

































Rockaway Beach (inside), NY - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:28	5.3	4:59	6.3	10:54	0.2	11:45	0.5	5:28	8:29	
2	Tue	5:28	5.2	5:55	6.3	11:49	0.2			5:29	8:29	
3	Wed	6:28	5.2	6:49	6.4	12:41	0.3	12:41	0.2	5:29	8:29	
4	Thu	7:25	5.2	7:41	6.4	1:34	0.2	1:33	0.3	5:30	8:29	
5	Fri	8:17	5.3	8:30	6.4	2:25	0.2	2:22	0.4	5:30	8:29	
6	Sat	9:05	5.3	9:16	6.3	3:14	0.1	3:10	0.4	5:31	8:28	
7	Sun	9:52	5.3	9:59	6.1	4:00	0.1	3:56	0.5	5:32	8:28	
8	Mon	10:37	5.2	10:41	5.9	4:43	0.2	4:40	0.7	5:32	8:28	
9	Tue	11:23	5.1	11:23	5.6	5:23	0.3	5:22	0.9	5:33	8:27	
10	Wed			12:08	5.1	6:00	0.4	6:04	1.1	5:34	8:27	
11	Thu	12:04	5.4	12:53	5.1	6:37	0.6	6:47	1.3	5:34	8:26	
12	Fri	12:47	5.1	1:37	5.1	7:15	0.7	7:34	1.4	5:35	8:26	
13	Sat	1:32	4.9	2:20	5.2	7:56	0.9	8:28	1.5	5:36	8:25	
14	Sun	2:20	4.7	3:04	5.3	8:43	1.0	9:29	1.5	5:37	8:25	
15	Mon	3:11	4.6	3:50	5.4	9:36	1.1	10:29	1.3	5:37	8:24	
16	Tue	4:06	4.5	4:40	5.5	10:33	1.1	11:27	1.0	5:38	8:24	
17	Wed	5:05	4.5	5:34	5.7	11:28	1.0			5:39	8:23	
18	Thu	6:04	4.6	6:28	6.0	12:22	0.8	12:20	0.9	5:40	8:22	
19	Fri	7:01	4.8	7:21	6.3	1:15	0.5	1:12	0.6	5:41	8:22	
20	Sat	7:53	5.1	8:12	6.6	2:07	0.2	2:04	0.4	5:42	8:21	
21	Sun	8:43	5.4	9:00	6.8	2:58	-0.1	2:56	0.2	5:42	8:20	
22	Mon	9:31	5.6	9:48	6.9	3:46	-0.3	3:47	0.1	5:43	8:19	
23	Tue	10:20	5.8	10:36	6.7	4:33	-0.5	4:37	0.0	5:44	8:18	
24	Wed	11:11	6.0	11:27	6.5	5:18	-0.5	5:28	0.1	5:45	8:18	
25	Thu			12:03	6.1	6:02	-0.5	6:19	0.3	5:46	8:17	
26	Fri	12:20	6.2	12:57	6.2	6:48	-0.3	7:14	0.5	5:47	8:16	
27	Sat	1:15	5.8	1:50	6.2	7:37	-0.1	8:15	0.7	5:48	8:15	
28	Sun	2:11	5.5	2:44	6.2	8:31	0.2	9:20	0.8	5:49	8:14	
29	Mon	3:09	5.2	3:39	6.1	9:30	0.4	10:26	0.8	5:50	8:13	
30	Tue	4:08	5.0	4:36	6.0	10:31	0.6	11:28	0.7	5:51	8:12	
31	Wed	5:10	5.0	5:34	6.0	11:29	0.6			5:52	8:11	