US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:00	6.3	8:36	5.3	2:06	-0.4	2:48	-0.6	7:18	4:39	
2	Tue	8:48	6.4	9:24	5.4	2:48	-0.5	3:36	-0.7	7:18	4:40	
3	Wed	9:30	6.3	10:12	5.5	3:36	-0.5	4:18	-0.7	7:18	4:41	
4	Thu	10:24	6.0	11:00	5.5	4:24	-0.4	5:00	-0.6	7:18	4:41	
5	Fri	11:12	5.7	11:54	5.6	5:18	-0.2	5:48	-0.4	7:18	4:42	
6	Sat			12:12	5.4	6:12	0.0	6:42	-0.2	7:18	4:43	
7	Sun	12:54	5.6	1:12	5.1	7:12	0.2	7:42	0.0	7:18	4:44	
8	Mon	1:54	5.6	2:12	4.9	8:24	0.3	8:42	0.1	7:18	4:45	
9	Tue	2:48	5.6	3:12	4.8	9:30	0.3	9:48	0.1	7:18	4:46	
10	Wed	3:48	5.6	4:18	4.8	10:36	0.1	10:48	0.0	7:18	4:47	
11	Thu	4:48	5.7	5:18	4.9	11:30	-0.1	11:42	-0.1	7:17	4:48	
12	Fri	5:48	5.8	6:12	5.1			12:24	-0.3	7:17	4:49	
13	Sat	6:42	6.0	7:06	5.2	12:30	-0.2	1:12	-0.5	7:17	4:51	
14	Sun	7:24	6.0	7:48	5.3	1:18	-0.3	2:00	-0.5	7:16	4:52	
15	Mon	8:12	6.0	8:36	5.3	2:06	-0.3	2:42	-0.6	7:16	4:53	
16	Tue	8:48	5.9	9:12	5.3	2:48	-0.2	3:18	-0.5	7:16	4:54	
17	Wed	9:30	5.6	9:54	5.2	3:30	-0.1	4:00	-0.4	7:15	4:55	
18	Thu	10:06	5.3	10:36	5.1	4:06	0.1	4:36	-0.2	7:15	4:56	
19	Fri	10:48	5.0	11:18	4.9	4:48	0.3	5:06	0.0	7:14	4:57	
20	Sat	11:30	4.7	11:54	4.8	5:24	0.6	5:42	0.3	7:13	4:58	
21	Sun			12:12	4.4	6:06	0.8	6:24	0.5	7:13	5:00	
22	Mon	12:42	4.7	1:06	4.2	7:00	1.0	7:12	0.8	7:12	5:01	
23	Tue	1:30	4.7	2:00	4.1	8:00	1.1	8:12	0.9	7:11	5:02	
24	Wed	2:18	4.8	3:00	4.1	9:12	1.0	9:18	0.8	7:11	5:03	
25	Thu	3:18	4.9	4:00	4.2	10:12	0.8	10:18	0.6	7:10	5:04	
26	Fri	4:18	5.1	5:00	4.4	11:12	0.4	11:12	0.3	7:09	5:06	
27	Sat	5:12	5.5	5:54	4.7			12:06	0.0	7:08	5:07	
28	Sun	6:06	5.9	6:42	5.1	12:06	-0.1	12:54	-0.3	7:07	5:08	
29	Mon	7:00	6.2	7:30	5.5	12:54	-0.4	1:42	-0.7	7:07	5:09	
30	Tue	7:48	6.5	8:18	5.8	1:48	-0.7	2:30	-0.9	7:06	5:11	
31	Wed	8:30	6.5	9:06	6.0	2:36	-0.9	3:12	-1.0	7:05	5:12	