

































Rockaway Beach (inside), NY - Apr 2030

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 7:44 | 5.7 | 8:05 | 6.2 | 1:44 | 0.0 | 2:02 | -0.2 | 6:38 | 7:19 |  |
| 2 | Tue | 8:27 | 5.7 | 8:44 | 6.3 | 2:28 | -0.1 | 2:42 | -0.2 | 6:36 | 7:20 |  |
| 3 | Wed | 9:07 | 5.7 | 9:21 | 6.2 | 3:10 | -0.1 | 3:20 | -0.1 | 6:34 | 7:21 |  |
| 4 | Thu | 9:46 | 5.5 | 9:57 | 6.1 | 3:50 | -0.1 | 3:58 | 0.1 | 6:33 | 7:23 |  |
| 5 | Fri | 10:24 | 5.3 | 10:31 | 5.9 | 4:28 | 0.1 | 4:34 | 0.3 | 6:31 | 7:24 |  |
| 6 | Sat | 11:02 | 5.0 | 11:05 | 5.6 | 5:05 | 0.3 | 5:09 | 0.5 | 6:30 | 7:25 |  |
| 7 | Sun | 11:42 | 4.8 | 11:41 | 5.4 | 5:42 | 0.5 | 5:44 | 0.8 | 6:28 | 7:26 |  |
| 8 | Mon | | | 12:25 | 4.6 | 6:19 | 0.8 | 6:20 | 1.0 | 6:26 | 7:27 |  |
| 9 | Tue | 12:21 | 5.2 | 1:15 | 4.4 | 7:02 | 1.0 | 7:02 | 1.3 | 6:25 | 7:28 |  |
| 10 | Wed | 1:11 | 5.1 | 2:09 | 4.4 | 7:57 | 1.1 | 8:00 | 1.4 | 6:23 | 7:29 |  |
| 11 | Thu | 2:08 | 5.1 | 3:06 | 4.5 | 9:04 | 1.1 | 9:14 | 1.4 | 6:22 | 7:30 |  |
| 12 | Fri | 3:09 | 5.1 | 4:04 | 4.8 | 10:10 | 1.0 | 10:25 | 1.1 | 6:20 | 7:31 |  |
| 13 | Sat | 4:11 | 5.2 | 5:02 | 5.2 | 11:09 | 0.7 | 11:27 | 0.7 | 6:19 | 7:32 |  |
| 14 | Sun | 5:14 | 5.4 | 5:57 | 5.7 | | | 12:01 | 0.3 | 6:17 | 7:33 |  |
| 15 | Mon | 6:13 | 5.7 | 6:50 | 6.2 | 12:24 | 0.3 | 12:50 | 0.0 | 6:16 | 7:34 |  |
| 16 | Tue | 7:09 | 5.9 | 7:40 | 6.7 | 1:17 | -0.2 | 1:38 | -0.3 | 6:14 | 7:35 |  |
| 17 | Wed | 8:02 | 6.1 | 8:28 | 7.1 | 2:10 | -0.5 | 2:27 | -0.5 | 6:13 | 7:36 |  |
| 18 | Thu | 8:52 | 6.2 | 9:16 | 7.2 | 3:02 | -0.8 | 3:15 | -0.6 | 6:11 | 7:37 |  |
| 19 | Fri | 9:42 | 6.2 | 10:05 | 7.2 | 3:53 | -0.9 | 4:04 | -0.5 | 6:10 | 7:38 |  |
| 20 | Sat | 10:33 | 6.0 | 10:55 | 7.0 | 4:43 | -0.8 | 4:53 | -0.4 | 6:08 | 7:39 |  |
| 21 | Sun | 11:27 | 5.8 | 11:50 | 6.6 | 5:33 | -0.6 | 5:43 | -0.1 | 6:07 | 7:40 |  |
| 22 | Mon | | | 12:24 | 5.6 | 6:25 | -0.3 | 6:36 | 0.2 | 6:05 | 7:41 |  |
| 23 | Tue | 12:47 | 6.3 | 1:23 | 5.4 | 7:20 | 0.0 | 7:34 | 0.5 | 6:04 | 7:42 |  |
| 24 | Wed | 1:45 | 5.9 | 2:22 | 5.3 | 8:19 | 0.2 | 8:38 | 0.8 | 6:02 | 7:43 |  |
| 25 | Thu | 2:43 | 5.7 | 3:20 | 5.4 | 9:21 | 0.4 | 9:44 | 0.9 | 6:01 | 7:44 |  |
| 26 | Fri | 3:40 | 5.5 | 4:16 | 5.5 | 10:20 | 0.3 | 10:46 | 0.8 | 6:00 | 7:45 |  |
| 27 | Sat | 4:37 | 5.4 | 5:11 | 5.6 | 11:13 | 0.3 | 11:41 | 0.7 | 5:58 | 7:46 |  |
| 28 | Sun | 5:32 | 5.4 | 6:02 | 5.8 | | | 12:00 | 0.2 | 5:57 | 7:48 |  |
| 29 | Mon | 6:25 | 5.4 | 6:50 | 6.0 | 12:31 | 0.5 | 12:44 | 0.1 | 5:56 | 7:49 |  |
| 30 | Tue | 7:14 | 5.4 | 7:33 | 6.2 | 1:18 | 0.3 | 1:26 | 0.1 | 5:54 | 7:50 |  |