	4:58	0.5	6:44	7:16	
29	Fri	11:16	4.9	11:30	5.6	5:31	0.4	5:26	0.7	6:42	7:17	
30	Sat	11:59	4.7			6:09	0.5	5:57	0.9	6:40	7:18	
31	Sun	12:15	5.5	12:53	4.5	6:55	0.7	6:39	1.0	6:39	7:19	