
































## Rockaway Beach (inside), NY - Dec 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:30	5.8	3:50	5.3	10:06	0.2	10:27	-0.1	6:59	4:28	
2	Sun	4:28	6.2	4:52	5.4	11:06	-0.2	11:21	-0.4	7:00	4:28	
3	Mon	5:26	6.5	5:51	5.6			12:01	-0.5	7:01	4:28	
4	Tue	6:20	6.8	6:46	5.8	12:14	-0.6	12:55	-0.8	7:02	4:28	
5	Wed	7:12	6.9	7:38	5.8	1:06	-0.7	1:48	-0.9	7:03	4:28	
6	Thu	8:03	6.9	8:29	5.8	1:57	-0.7	2:39	-0.9	7:04	4:28	
7	Fri	8:52	6.7	9:19	5.6	2:48	-0.6	3:29	-0.8	7:05	4:28	
8	Sat	9:41	6.4	10:11	5.4	3:37	-0.4	4:17	-0.6	7:06	4:28	
9	Sun	10:31	6.0	11:03	5.2	4:25	-0.1	5:04	-0.3	7:07	4:28	
10	Mon	11:23	5.6	11:57	5.0	5:13	0.2	5:51	0.0	7:08	4:28	
11	Tue			12:16	5.3	6:04	0.6	6:40	0.2	7:09	4:28	
12	Wed	12:50	5.0	1:08	4.9	6:59	0.8	7:31	0.4	7:09	4:28	
13	Thu	1:41	4.9	2:01	4.7	8:00	1.0	8:25	0.5	7:10	4:28	
14	Fri	2:32	5.0	2:54	4.5	9:02	1.0	9:18	0.5	7:11	4:28	
15	Sat	3:22	5.1	3:48	4.5	9:59	0.8	10:08	0.5	7:11	4:29	
16	Sun	4:13	5.2	4:42	4.5	10:50	0.6	10:56	0.4	7:12	4:29	
17	Mon	5:02	5.3	5:33	4.6	11:38	0.4	11:42	0.2	7:13	4:29	
18	Tue	5:49	5.5	6:20	4.8			12:24	0.2	7:13	4:30	
19	Wed	6:32	5.6	7:04	4.9	12:27	0.2	1:09	0.1	7:14	4:30	
20	Thu	7:13	5.7	7:45	4.9	1:10	0.1	1:52	-0.1	7:15	4:31	
21	Fri	7:51	5.8	8:24	4.9	1:52	0.1	2:35	-0.1	7:15	4:31	
22	Sat	8:27	5.9	9:03	4.9	2:33	0.1	3:16	-0.2	7:15	4:32	
23	Sun	9:04	5.8	9:43	4.9	3:13	0.1	3:55	-0.2	7:16	4:32	
24	Mon	9:44	5.8	10:26	4.9	3:53	0.1	4:34	-0.1	7:16	4:33	
25	Tue	10:29	5.6	11:15	5.0	4:35	0.2	5:14	0.0	7:17	4:33	
26	Wed	11:20	5.4			5:22	0.3	5:58	0.1	7:17	4:34	
27	Thu	12:08	5.1	12:18	5.2	6:17	0.4	6:50	0.1	7:17	4:35	
28	Fri	1:05	5.3	1:19	5.0	7:24	0.5	7:51	0.2	7:18	4:35	
29	Sat	2:03	5.5	2:22	4.9	8:36	0.4	8:58	0.1	7:18	4:36	
30	Sun	3:03	5.7	3:27	4.9	9:45	0.2	10:01	0.0	7:18	4:37	
31	Mon	4:04	5.9	4:32	5.0	10:48	-0.1	11:03	-0.3	7:18	4:38	