US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**4:10**	5.9	**4:38**	5.3	**10:50**	0.1	**11:05**	-0.3	6:59	4:28	
2	Tue	**5:06**	6.3	**5:37**	5.5	**11:46**	-0.3	**11:56**	-0.5	7:00	4:28	
3	Wed	**6:01**	6.7	**6:33**	5.6			**12:41**	-0.6	7:01	4:28	
4	Thu	**6:53**	6.9	**7:25**	5.7	**12:48**	-0.7	**1:34**	-0.7	7:02	4:28	
5	Fri	**7:44**	6.9	**8:17**	5.7	**1:39**	-0.7	**2:27**	-0.7	7:03	4:28	
6	Sat	**8:34**	6.8	**9:08**	5.6	**2:31**	-0.7	**3:19**	-0.7	7:04	4:28	
7	Sun	**9:25**	6.5	**10:01**	5.4	**3:22**	-0.5	**4:09**	-0.5	7:05	4:28	
8	Mon	**10:17**	6.2	**10:57**	5.2	**4:12**	-0.3	**5:00**	-0.3	7:06	4:28	
9	Tue	**11:11**	5.8	**11:54**	5.0	**5:02**	0.1	**5:50**	0.0	7:07	4:28	
10	Wed			**12:07**	5.4	**5:55**	0.4	**6:43**	0.2	7:08	4:28	
11	Thu	**12:50**	4.9	**1:01**	5.1	**6:52**	0.7	**7:37**	0.4	7:09	4:28	
12	Fri	**1:44**	4.9	**1:55**	4.8	**7:54**	0.9	**8:31**	0.5	7:09	4:28	
13	Sat	**2:36**	5.0	**2:48**	4.6	**8:57**	0.9	**9:23**	0.5	7:10	4:28	
14	Sun	**3:27**	5.1	**3:42**	4.5	**9:54**	0.8	**10:11**	0.4	7:11	4:28	
15	Mon	**4:16**	5.3	**4:35**	4.5	**10:46**	0.6	**10:56**	0.4	7:11	4:29	
16	Tue	**5:04**	5.4	**5:26**	4.6	**11:33**	0.4	**11:40**	0.3	7:12	4:29	
17	Wed	**5:51**	5.5	**6:14**	4.7			**12:18**	0.2	7:13	4:29	
18	Thu	**6:34**	5.6	**6:58**	4.7	**12:24**	0.3	**1:02**	0.1	7:13	4:30	
19	Fri	**7:14**	5.7	**7:38**	4.8	**1:06**	0.3	**1:46**	0.0	7:14	4:30	
20	Sat	**7:52**	5.7	**8:17**	4.7	**1:48**	0.3	**2:28**	0.0	7:15	4:31	
21	Sun	**8:28**	5.7	**8:54**	4.7	**2:27**	0.3	**3:10**	0.0	7:15	4:31	
22	Mon	**9:03**	5.6	**9:33**	4.6	**3:05**	0.4	**3:50**	0.0	7:15	4:32	
23	Tue	**9:40**	5.6	**10:14**	4.5	**3:42**	0.5	**4:29**	0.1	7:16	4:32	
24	Wed	**10:20**	5.5	**11:00**	4.6	**4:20**	0.5	**5:09**	0.1	7:16	4:33	
25	Thu	**11:08**	5.3	**11:51**	4.7	**5:01**	0.6	**5:50**	0.2	7:17	4:33	
26	Fri			**12:03**	5.1	**5:51**	0.7	**6:38**	0.2	7:17	4:34	
27	Sat	**12:46**	4.9	**1:03**	5.0	**6:55**	0.7	**7:34**	0.3	7:17	4:35	
28	Sun	**1:42**	5.2	**2:05**	4.8	**8:11**	0.7	**8:37**	0.2	7:18	4:35	
29	Mon	**2:40**	5.5	**3:09**	4.8	**9:24**	0.5	**9:39**	0.1	7:18	4:36	
30	Tue	**3:40**	5.8	**4:14**	4.9	**10:30**	0.1	**10:39**	-0.2	7:18	4:37	
31	Wed	**4:42**	6.0	**5:17**	5.0	**11:30**	-0.2	**11:37**	-0.4	7:18	4:38	