US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jul 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:13	5.7	12:49	5.4	6:37	0.2	6:53	1.0	5:28	8:30	
2	Mon	1:00	5.3	1:35	5.4	7:18	0.4	7:41	1.2	5:29	8:29	
3	Tue	1:47	5.0	2:20	5.4	8:02	0.7	8:36	1.4	5:29	8:29	
4	Wed	2:35	4.8	3:06	5.4	8:50	0.8	9:34	1.4	5:30	8:29	
5	Thu	3:25	4.6	3:53	5.4	9:43	0.9	10:33	1.3	5:30	8:29	
6	Fri	4:18	4.6	4:42	5.5	10:37	0.9	11:28	1.1	5:31	8:28	
7	Sat	5:13	4.6	5:33	5.6	11:29	0.9			5:32	8:28	
8	Sun	6:09	4.7	6:24	5.8	12:20	0.9	12:19	0.8	5:32	8:28	
9	Mon	7:02	4.8	7:12	6.0	1:11	0.6	1:08	0.7	5:33	8:27	
10	Tue	7:51	5.0	7:58	6.3	1:59	0.4	1:56	0.5	5:34	8:27	
11	Wed	8:36	5.2	8:42	6.5	2:47	0.2	2:44	0.4	5:34	8:27	
12	Thu	9:20	5.4	9:25	6.5	3:33	0.0	3:31	0.3	5:35	8:26	
13	Fri	10:05	5.6	10:10	6.5	4:16	-0.2	4:18	0.2	5:36	8:26	
14	Sat	10:51	5.7	10:56	6.4	4:59	-0.2	5:05	0.2	5:37	8:25	
15	Sun	11:39	5.9	11:46	6.1	5:41	-0.2	5:53	0.3	5:37	8:24	
16	Mon			12:31	6.0	6:24	-0.1	6:45	0.4	5:38	8:24	
17	Tue	12:40	5.9	1:25	6.1	7:10	0.0	7:43	0.6	5:39	8:23	
18	Wed	1:37	5.6	2:20	6.2	8:03	0.2	8:47	0.7	5:40	8:22	
19	Thu	2:36	5.4	3:16	6.2	9:03	0.3	9:55	0.7	5:41	8:22	
20	Fri	3:37	5.2	4:15	6.3	10:07	0.4	11:00	0.6	5:41	8:21	
21	Sat	4:40	5.2	5:15	6.3	11:09	0.4			5:42	8:20	
22	Sun	5:43	5.2	6:14	6.4	12:00	0.4	12:07	0.3	5:43	8:19	
23	Mon	6:44	5.3	7:10	6.5	12:56	0.2	1:02	0.2	5:44	8:19	
24	Tue	7:39	5.5	8:02	6.6	1:48	0.0	1:53	0.2	5:45	8:18	
25	Wed	8:30	5.6	8:48	6.5	2:37	-0.1	2:43	0.2	5:46	8:17	
26	Thu	9:16	5.7	9:32	6.4	3:23	-0.2	3:30	0.3	5:47	8:16	
27	Fri	10:00	5.8	10:14	6.2	4:06	-0.2	4:14	0.4	5:48	8:15	
28	Sat	10:43	5.7	10:56	5.9	4:45	-0.1	4:56	0.5	5:49	8:14	
29	Sun	11:25	5.6	11:37	5.5	5:23	0.1	5:37	0.7	5:50	8:13	
30	Mon			12:07	5.6	5:59	0.3	6:18	1.0	5:50	8:12	
31	Tue	12:21	5.2	12:50	5.5	6:35	0.5	7:01	1.2	5:51	8:11	