

































Rockaway Beach (inside), NY - Sep 2025

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 2:55 | 4.3 | 3:22 | 5.2 | 9:04 | 1.6 | 10:13 | 1.5 | 6:22 | 7:27 |  |
| 2 | Tue | 3:54 | 4.4 | 4:19 | 5.3 | 10:13 | 1.6 | 11:15 | 1.2 | 6:23 | 7:25 |  |
| 3 | Wed | 4:55 | 4.5 | 5:18 | 5.6 | 11:14 | 1.3 | | | 6:24 | 7:24 |  |
| 4 | Thu | 5:54 | 4.8 | 6:14 | 5.9 | 12:09 | 0.9 | 12:09 | 1.0 | 6:25 | 7:22 |  |
| 5 | Fri | 6:47 | 5.1 | 7:05 | 6.3 | 12:58 | 0.5 | 1:00 | 0.7 | 6:26 | 7:20 |  |
| 6 | Sat | 7:36 | 5.6 | 7:52 | 6.5 | 1:44 | 0.1 | 1:50 | 0.3 | 6:27 | 7:19 |  |
| 7 | Sun | 8:21 | 6.1 | 8:38 | 6.7 | 2:29 | -0.2 | 2:39 | 0.1 | 6:28 | 7:17 |  |
| 8 | Mon | 9:04 | 6.4 | 9:22 | 6.6 | 3:12 | -0.4 | 3:28 | -0.1 | 6:29 | 7:15 |  |
| 9 | Tue | 9:48 | 6.7 | 10:08 | 6.4 | 3:54 | -0.5 | 4:16 | -0.1 | 6:30 | 7:14 |  |
| 10 | Wed | 10:33 | 6.8 | 10:56 | 6.1 | 4:36 | -0.4 | 5:05 | -0.1 | 6:31 | 7:12 |  |
| 11 | Thu | 11:22 | 6.7 | 11:49 | 5.8 | 5:20 | -0.2 | 5:55 | 0.2 | 6:32 | 7:10 |  |
| 12 | Fri | | | 12:15 | 6.5 | 6:06 | 0.1 | 6:48 | 0.5 | 6:33 | 7:09 |  |
| 13 | Sat | 12:47 | 5.4 | 1:13 | 6.2 | 6:57 | 0.4 | 7:50 | 0.8 | 6:34 | 7:07 |  |
| 14 | Sun | 1:49 | 5.1 | 2:14 | 6.0 | 7:58 | 0.7 | 9:01 | 1.0 | 6:35 | 7:05 |  |
| 15 | Mon | 2:52 | 5.0 | 3:17 | 5.8 | 9:07 | 0.9 | 10:14 | 1.0 | 6:36 | 7:04 |  |
| 16 | Tue | 3:57 | 5.0 | 4:20 | 5.8 | 10:17 | 0.9 | 11:18 | 0.8 | 6:37 | 7:02 |  |
| 17 | Wed | 5:01 | 5.1 | 5:22 | 5.9 | 11:20 | 0.8 | | | 6:38 | 7:00 |  |
| 18 | Thu | 6:01 | 5.3 | 6:19 | 6.0 | 12:12 | 0.5 | 12:15 | 0.6 | 6:39 | 6:59 |  |
| 19 | Fri | 6:54 | 5.6 | 7:09 | 6.1 | 1:00 | 0.2 | 1:04 | 0.4 | 6:40 | 6:57 |  |
| 20 | Sat | 7:41 | 5.9 | 7:53 | 6.2 | 1:43 | 0.1 | 1:51 | 0.3 | 6:41 | 6:55 |  |
| 21 | Sun | 8:23 | 6.1 | 8:34 | 6.1 | 2:23 | 0.0 | 2:35 | 0.3 | 6:42 | 6:54 |  |
| 22 | Mon | 9:02 | 6.3 | 9:12 | 6.0 | 3:01 | 0.0 | 3:17 | 0.3 | 6:43 | 6:52 |  |
| 23 | Tue | 9:39 | 6.2 | 9:49 | 5.7 | 3:37 | 0.1 | 3:57 | 0.3 | 6:44 | 6:50 |  |
| 24 | Wed | 10:14 | 6.1 | 10:25 | 5.4 | 4:11 | 0.3 | 4:35 | 0.5 | 6:45 | 6:49 |  |
| 25 | Thu | 10:48 | 5.9 | 11:02 | 5.1 | 4:44 | 0.6 | 5:12 | 0.7 | 6:46 | 6:47 |  |
| 26 | Fri | 11:23 | 5.6 | 11:40 | 4.8 | 5:16 | 0.8 | 5:50 | 1.0 | 6:47 | 6:45 |  |
| 27 | Sat | | | 12:01 | 5.4 | 5:48 | 1.1 | 6:30 | 1.2 | 6:48 | 6:43 |  |
| 28 | Sun | 12:25 | 4.5 | 12:46 | 5.2 | 6:22 | 1.4 | 7:19 | 1.5 | 6:49 | 6:42 |  |
| 29 | Mon | 1:19 | 4.3 | 1:41 | 5.1 | 7:05 | 1.6 | 8:25 | 1.6 | 6:50 | 6:40 |  |
| 30 | Tue | 2:20 | 4.3 | 2:41 | 5.1 | 8:13 | 1.7 | 9:38 | 1.5 | 6:51 | 6:38 |  |