US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:50	4.7	2:27	5.4	8:01	1.0	8:46	1.4	5:52	8:10	
2	Sat	2:40	4.5	3:14	5.3	8:52	1.2	9:47	1.4	5:53	8:09	
3	Sun	3:33	4.4	4:04	5.3	9:51	1.3	10:48	1.3	5:54	8:08	
4	Mon	4:29	4.4	4:57	5.4	10:50	1.3	11:44	1.1	5:55	8:07	
5	Tue	5:27	4.5	5:52	5.6	11:44	1.2			5:56	8:05	
6	Wed	6:24	4.6	6:44	5.9	12:37	0.8	12:36	1.0	5:57	8:04	
7	Thu	7:16	4.9	7:33	6.2	1:27	0.5	1:25	0.8	5:58	8:03	
8	Fri	8:04	5.2	8:18	6.4	2:15	0.2	2:13	0.6	5:59	8:02	
9	Sat	8:48	5.4	9:01	6.6	3:00	0.0	3:00	0.4	6:00	8:00	
10	Sun	9:31	5.7	9:43	6.6	3:43	-0.2	3:47	0.3	6:01	7:59	
11	Mon	10:14	6.0	10:28	6.4	4:25	-0.3	4:34	0.2	6:02	7:58	
12	Tue	10:59	6.1	11:15	6.1	5:05	-0.3	5:21	0.3	6:03	7:57	
13	Wed	11:47	6.2			5:46	-0.2	6:10	0.4	6:04	7:55	
14	Thu	12:06	5.8	12:39	6.3	6:29	0.0	7:04	0.6	6:05	7:54	
15	Fri	1:02	5.5	1:34	6.2	7:18	0.3	8:06	0.8	6:06	7:53	
16	Sat	2:02	5.2	2:32	6.1	8:16	0.5	9:15	1.0	6:07	7:51	
17	Sun	3:04	5.0	3:32	6.0	9:22	0.7	10:26	0.9	6:08	7:50	
18	Mon	4:08	5.0	4:34	6.0	10:30	0.7	11:31	0.7	6:09	7:48	
19	Tue	5:13	5.0	5:37	6.1	11:33	0.6			6:10	7:47	
20	Wed	6:16	5.2	6:37	6.2	12:30	0.5	12:30	0.5	6:11	7:45	
21	Thu	7:13	5.5	7:30	6.4	1:22	0.2	1:22	0.3	6:12	7:44	
22	Fri	8:04	5.7	8:17	6.4	2:10	0.0	2:12	0.3	6:13	7:42	
23	Sat	8:50	5.9	9:00	6.4	2:55	-0.1	2:58	0.2	6:14	7:41	
24	Sun	9:32	6.0	9:41	6.2	3:36	-0.1	3:42	0.3	6:15	7:39	
25	Mon	10:13	6.0	10:20	5.9	4:14	0.0	4:24	0.4	6:16	7:38	
26	Tue	10:52	5.9	10:59	5.6	4:49	0.1	5:05	0.6	6:17	7:36	
27	Wed	11:31	5.8	11:38	5.2	5:23	0.4	5:44	0.8	6:18	7:35	
28	Thu			12:11	5.6	5:56	0.7	6:24	1.0	6:19	7:33	
29	Fri	12:20	4.9	12:53	5.4	6:30	1.0	7:07	1.3	6:20	7:32	
30	Sat	1:07	4.6	1:38	5.3	7:08	1.3	8:00	1.5	6:20	7:30	
31	Sun	1:59	4.5	2:27	5.2	7:57	1.5	9:04	1.6	6:21	7:28	