
































## Rockaway Beach (inside), NY - Jun 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:27	4.9	9:37	5.9	3:36	0.4	3:35	0.8	5:26	8:19	
2	Tue	10:07	4.8	10:13	5.8	4:18	0.4	4:14	1.0	5:26	8:20	
3	Wed	10:47	4.7	10:49	5.6	4:58	0.5	4:51	1.1	5:25	8:21	
4	Thu	11:29	4.6	11:27	5.5	5:38	0.6	5:28	1.3	5:25	8:21	
5	Fri			12:14	4.6	6:17	0.6	6:05	1.4	5:25	8:22	
6	Sat	12:10	5.4	1:02	4.7	6:59	0.7	6:50	1.4	5:24	8:23	
7	Sun	1:01	5.3	1:52	4.9	7:44	0.7	7:48	1.4	5:24	8:23	
8	Mon	1:56	5.3	2:43	5.2	8:35	0.7	9:00	1.3	5:24	8:24	
9	Tue	2:54	5.2	3:36	5.6	9:32	0.6	10:11	1.1	5:24	8:24	
10	Wed	3:55	5.1	4:31	6.0	10:29	0.5	11:16	0.7	5:24	8:25	
11	Thu	4:58	5.1	5:28	6.4	11:25	0.3			5:23	8:26	
12	Fri	6:01	5.2	6:26	6.7	12:16	0.3	12:21	0.1	5:23	8:26	
13	Sat	7:02	5.4	7:23	6.9	1:14	0.0	1:16	-0.1	5:23	8:26	
14	Sun	8:00	5.6	8:18	7.1	2:10	-0.2	2:11	-0.2	5:23	8:27	
15	Mon	8:55	5.7	9:11	7.1	3:06	-0.4	3:07	-0.2	5:23	8:27	
16	Tue	9:49	5.8	10:03	7.0	4:00	-0.5	4:01	-0.2	5:23	8:28	
17	Wed	10:43	5.8	10:56	6.7	4:51	-0.5	4:54	-0.1	5:24	8:28	
18	Thu	11:38	5.7	11:49	6.4	5:41	-0.4	5:45	0.1	5:24	8:28	
19	Fri			12:34	5.7	6:29	-0.3	6:37	0.4	5:24	8:29	
20	Sat	12:42	6.1	1:28	5.7	7:18	-0.1	7:31	0.7	5:24	8:29	
21	Sun	1:35	5.7	2:19	5.7	8:07	0.2	8:28	0.9	5:24	8:29	
22	Mon	2:27	5.4	3:08	5.8	8:57	0.4	9:27	1.0	5:24	8:29	
23	Tue	3:18	5.1	3:57	5.8	9:47	0.5	10:25	1.0	5:25	8:29	
24	Wed	4:10	4.9	4:46	5.8	10:37	0.6	11:19	0.9	5:25	8:30	
25	Thu	5:03	4.7	5:35	5.8	11:25	0.7			5:25	8:30	
26	Fri	5:57	4.7	6:24	5.9	12:10	0.8	12:12	0.7	5:26	8:30	
27	Sat	6:49	4.7	7:11	5.9	12:57	0.7	12:58	0.8	5:26	8:30	
28	Sun	7:38	4.8	7:56	5.9	1:44	0.6	1:44	0.8	5:27	8:30	
29	Mon	8:23	4.9	8:37	5.9	2:30	0.5	2:29	0.8	5:27	8:30	
30	Tue	9:06	4.9	9:15	5.9	3:15	0.4	3:12	0.9	5:27	8:30	