









Rockaway Beach (inside), NY - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:10	5.9	4:38	5.3	10:50	0.1	11:05	-0.3	6:59	4:28	
2	Tue	5:06	6.3	5:37	5.5	11:46	-0.3	11:56	-0.5	7:00	4:28	
3	Wed	6:01	6.7	6:33	5.6			12:41	-0.6	7:01	4:28	
4	Thu	6:53	6.9	7:25	5.7	12:48	-0.7	1:34	-0.7	7:02	4:28	
5	Fri	7:44	6.9	8:17	5.7	1:39	-0.7	2:27	-0.7	7:03	4:28	
6	Sat	8:34	6.8	9:08	5.6	2:31	-0.7	3:19	-0.7	7:04	4:28	
7	Sun	9:25	6.5	10:01	5.4	3:22	-0.5	4:09	-0.5	7:05	4:28	
8	Mon	10:17	6.2	10:57	5.2	4:12	-0.3	5:00	-0.3	7:06	4:28	
9	Tue	11:11	5.8	11:54	5.0	5:02	0.1	5:50	0.0	7:07	4:28	
10	Wed			12:07	5.4	5:55	0.4	6:43	0.2	7:08	4:28	
11	Thu	12:50	4.9	1:01	5.1	6:52	0.7	7:37	0.4	7:09	4:28	
12	Fri	1:44	4.9	1:55	4.8	7:54	0.9	8:31	0.5	7:09	4:28	
13	Sat	2:36	5.0	2:48	4.6	8:57	0.9	9:23	0.5	7:10	4:28	
14	Sun	3:27	5.1	3:42	4.5	9:54	0.8	10:11	0.4	7:11	4:28	
15	Mon	4:16	5.3	4:35	4.5	10:46	0.6	10:56	0.4	7:11	4:29	
16	Tue	5:04	5.4	5:26	4.6	11:33	0.4	11:40	0.3	7:12	4:29	
17	Wed	5:51	5.5	6:14	4.7			12:18	0.2	7:13	4:29	
18	Thu	6:34	5.6	6:58	4.7	12:24	0.3	1:02	0.1	7:13	4:30	
19	Fri	7:14	5.7	7:38	4.8	1:06	0.3	1:46	0.0	7:14	4:30	
20	Sat	7:52	5.7	8:17	4.7	1:48	0.3	2:28	0.0	7:15	4:31	
21	Sun	8:28	5.7	8:54	4.7	2:27	0.3	3:10	0.0	7:15	4:31	
22	Mon	9:03	5.6	9:33	4.6	3:05	0.4	3:50	0.0	7:15	4:32	
23	Tue	9:40	5.6	10:14	4.5	3:42	0.5	4:29	0.1	7:16	4:32	
24	Wed	10:20	5.5	11:00	4.6	4:20	0.5	5:09	0.1	7:16	4:33	
25	Thu	11:08	5.3	11:51	4.7	5:01	0.6	5:50	0.2	7:17	4:33	
26	Fri			12:03	5.1	5:51	0.7	6:38	0.2	7:17	4:34	
27	Sat	12:46	4.9	1:03	5.0	6:55	0.7	7:34	0.3	7:17	4:35	
28	Sun	1:42	5.2	2:05	4.8	8:11	0.7	8:37	0.2	7:18	4:35	
29	Mon	2:40	5.5	3:09	4.8	9:24	0.5	9:39	0.1	7:18	4:36	
30	Tue	3:40	5.8	4:14	4.9	10:30	0.1	10:39	-0.2	7:18	4:37	
31	Wed	4:42	6.0	5:17	5.0	11:30	-0.2	11:37	-0.4	7:18	4:38	