



























## Rockaway Beach (inside), NY - Aug 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:21	4.9	5:51	5.9	11:44	0.7			5:53	8:10	
2	Wed	6:20	5.0	6:46	6.0	12:32	0.6	12:36	0.7	5:54	8:09	
3	Thu	7:14	5.1	7:35	6.1	1:22	0.4	1:24	0.6	5:54	8:07	
4	Fri	8:02	5.3	8:20	6.1	2:08	0.3	2:11	0.6	5:55	8:06	
5	Sat	8:46	5.4	9:00	6.1	2:51	0.2	2:55	0.6	5:56	8:05	
6	Sun	9:27	5.5	9:38	6.0	3:31	0.1	3:37	0.6	5:57	8:04	
7	Mon	10:05	5.5	10:14	5.8	4:09	0.1	4:18	0.7	5:58	8:03	
8	Tue	10:42	5.5	10:49	5.5	4:44	0.2	4:56	0.9	5:59	8:01	
9	Wed	11:18	5.5	11:25	5.2	5:18	0.4	5:33	1.0	6:00	8:00	
10	Thu	11:53	5.4			5:50	0.6	6:09	1.2	6:01	7:59	
11	Fri	12:04	5.0	12:32	5.4	6:23	0.8	6:49	1.3	6:02	7:58	
12	Sat	12:48	4.8	1:15	5.4	6:58	1.0	7:38	1.4	6:03	7:56	
13	Sun	1:41	4.6	2:05	5.4	7:43	1.1	8:46	1.5	6:04	7:55	
14	Mon	2:39	4.5	3:02	5.6	8:46	1.2	10:00	1.3	6:05	7:54	
15	Tue	3:42	4.6	4:03	5.8	9:59	1.1	11:08	1.1	6:06	7:52	
16	Wed	4:46	4.7	5:06	6.1	11:05	0.9			6:07	7:51	
17	Thu	5:50	5.0	6:08	6.4	12:07	0.7	12:05	0.5	6:08	7:49	
18	Fri	6:49	5.4	7:06	6.7	1:01	0.2	1:02	0.1	6:09	7:48	
19	Sat	7:43	5.9	7:59	7.0	1:52	-0.2	1:56	-0.2	6:10	7:46	
20	Sun	8:34	6.4	8:49	7.1	2:41	-0.5	2:50	-0.4	6:11	7:45	
21	Mon	9:23	6.7	9:37	7.0	3:28	-0.7	3:42	-0.5	6:12	7:44	
22	Tue	10:11	6.9	10:26	6.7	4:14	-0.8	4:33	-0.5	6:13	7:42	
23	Wed	11:00	6.9	11:16	6.4	4:59	-0.7	5:23	-0.3	6:14	7:41	
24	Thu	11:51	6.7			5:44	-0.4	6:14	0.0	6:15	7:39	
25	Fri	12:09	5.9	12:44	6.5	6:31	-0.1	7:07	0.4	6:16	7:37	
26	Sat	1:05	5.5	1:39	6.2	7:22	0.4	8:06	0.8	6:17	7:36	
27	Sun	2:03	5.2	2:36	5.9	8:19	0.7	9:11	1.0	6:18	7:34	
28	Mon	3:02	5.0	3:33	5.7	9:22	1.0	10:17	1.0	6:19	7:33	
29	Tue	4:01	4.9	4:31	5.7	10:26	1.1	11:17	0.9	6:20	7:31	
30	Wed	5:01	4.9	5:29	5.7	11:23	1.0			6:21	7:30	
31	Thu	5:58	5.0	6:23	5.8	12:10	0.7	12:15	0.9	6:22	7:28	