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# Rockaway Beach (inside), NY - Apr 2029

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 10:32 | 6.1 | 10:57 | 6.9 | 4:41 | -0.9 | 4:54 | -0.6 | 6:37 | 7:20 | |
| 2 | Mon | 11:24 | 5.8 | 11:48 | 6.5 | 5:30 | -0.6 | 5:41 | -0.2 | 6:36 | 7:21 | |
| 3 | Tue | | | 12:19 | 5.5 | 6:20 | -0.3 | 6:31 | 0.2 | 6:34 | 7:22 | |
| 4 | Wed | 12:43 | 6.1 | 1:16 | 5.2 | 7:13 | 0.1 | 7:25 | 0.6 | 6:32 | 7:23 | |
| 5 | Thu | 1:40 | 5.7 | 2:15 | 5.0 | 8:12 | 0.5 | 8:27 | 0.9 | 6:31 | 7:24 | |
| 6 | Fri | 2:38 | 5.4 | 3:13 | 4.9 | 9:16 | 0.7 | 9:33 | 1.1 | 6:29 | 7:25 | |
| 7 | Sat | 3:36 | 5.2 | 4:11 | 4.9 | 10:18 | 0.7 | 10:37 | 1.0 | 6:28 | 7:26 | |
| 8 | Sun | 4:33 | 5.2 | 5:07 | 5.1 | 11:13 | 0.6 | 11:34 | 0.9 | 6:26 | 7:27 | |
| 9 | Mon | 5:29 | 5.2 | 6:00 | 5.4 | | | 12:00 | 0.4 | 6:24 | 7:28 | |
| 10 | Tue | 6:22 | 5.2 | 6:48 | 5.6 | 12:24 | 0.7 | 12:44 | 0.2 | 6:23 | 7:29 | |
| 11 | Wed | 7:09 | 5.3 | 7:31 | 5.9 | 1:10 | 0.5 | 1:25 | 0.1 | 6:21 | 7:30 | |
| 12 | Thu | 7:53 | 5.4 | 8:10 | 6.0 | 1:53 | 0.3 | 2:05 | 0.1 | 6:20 | 7:31 | |
| 13 | Fri | 8:33 | 5.4 | 8:46 | 6.1 | 2:35 | 0.2 | 2:44 | 0.1 | 6:18 | 7:32 | |
| 14 | Sat | 9:11 | 5.3 | 9:20 | 6.1 | 3:16 | 0.2 | 3:22 | 0.2 | 6:17 | 7:33 | |
| 15 | Sun | 9:47 | 5.2 | 9:52 | 6.0 | 3:55 | 0.2 | 3:59 | 0.4 | 6:15 | 7:34 | |
| 16 | Mon | 10:23 | 5.1 | 10:23 | 5.9 | 4:32 | 0.3 | 4:34 | 0.6 | 6:14 | 7:35 | |
| 17 | Tue | 10:59 | 4.9 | 10:57 | 5.8 | 5:09 | 0.4 | 5:07 | 0.8 | 6:12 | 7:36 | |
| 18 | Wed | 11:41 | 4.7 | 11:38 | 5.7 | 5:47 | 0.6 | 5:42 | 0.9 | 6:11 | 7:37 | |
| 19 | Thu | | | 12:30 | 4.6 | 6:28 | 0.7 | 6:21 | 1.0 | 6:09 | 7:38 | |
| 20 | Fri | 12:28 | 5.6 | 1:26 | 4.6 | 7:18 | 0.8 | 7:15 | 1.1 | 6:08 | 7:39 | |
| 21 | Sat | 1:29 | 5.5 | 2:26 | 4.8 | 8:21 | 0.9 | 8:27 | 1.1 | 6:06 | 7:40 | |
| 22 | Sun | 2:33 | 5.5 | 3:27 | 5.0 | 9:30 | 0.8 | 9:45 | 1.0 | 6:05 | 7:42 | |
| 23 | Mon | 3:37 | 5.6 | 4:27 | 5.5 | 10:33 | 0.5 | 10:55 | 0.6 | 6:03 | 7:43 | |
| 24 | Tue | 4:42 | 5.7 | 5:27 | 6.0 | 11:30 | 0.2 | 11:57 | 0.2 | 6:02 | 7:44 | |
| 25 | Wed | 5:45 | 5.8 | 6:24 | 6.5 | | | 12:23 | -0.2 | 6:01 | 7:45 | |
| 26 | Thu | 6:45 | 6.0 | 7:18 | 6.9 | 12:54 | -0.2 | 1:14 | -0.4 | 5:59 | 7:46 | |
| 27 | Fri | 7:41 | 6.1 | 8:09 | 7.2 | 1:48 | -0.6 | 2:04 | -0.6 | 5:58 | 7:47 | |
| 28 | Sat | 8:33 | 6.2 | 8:58 | 7.3 | 2:42 | -0.8 | 2:54 | -0.6 | 5:57 | 7:48 | |
| 29 | Sun | 9:24 | 6.1 | 9:47 | 7.2 | 3:33 | -0.8 | 3:44 | -0.5 | 5:55 | 7:49 | |
| 30 | Mon | 10:15 | 6.0 | 10:36 | 6.9 | 4:24 | -0.7 | 4:33 | -0.3 | 5:54 | 7:50 | |