US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:39	6.1	9:07	5.0	2:38	-0.1	3:25	-0.4	7:18	4:39	
2	Thu	9:22	6.1	9:53	5.0	3:22	-0.1	4:08	-0.4	7:18	4:40	
3	Fri	10:08	5.9	10:42	5.1	4:07	-0.1	4:51	-0.4	7:18	4:40	
4	Sat	10:59	5.7	11:36	5.2	4:55	0.1	5:36	-0.3	7:18	4:41	
5	Sun	11:54	5.4			5:48	0.2	6:24	-0.2	7:18	4:42	
6	Mon	12:32	5.3	12:53	5.1	6:49	0.4	7:20	0.0	7:18	4:43	
7	Tue	1:29	5.4	1:54	4.9	7:59	0.5	8:21	0.1	7:18	4:44	
8	Wed	2:27	5.5	2:57	4.7	9:11	0.4	9:25	0.1	7:18	4:45	
9	Thu	3:27	5.6	4:01	4.7	10:17	0.2	10:26	0.0	7:18	4:46	
10	Fri	4:28	5.7	5:04	4.8	11:17	0.0	11:22	-0.1	7:18	4:47	
11	Sat	5:27	5.8	6:03	5.0			12:12	-0.2	7:17	4:48	
12	Sun	6:23	6.0	6:57	5.1	12:16	-0.3	1:05	-0.4	7:17	4:49	
13	Mon	7:14	6.1	7:46	5.2	1:06	-0.3	1:54	-0.5	7:17	4:50	
14	Tue	8:00	6.1	8:31	5.3	1:55	-0.4	2:40	-0.5	7:16	4:52	
15	Wed	8:43	6.0	9:15	5.2	2:40	-0.3	3:22	-0.5	7:16	4:53	
16	Thu	9:25	5.8	9:59	5.1	3:23	-0.2	4:02	-0.3	7:16	4:54	
17	Fri	10:06	5.5	10:42	5.0	4:04	0.0	4:39	-0.2	7:15	4:55	
18	Sat	10:47	5.1	11:25	4.9	4:45	0.2	5:14	0.1	7:15	4:56	
19	Sun	11:29	4.8			5:26	0.5	5:50	0.3	7:14	4:57	
20	Mon	12:09	4.8	12:14	4.5	6:10	0.7	6:29	0.6	7:13	4:58	
21	Tue	12:53	4.8	1:02	4.2	7:01	0.9	7:16	0.8	7:13	5:00	
22	Wed	1:40	4.7	1:54	4.1	8:01	1.0	8:13	0.9	7:12	5:01	
23	Thu	2:29	4.7	2:50	4.0	9:06	1.0	9:16	1.0	7:11	5:02	
24	Fri	3:21	4.8	3:50	4.0	10:08	0.8	10:15	0.8	7:11	5:03	
25	Sat	4:18	4.9	4:50	4.2	11:04	0.6	11:09	0.6	7:10	5:04	
26	Sun	5:14	5.2	5:46	4.4	11:57	0.2			7:09	5:06	
27	Mon	6:06	5.6	6:36	4.7	12:00	0.3	12:47	-0.1	7:08	5:07	
28	Tue	6:55	5.9	7:22	5.0	12:48	0.0	1:35	-0.4	7:08	5:08	
29	Wed	7:40	6.2	8:07	5.3	1:36	-0.2	2:20	-0.6	7:07	5:09	
30	Thu	8:24	6.3	8:51	5.5	2:23	-0.4	3:04	-0.8	7:06	5:11	
31	Fri	9:08	6.3	9:36	5.7	3:10	-0.5	3:46	-0.8	7:05	5:12	