US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jun 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:27**	4.9	**9:37**	5.9	**3:36**	0.4	**3:35**	0.8	5:26	8:19	
2	Tue	**10:07**	4.8	**10:13**	5.8	**4:18**	0.4	**4:14**	1.0	5:26	8:20	
3	Wed	**10:47**	4.7	**10:49**	5.6	**4:58**	0.5	**4:51**	1.1	5:25	8:21	
4	Thu	**11:29**	4.6	**11:27**	5.5	**5:38**	0.6	**5:28**	1.3	5:25	8:21	
5	Fri			**12:14**	4.6	**6:17**	0.6	**6:05**	1.4	5:25	8:22	
6	Sat	**12:10**	5.4	**1:02**	4.7	**6:59**	0.7	**6:50**	1.4	5:24	8:23	
7	Sun	**1:01**	5.3	**1:52**	4.9	**7:44**	0.7	**7:48**	1.4	5:24	8:23	
8	Mon	**1:56**	5.3	**2:43**	5.2	**8:35**	0.7	**9:00**	1.3	5:24	8:24	
9	Tue	**2:54**	5.2	**3:36**	5.6	**9:32**	0.6	**10:11**	1.1	5:24	8:24	
10	Wed	**3:55**	5.1	**4:31**	6.0	**10:29**	0.5	**11:16**	0.7	5:24	8:25	
11	Thu	**4:58**	5.1	**5:28**	6.4	**11:25**	0.3			5:23	8:26	
12	Fri	**6:01**	5.2	**6:26**	6.7	**12:16**	0.3	**12:21**	0.1	5:23	8:26	
13	Sat	**7:02**	5.4	**7:23**	6.9	**1:14**	0.0	**1:16**	-0.1	5:23	8:26	
14	Sun	**8:00**	5.6	**8:18**	7.1	**2:10**	-0.2	**2:11**	-0.2	5:23	8:27	
15	Mon	**8:55**	5.7	**9:11**	7.1	**3:06**	-0.4	**3:07**	-0.2	5:23	8:27	
16	Tue	**9:49**	5.8	**10:03**	7.0	**4:00**	-0.5	**4:01**	-0.2	5:23	8:28	
17	Wed	**10:43**	5.8	**10:56**	6.7	**4:51**	-0.5	**4:54**	-0.1	5:24	8:28	
18	Thu	**11:38**	5.7	**11:49**	6.4	**5:41**	-0.4	**5:45**	0.1	5:24	8:28	
19	Fri			**12:34**	5.7	**6:29**	-0.3	**6:37**	0.4	5:24	8:29	
20	Sat	**12:42**	6.1	**1:28**	5.7	**7:18**	-0.1	**7:31**	0.7	5:24	8:29	
21	Sun	**1:35**	5.7	**2:19**	5.7	**8:07**	0.2	**8:28**	0.9	5:24	8:29	
22	Mon	**2:27**	5.4	**3:08**	5.8	**8:57**	0.4	**9:27**	1.0	5:24	8:29	
23	Tue	**3:18**	5.1	**3:57**	5.8	**9:47**	0.5	**10:25**	1.0	5:25	8:29	
24	Wed	**4:10**	4.9	**4:46**	5.8	**10:37**	0.6	**11:19**	0.9	5:25	8:30	
25	Thu	**5:03**	4.7	**5:35**	5.8	**11:25**	0.7			5:25	8:30	
26	Fri	**5:57**	4.7	**6:24**	5.9	**12:10**	0.8	**12:12**	0.7	5:26	8:30	
27	Sat	**6:49**	4.7	**7:11**	5.9	**12:57**	0.7	**12:58**	0.8	5:26	8:30	
28	Sun	**7:38**	4.8	**7:56**	5.9	**1:44**	0.6	**1:44**	0.8	5:27	8:30	
29	Mon	**8:23**	4.9	**8:37**	5.9	**2:30**	0.5	**2:29**	0.8	5:27	8:30	
30	Tue	**9:06**	4.9	**9:15**	5.9	**3:15**	0.4	**3:12**	0.9	5:27	8:30	