US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - May 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:50	5.5			5:52	-0.2	5:57	0.3	5:53	7:51	
2	Fri	12:03	6.2	12:48	5.2	6:44	0.2	6:49	0.6	5:52	7:52	
3	Sat	1:00	5.8	1:47	5.1	7:41	0.5	7:47	1.0	5:50	7:53	
4	Sun	1:58	5.5	2:45	5.0	8:41	0.7	8:50	1.2	5:49	7:54	
5	Mon	2:55	5.3	3:40	5.1	9:42	0.7	9:54	1.2	5:48	7:55	
6	Tue	3:50	5.2	4:34	5.2	10:36	0.7	10:54	1.1	5:47	7:56	
7	Wed	4:44	5.1	5:26	5.5	11:24	0.6	11:46	0.9	5:46	7:57	
8	Thu	5:37	5.0	6:14	5.7			12:07	0.5	5:45	7:58	
9	Fri	6:28	5.1	6:58	6.0	12:34	0.7	12:48	0.4	5:43	7:59	
10	Sat	7:14	5.1	7:39	6.1	1:19	0.5	1:28	0.4	5:42	8:00	
11	Sun	7:58	5.1	8:17	6.2	2:03	0.4	2:08	0.4	5:41	8:01	
12	Mon	8:38	5.1	8:53	6.1	2:45	0.3	2:48	0.6	5:40	8:02	
13	Tue	9:16	5.0	9:27	6.0	3:26	0.3	3:27	0.7	5:39	8:03	
14	Wed	9:53	4.9	10:00	5.9	4:06	0.3	4:04	0.9	5:38	8:04	
15	Thu	10:31	4.8	10:35	5.8	4:46	0.4	4:39	1.0	5:37	8:05	
16	Fri	11:12	4.7	11:14	5.7	5:26	0.5	5:14	1.1	5:36	8:06	
17	Sat	11:58	4.6			6:08	0.6	5:52	1.2	5:36	8:07	
18	Sun	12:02	5.6	12:52	4.6	6:54	0.7	6:39	1.3	5:35	8:08	
19	Mon	12:58	5.6	1:49	4.8	7:47	0.7	7:41	1.3	5:34	8:09	
20	Tue	1:58	5.5	2:46	5.1	8:46	0.6	8:58	1.2	5:33	8:10	
21	Wed	3:00	5.5	3:44	5.5	9:46	0.5	10:12	1.0	5:32	8:11	
22	Thu	4:02	5.5	4:41	5.9	10:43	0.3	11:18	0.6	5:32	8:11	
23	Fri	5:04	5.5	5:38	6.4	11:37	0.0			5:31	8:12	
24	Sat	6:06	5.6	6:34	6.8	12:18	0.2	12:29	-0.2	5:30	8:13	
25	Sun	7:05	5.7	7:28	7.0	1:14	-0.1	1:21	-0.3	5:30	8:14	
26	Mon	8:01	5.8	8:20	7.1	2:09	-0.4	2:14	-0.3	5:29	8:15	
27	Tue	8:54	5.8	9:10	7.1	3:03	-0.5	3:06	-0.2	5:28	8:16	
28	Wed	9:46	5.7	10:00	6.9	3:56	-0.5	3:58	-0.1	5:28	8:16	
29	Thu	10:39	5.6	10:51	6.5	4:47	-0.3	4:49	0.1	5:27	8:17	
30	Fri	11:33	5.4	11:44	6.2	5:36	-0.1	5:38	0.4	5:27	8:18	
31	Sat			12:29	5.3	6:26	0.1	6:28	0.7	5:26	8:19	