US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Oct 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:02	6.3	5:54	0.4	6:44	0.7	6:51	6:37	
2	Fri	12:41	5.1	1:04	6.1	6:48	0.6	7:49	0.9	6:53	6:36	
3	Sat	1:46	4.9	2:09	5.9	7:53	0.9	9:02	1.0	6:54	6:34	
4	Sun	2:53	4.9	3:15	5.8	9:07	0.9	10:13	0.8	6:55	6:32	
5	Mon	3:58	5.1	4:19	5.9	10:19	0.8	11:14	0.5	6:56	6:31	
6	Tue	5:01	5.4	5:19	6.0	11:22	0.6			6:57	6:29	
7	Wed	5:59	5.8	6:15	6.1	12:06	0.1	12:17	0.3	6:58	6:27	
8	Thu	6:51	6.1	7:06	6.2	12:53	-0.1	1:07	0.1	6:59	6:26	
9	Fri	7:38	6.4	7:52	6.2	1:36	-0.3	1:54	0.0	7:00	6:24	
10	Sat	8:20	6.6	8:35	6.1	2:17	-0.3	2:39	-0.1	7:01	6:23	
11	Sun	9:00	6.6	9:16	5.9	2:57	-0.2	3:22	-0.1	7:02	6:21	
12	Mon	9:38	6.5	9:56	5.6	3:35	0.0	4:03	0.1	7:03	6:20	
13	Tue	10:16	6.2	10:35	5.3	4:12	0.3	4:43	0.3	7:04	6:18	
14	Wed	10:54	5.9	11:16	5.0	4:48	0.6	5:23	0.6	7:05	6:16	
15	Thu	11:34	5.6			5:24	0.9	6:04	0.9	7:06	6:15	
16	Fri	12:01	4.6	12:20	5.3	6:01	1.2	6:50	1.2	7:07	6:13	
17	Sat	12:53	4.4	1:11	5.0	6:44	1.5	7:45	1.4	7:08	6:12	
18	Sun	1:50	4.3	2:07	4.9	7:39	1.7	8:50	1.5	7:09	6:10	
19	Mon	2:48	4.3	3:04	5.0	8:50	1.8	9:55	1.3	7:10	6:09	
20	Tue	3:45	4.4	4:00	5.1	10:01	1.6	10:51	1.0	7:12	6:08	
21	Wed	4:40	4.7	4:55	5.3	11:02	1.3	11:39	0.6	7:13	6:06	
22	Thu	5:32	5.2	5:49	5.5	11:55	0.9			7:14	6:05	
23	Fri	6:20	5.6	6:39	5.7	12:24	0.3	12:44	0.5	7:15	6:03	
24	Sat	7:05	6.1	7:27	5.9	1:07	0.0	1:33	0.1	7:16	6:02	
25	Sun	7:48	6.5	8:13	5.9	1:49	-0.2	2:20	-0.2	7:17	6:01	
26	Mon	8:31	6.8	8:59	5.9	2:32	-0.3	3:09	-0.3	7:18	5:59	
27	Tue	9:15	6.9	9:45	5.8	3:17	-0.3	3:57	-0.3	7:19	5:58	
28	Wed	10:02	6.9	10:35	5.6	4:03	-0.2	4:47	-0.2	7:21	5:57	
29	Thu	10:52	6.6	11:30	5.3	4:51	-0.1	5:39	0.1	7:22	5:55	
30	Fri	11:49	6.3			5:42	0.2	6:35	0.3	7:23	5:54	
31	Sat	12:31	5.1	12:51	6.0	6:38	0.4	7:36	0.5	7:24	5:53	