

































## Rockaway Beach (inside), NY - Aug 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:06	4.9	1:34	5.4	7:14	0.8	7:50	1.4	5:52	8:10	
2	Thu	1:54	4.7	2:19	5.3	7:59	1.0	8:47	1.5	5:53	8:09	
3	Fri	2:44	4.6	3:07	5.3	8:54	1.2	9:51	1.5	5:54	8:08	
4	Sat	3:39	4.5	3:59	5.4	9:54	1.2	10:53	1.3	5:55	8:07	
5	Sun	4:36	4.5	4:54	5.6	10:53	1.1	11:50	1.0	5:56	8:05	
6	Mon	5:35	4.7	5:49	5.8	11:48	0.9			5:57	8:04	
7	Tue	6:31	4.9	6:43	6.1	12:43	0.7	12:40	0.7	5:58	8:03	
8	Wed	7:23	5.2	7:33	6.4	1:32	0.3	1:31	0.4	5:59	8:02	
9	Thu	8:10	5.6	8:20	6.7	2:19	0.0	2:21	0.2	6:00	8:00	
10	Fri	8:56	5.9	9:06	6.8	3:05	-0.2	3:10	0.0	6:01	7:59	
11	Sat	9:41	6.2	9:51	6.7	3:49	-0.4	4:00	-0.1	6:02	7:58	
12	Sun	10:27	6.4	10:38	6.5	4:32	-0.5	4:48	-0.1	6:03	7:57	
13	Mon	11:15	6.5	11:29	6.2	5:15	-0.4	5:38	0.0	6:04	7:55	
14	Tue			12:07	6.5	5:59	-0.2	6:30	0.2	6:05	7:54	
15	Wed	12:23	5.8	1:02	6.4	6:47	0.0	7:26	0.5	6:06	7:52	
16	Thu	1:21	5.5	1:59	6.3	7:41	0.3	8:29	0.7	6:07	7:51	
17	Fri	2:21	5.3	2:57	6.1	8:43	0.6	9:38	0.8	6:08	7:50	
18	Sat	3:23	5.1	3:57	6.1	9:50	0.7	10:44	0.7	6:09	7:48	
19	Sun	4:25	5.1	4:58	6.1	10:54	0.7	11:44	0.5	6:10	7:47	
20	Mon	5:28	5.2	5:57	6.1	11:52	0.6			6:11	7:45	
21	Tue	6:27	5.4	6:52	6.3	12:38	0.3	12:45	0.4	6:12	7:44	
22	Wed	7:20	5.6	7:41	6.4	1:26	0.1	1:35	0.4	6:13	7:42	
23	Thu	8:08	5.8	8:26	6.4	2:12	0.0	2:21	0.3	6:14	7:41	
24	Fri	8:51	6.0	9:07	6.3	2:54	-0.1	3:05	0.3	6:15	7:39	
25	Sat	9:31	6.0	9:46	6.1	3:33	-0.1	3:48	0.4	6:16	7:38	
26	Sun	10:09	6.0	10:24	5.8	4:10	0.0	4:28	0.5	6:17	7:36	
27	Mon	10:46	5.9	11:02	5.5	4:46	0.2	5:06	0.7	6:18	7:35	
28	Tue	11:23	5.7	11:41	5.1	5:20	0.4	5:44	0.9	6:19	7:33	
29	Wed			12:01	5.5	5:55	0.7	6:23	1.2	6:20	7:32	
30	Thu	12:24	4.9	12:42	5.4	6:30	1.0	7:06	1.4	6:21	7:30	
31	Fri	1:12	4.6	1:29	5.3	7:11	1.2	8:01	1.5	6:21	7:28	