US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**4:28**	5.3	**4:59**	6.3	**10:54**	0.2	**11:45**	0.5	5:28	8:29	
2	Tue	**5:28**	5.2	**5:55**	6.3	**11:49**	0.2			5:29	8:29	
3	Wed	**6:28**	5.2	**6:49**	6.4	**12:41**	0.3	**12:41**	0.2	5:29	8:29	
4	Thu	**7:25**	5.2	**7:41**	6.4	**1:34**	0.2	**1:33**	0.3	5:30	8:29	
5	Fri	**8:17**	5.3	**8:30**	6.4	**2:25**	0.2	**2:22**	0.4	5:30	8:29	
6	Sat	**9:05**	5.3	**9:16**	6.3	**3:14**	0.1	**3:10**	0.4	5:31	8:28	
7	Sun	**9:52**	5.3	**9:59**	6.1	**4:00**	0.1	**3:56**	0.5	5:32	8:28	
8	Mon	**10:37**	5.2	**10:41**	5.9	**4:43**	0.2	**4:40**	0.7	5:32	8:28	
9	Tue	**11:23**	5.1	**11:23**	5.6	**5:23**	0.3	**5:22**	0.9	5:33	8:27	
10	Wed			**12:08**	5.1	**6:00**	0.4	**6:04**	1.1	5:34	8:27	
11	Thu	**12:04**	5.4	**12:53**	5.1	**6:37**	0.6	**6:47**	1.3	5:34	8:26	
12	Fri	**12:47**	5.1	**1:37**	5.1	**7:15**	0.7	**7:34**	1.4	5:35	8:26	
13	Sat	**1:32**	4.9	**2:20**	5.2	**7:56**	0.9	**8:28**	1.5	5:36	8:25	
14	Sun	**2:20**	4.7	**3:04**	5.3	**8:43**	1.0	**9:29**	1.5	5:37	8:25	
15	Mon	**3:11**	4.6	**3:50**	5.4	**9:36**	1.1	**10:29**	1.3	5:37	8:24	
16	Tue	**4:06**	4.5	**4:40**	5.5	**10:33**	1.1	**11:27**	1.0	5:38	8:24	
17	Wed	**5:05**	4.5	**5:34**	5.7	**11:28**	1.0			5:39	8:23	
18	Thu	**6:04**	4.6	**6:28**	6.0	**12:22**	0.8	**12:20**	0.9	5:40	8:22	
19	Fri	**7:01**	4.8	**7:21**	6.3	**1:15**	0.5	**1:12**	0.6	5:41	8:22	
20	Sat	**7:53**	5.1	**8:12**	6.6	**2:07**	0.2	**2:04**	0.4	5:42	8:21	
21	Sun	**8:43**	5.4	**9:00**	6.8	**2:58**	-0.1	**2:56**	0.2	5:42	8:20	
22	Mon	**9:31**	5.6	**9:48**	6.9	**3:46**	-0.3	**3:47**	0.1	5:43	8:19	
23	Tue	**10:20**	5.8	**10:36**	6.7	**4:33**	-0.5	**4:37**	0.0	5:44	8:18	
24	Wed	**11:11**	6.0	**11:27**	6.5	**5:18**	-0.5	**5:28**	0.1	5:45	8:18	
25	Thu			**12:03**	6.1	**6:02**	-0.5	**6:19**	0.3	5:46	8:17	
26	Fri	**12:20**	6.2	**12:57**	6.2	**6:48**	-0.3	**7:14**	0.5	5:47	8:16	
27	Sat	**1:15**	5.8	**1:50**	6.2	**7:37**	-0.1	**8:15**	0.7	5:48	8:15	
28	Sun	**2:11**	5.5	**2:44**	6.2	**8:31**	0.2	**9:20**	0.8	5:49	8:14	
29	Mon	**3:09**	5.2	**3:39**	6.1	**9:30**	0.4	**10:26**	0.8	5:50	8:13	
30	Tue	**4:08**	5.0	**4:36**	6.0	**10:31**	0.6	**11:28**	0.7	5:51	8:12	
31	Wed	**5:10**	5.0	**5:34**	6.0	**11:29**	0.6			5:52	8:11	