
































## Rockaway Beach (inside), NY - Jul 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:42	5.3	4:20	6.2	10:14	0.3	11:00	0.6	5:28	8:29	
2	Sun	4:41	5.1	5:16	6.2	11:10	0.3	11:57	0.5	5:29	8:29	
3	Mon	5:41	5.1	6:12	6.2			12:04	0.4	5:29	8:29	
4	Tue	6:39	5.1	7:05	6.3	12:51	0.3	12:56	0.4	5:30	8:29	
5	Wed	7:34	5.2	7:55	6.3	1:42	0.2	1:45	0.4	5:30	8:29	
6	Thu	8:23	5.2	8:41	6.3	2:31	0.2	2:33	0.5	5:31	8:28	
7	Fri	9:09	5.3	9:24	6.2	3:17	0.1	3:18	0.5	5:32	8:28	
8	Sat	9:53	5.3	10:05	6.0	4:00	0.1	4:02	0.7	5:32	8:28	
9	Sun	10:36	5.2	10:45	5.8	4:40	0.2	4:43	0.8	5:33	8:27	
10	Mon	11:18	5.2	11:24	5.5	5:18	0.2	5:23	1.0	5:34	8:27	
11	Tue	11:59	5.2			5:54	0.4	6:03	1.1	5:34	8:26	
12	Wed	12:04	5.2	12:41	5.2	6:30	0.5	6:44	1.3	5:35	8:26	
13	Thu	12:46	5.0	1:23	5.2	7:07	0.7	7:30	1.4	5:36	8:25	
14	Fri	1:31	4.8	2:06	5.3	7:47	0.9	8:25	1.5	5:37	8:25	
15	Sat	2:21	4.7	2:52	5.4	8:36	1.0	9:29	1.4	5:38	8:24	
16	Sun	3:15	4.6	3:41	5.5	9:34	1.0	10:34	1.3	5:38	8:24	
17	Mon	4:13	4.6	4:36	5.7	10:35	1.0	11:34	1.0	5:39	8:23	
18	Tue	5:14	4.6	5:34	6.0	11:32	0.8			5:40	8:22	
19	Wed	6:15	4.8	6:32	6.3	12:31	0.6	12:28	0.5	5:41	8:22	
20	Thu	7:12	5.1	7:27	6.6	1:25	0.3	1:22	0.3	5:42	8:21	
21	Fri	8:05	5.5	8:19	6.9	2:17	-0.1	2:15	0.0	5:42	8:20	
22	Sat	8:56	5.8	9:08	7.0	3:07	-0.3	3:08	-0.2	5:43	8:19	
23	Sun	9:45	6.1	9:57	7.0	3:55	-0.6	4:00	-0.3	5:44	8:18	
24	Mon	10:35	6.3	10:47	6.7	4:41	-0.7	4:52	-0.3	5:45	8:18	
25	Tue	11:27	6.4	11:38	6.4	5:26	-0.7	5:43	-0.1	5:46	8:17	
26	Wed			12:19	6.4	6:12	-0.5	6:35	0.1	5:47	8:16	
27	Thu	12:32	6.0	1:13	6.4	6:59	-0.2	7:30	0.4	5:48	8:15	
28	Fri	1:27	5.7	2:07	6.3	7:50	0.1	8:31	0.7	5:49	8:14	
29	Sat	2:24	5.3	3:01	6.1	8:47	0.4	9:35	0.8	5:50	8:13	
30	Sun	3:22	5.1	3:57	6.0	9:48	0.6	10:39	0.8	5:51	8:12	
31	Mon	4:21	5.0	4:54	5.9	10:48	0.7	11:38	0.7	5:52	8:11	