US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Sep 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:30	6.2	11:54	5.4	5:30	0.2	6:01	0.6	6:22	7:27	
2	Wed			12:21	6.2	6:11	0.4	6:54	0.8	6:23	7:26	
3	Thu	12:52	5.1	1:19	6.1	7:00	0.6	7:58	1.0	6:24	7:24	
4	Fri	1:55	5.0	2:22	6.0	8:03	0.8	9:13	1.1	6:25	7:22	
5	Sat	3:01	4.9	3:27	6.0	9:17	0.9	10:27	1.0	6:26	7:21	
6	Sun	4:08	5.0	4:33	6.1	10:30	0.8	11:32	0.6	6:27	7:19	
7	Mon	5:14	5.2	5:37	6.2	11:34	0.5			6:28	7:17	
8	Tue	6:16	5.6	6:36	6.4	12:28	0.3	12:32	0.3	6:29	7:16	
9	Wed	7:12	5.9	7:29	6.6	1:18	-0.1	1:25	0.0	6:30	7:14	
10	Thu	8:02	6.3	8:16	6.6	2:05	-0.3	2:15	-0.1	6:31	7:12	
11	Fri	8:48	6.5	9:00	6.5	2:49	-0.4	3:03	-0.1	6:32	7:11	
12	Sat	9:30	6.6	9:43	6.3	3:31	-0.4	3:48	-0.1	6:33	7:09	
13	Sun	10:11	6.5	10:24	6.0	4:10	-0.2	4:31	0.1	6:34	7:07	
14	Mon	10:51	6.3	11:06	5.6	4:47	0.1	5:12	0.4	6:35	7:06	
15	Tue	11:33	6.0	11:50	5.2	5:23	0.4	5:53	0.7	6:36	7:04	
16	Wed			12:16	5.7	6:00	0.8	6:36	1.0	6:37	7:02	
17	Thu	12:38	4.8	1:04	5.4	6:39	1.1	7:25	1.3	6:38	7:01	
18	Fri	1:29	4.5	1:55	5.2	7:25	1.4	8:24	1.5	6:39	6:59	
19	Sat	2:25	4.4	2:50	5.1	8:26	1.6	9:31	1.6	6:40	6:57	
20	Sun	3:23	4.4	3:47	5.1	9:35	1.7	10:35	1.4	6:41	6:56	
21	Mon	4:21	4.5	4:43	5.3	10:39	1.5	11:30	1.1	6:42	6:54	
22	Tue	5:18	4.7	5:37	5.5	11:35	1.3			6:43	6:52	
23	Wed	6:11	5.0	6:27	5.7	12:18	0.7	12:25	1.0	6:44	6:51	
24	Thu	6:58	5.4	7:13	6.0	1:02	0.4	1:12	0.7	6:45	6:49	
25	Fri	7:40	5.8	7:56	6.1	1:44	0.1	1:58	0.4	6:46	6:47	
26	Sat	8:20	6.2	8:37	6.2	2:24	-0.1	2:43	0.2	6:46	6:46	
27	Sun	8:59	6.5	9:19	6.1	3:04	-0.1	3:28	0.1	6:47	6:44	
28	Mon	9:38	6.6	10:02	5.9	3:44	-0.1	4:14	0.0	6:48	6:42	
29	Tue	10:21	6.7	10:48	5.7	4:25	0.0	5:00	0.1	6:49	6:41	
30	Wed	11:08	6.5	11:41	5.4	5:07	0.2	5:49	0.4	6:50	6:39	