

































Rockaway Beach (inside), NY - Apr 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 8:18 | 5.8 | 8:43 | 6.3 | 2:19 | -0.2 | 2:40 | -0.3 | 6:38 | 7:19 |  |
| 2 | Thu | 8:59 | 5.7 | 9:21 | 6.4 | 3:02 | -0.2 | 3:18 | -0.2 | 6:36 | 7:20 |  |
| 3 | Fri | 9:38 | 5.6 | 9:57 | 6.2 | 3:43 | -0.2 | 3:54 | 0.0 | 6:35 | 7:21 |  |
| 4 | Sat | 10:16 | 5.3 | 10:32 | 6.0 | 4:22 | -0.1 | 4:29 | 0.3 | 6:33 | 7:22 |  |
| 5 | Sun | 10:54 | 5.1 | 11:08 | 5.7 | 5:00 | 0.1 | 5:03 | 0.6 | 6:31 | 7:24 |  |
| 6 | Mon | 11:33 | 4.8 | 11:45 | 5.4 | 5:37 | 0.4 | 5:37 | 0.9 | 6:30 | 7:25 |  |
| 7 | Tue | | | 12:16 | 4.5 | 6:15 | 0.7 | 6:11 | 1.1 | 6:28 | 7:26 |  |
| 8 | Wed | 12:26 | 5.1 | 1:04 | 4.3 | 6:58 | 1.0 | 6:50 | 1.4 | 6:26 | 7:27 |  |
| 9 | Thu | 1:14 | 4.9 | 1:59 | 4.2 | 7:52 | 1.2 | 7:44 | 1.6 | 6:25 | 7:28 |  |
| 10 | Fri | 2:10 | 4.9 | 2:58 | 4.2 | 9:00 | 1.3 | 9:02 | 1.7 | 6:23 | 7:29 |  |
| 11 | Sat | 3:10 | 4.9 | 3:57 | 4.4 | 10:07 | 1.1 | 10:17 | 1.5 | 6:22 | 7:30 |  |
| 12 | Sun | 4:11 | 5.0 | 4:55 | 4.7 | 11:06 | 0.8 | 11:20 | 1.2 | 6:20 | 7:31 |  |
| 13 | Mon | 5:11 | 5.2 | 5:50 | 5.2 | 11:57 | 0.5 | | | 6:19 | 7:32 |  |
| 14 | Tue | 6:09 | 5.4 | 6:40 | 5.7 | 12:15 | 0.7 | 12:44 | 0.1 | 6:17 | 7:33 |  |
| 15 | Wed | 7:03 | 5.7 | 7:28 | 6.3 | 1:08 | 0.3 | 1:29 | -0.1 | 6:16 | 7:34 |  |
| 16 | Thu | 7:53 | 5.9 | 8:13 | 6.7 | 1:58 | -0.1 | 2:14 | -0.3 | 6:14 | 7:35 |  |
| 17 | Fri | 8:41 | 5.9 | 8:58 | 7.0 | 2:48 | -0.4 | 2:59 | -0.4 | 6:13 | 7:36 |  |
| 18 | Sat | 9:28 | 5.9 | 9:44 | 7.0 | 3:38 | -0.6 | 3:46 | -0.4 | 6:11 | 7:37 |  |
| 19 | Sun | 10:17 | 5.8 | 10:32 | 6.9 | 4:27 | -0.6 | 4:33 | -0.3 | 6:10 | 7:38 |  |
| 20 | Mon | 11:09 | 5.6 | 11:24 | 6.6 | 5:17 | -0.4 | 5:22 | -0.1 | 6:08 | 7:39 |  |
| 21 | Tue | | | 12:06 | 5.4 | 6:09 | -0.1 | 6:13 | 0.2 | 6:07 | 7:40 |  |
| 22 | Wed | 12:21 | 6.3 | 1:06 | 5.2 | 7:04 | 0.2 | 7:10 | 0.5 | 6:05 | 7:41 |  |
| 23 | Thu | 1:22 | 6.0 | 2:08 | 5.1 | 8:06 | 0.4 | 8:15 | 0.8 | 6:04 | 7:42 |  |
| 24 | Fri | 2:23 | 5.7 | 3:09 | 5.2 | 9:12 | 0.5 | 9:24 | 0.9 | 6:02 | 7:43 |  |
| 25 | Sat | 3:23 | 5.5 | 4:09 | 5.3 | 10:15 | 0.5 | 10:30 | 0.8 | 6:01 | 7:44 |  |
| 26 | Sun | 4:22 | 5.4 | 5:06 | 5.5 | 11:10 | 0.3 | 11:28 | 0.7 | 6:00 | 7:45 |  |
| 27 | Mon | 5:19 | 5.4 | 5:59 | 5.8 | 11:59 | 0.2 | | | 5:58 | 7:46 |  |
| 28 | Tue | 6:14 | 5.4 | 6:47 | 6.1 | 12:21 | 0.5 | 12:43 | 0.1 | 5:57 | 7:47 |  |
| 29 | Wed | 7:04 | 5.4 | 7:31 | 6.3 | 1:09 | 0.3 | 1:24 | 0.1 | 5:56 | 7:49 |  |
| 30 | Thu | 7:49 | 5.4 | 8:12 | 6.4 | 1:54 | 0.1 | 2:04 | 0.1 | 5:54 | 7:50 |  |