US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Mar 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:13	6.5	8:43	6.7	2:19	-1.0	2:46	-1.1	6:28	5:46	
2	Fri	9:01	6.4	9:30	6.8	3:08	-1.1	3:31	-1.0	6:26	5:47	
3	Sat	9:50	6.1	10:19	6.6	3:57	-1.0	4:16	-0.8	6:25	5:49	
4	Sun	10:41	5.8	11:10	6.3	4:46	-0.7	5:02	-0.5	6:23	5:50	
5	Mon	11:36	5.4			5:37	-0.3	5:52	-0.1	6:21	5:51	
6	Tue	12:05	6.0	12:34	5.1	6:33	0.1	6:48	0.4	6:20	5:52	
7	Wed	1:03	5.6	1:34	4.8	7:36	0.4	7:53	0.7	6:18	5:53	
8	Thu	2:03	5.4	2:35	4.7	8:45	0.6	9:02	0.8	6:17	5:54	
9	Fri	3:04	5.2	3:37	4.7	9:50	0.6	10:05	0.7	6:15	5:55	
10	Sat	4:05	5.2	4:38	4.9	10:47	0.4	11:01	0.6	6:13	5:56	
11	Sun	6:03	5.3	6:33	5.1			12:37	0.2	7:12	6:57	
12	Mon	6:55	5.5	7:21	5.4	12:51	0.4	1:21	0.0	7:10	6:59	
13	Tue	7:41	5.6	8:04	5.7	1:37	0.2	2:02	-0.2	7:09	7:00	
14	Wed	8:22	5.6	8:42	5.8	2:20	0.1	2:41	-0.2	7:07	7:01	
15	Thu	9:01	5.6	9:18	5.9	3:02	0.0	3:18	-0.2	7:05	7:02	
16	Fri	9:37	5.5	9:51	5.9	3:41	0.0	3:54	-0.1	7:04	7:03	
17	Sat	10:12	5.3	10:23	5.7	4:18	0.1	4:28	0.1	7:02	7:04	
18	Sun	10:46	5.1	10:54	5.6	4:53	0.2	5:00	0.3	7:00	7:05	
19	Mon	11:21	4.8	11:25	5.4	5:28	0.4	5:32	0.6	6:59	7:06	
20	Tue			12:00	4.6	6:02	0.6	6:03	0.8	6:57	7:07	
21	Wed	12:03	5.3	12:48	4.4	6:41	0.8	6:39	1.0	6:55	7:08	
22	Thu	12:53	5.2	1:45	4.3	7:33	1.0	7:32	1.1	6:54	7:09	
23	Fri	1:52	5.2	2:48	4.4	8:47	1.1	8:51	1.2	6:52	7:10	
24	Sat	2:58	5.3	3:52	4.6	10:03	0.9	10:11	1.0	6:50	7:11	
25	Sun	4:05	5.4	4:55	4.9	11:08	0.6	11:19	0.6	6:49	7:12	
26	Mon	5:11	5.6	5:56	5.4			12:04	0.2	6:47	7:13	
27	Tue	6:14	5.9	6:52	6.0	12:19	0.1	12:55	-0.3	6:46	7:14	
28	Wed	7:11	6.2	7:44	6.6	1:15	-0.4	1:44	-0.6	6:44	7:15	
29	Thu	8:04	6.4	8:33	7.0	2:08	-0.7	2:32	-0.8	6:42	7:17	
30	Fri	8:54	6.4	9:20	7.2	3:00	-1.0	3:20	-0.9	6:41	7:18	
31	Sat	9:43	6.3	10:08	7.1	3:51	-1.0	4:07	-0.8	6:39	7:19	