US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**10:37**	5.4	**10:42**	5.9	**4:48**	0.1	**4:52**	0.8	5:52	8:10	
2	Sun	**11:16**	5.5	**11:24**	5.7	**5:23**	0.2	**5:32**	0.8	5:53	8:09	
3	Mon	**11:59**	5.7			**5:59**	0.3	**6:16**	0.8	5:54	8:08	
4	Tue	**12:12**	5.4	**12:47**	5.8	**6:36**	0.4	**7:07**	0.9	5:55	8:07	
5	Wed	**1:07**	5.2	**1:41**	5.9	**7:22**	0.5	**8:11**	1.0	5:56	8:06	
6	Thu	**2:08**	5.0	**2:39**	6.0	**8:20**	0.7	**9:25**	1.0	5:57	8:04	
7	Fri	**3:12**	4.9	**3:41**	6.1	**9:30**	0.7	**10:38**	0.9	5:58	8:03	
8	Sat	**4:18**	4.9	**4:45**	6.2	**10:40**	0.6	**11:44**	0.6	5:59	8:02	
9	Sun	**5:25**	5.1	**5:50**	6.4	**11:45**	0.4			6:00	8:01	
10	Mon	**6:30**	5.3	**6:52**	6.6	**12:43**	0.3	**12:44**	0.2	6:01	8:00	
11	Tue	**7:29**	5.7	**7:47**	6.8	**1:38**	-0.1	**1:40**	0.0	6:02	7:58	
12	Wed	**8:23**	6.0	**8:38**	6.9	**2:30**	-0.3	**2:34**	-0.2	6:03	7:57	
13	Thu	**9:12**	6.2	**9:25**	6.8	**3:18**	-0.5	**3:24**	-0.2	6:04	7:56	
14	Fri	**9:59**	6.3	**10:10**	6.6	**4:03**	-0.5	**4:13**	-0.1	6:05	7:54	
15	Sat	**10:45**	6.3	**10:55**	6.2	**4:45**	-0.4	**4:58**	0.1	6:06	7:53	
16	Sun	**11:30**	6.2	**11:40**	5.8	**5:25**	-0.2	**5:43**	0.3	6:07	7:51	
17	Mon			**12:15**	6.0	**6:03**	0.1	**6:27**	0.6	6:08	7:50	
18	Tue	**12:27**	5.4	**1:01**	5.8	**6:42**	0.5	**7:14**	1.0	6:09	7:49	
19	Wed	**1:16**	5.0	**1:48**	5.6	**7:23**	0.9	**8:06**	1.2	6:10	7:47	
20	Thu	**2:07**	4.7	**2:37**	5.4	**8:12**	1.2	**9:05**	1.4	6:11	7:46	
21	Fri	**3:00**	4.5	**3:29**	5.3	**9:11**	1.4	**10:09**	1.4	6:11	7:44	
22	Sat	**3:55**	4.4	**4:24**	5.3	**10:13**	1.4	**11:08**	1.3	6:12	7:43	
23	Sun	**4:53**	4.5	**5:19**	5.4	**11:11**	1.3			6:13	7:41	
24	Mon	**5:51**	4.6	**6:13**	5.6	**12:02**	1.1	**12:04**	1.2	6:14	7:40	
25	Tue	**6:44**	4.9	**7:01**	5.8	**12:51**	0.8	**12:53**	1.0	6:15	7:38	
26	Wed	**7:31**	5.1	**7:44**	6.0	**1:36**	0.5	**1:39**	0.8	6:16	7:37	
27	Thu	**8:13**	5.4	**8:24**	6.2	**2:19**	0.2	**2:24**	0.7	6:17	7:35	
28	Fri	**8:52**	5.7	**9:03**	6.2	**3:00**	0.1	**3:07**	0.5	6:18	7:34	
29	Sat	**9:29**	5.9	**9:41**	6.1	**3:39**	0.0	**3:50**	0.4	6:19	7:32	
30	Sun	**10:06**	6.1	**10:21**	6.0	**4:16**	0.0	**4:32**	0.4	6:20	7:30	
31	Mon	**10:46**	6.2	**11:04**	5.7	**4:53**	0.1	**5:15**	0.5	6:21	7:29	