US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Apr 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:44**	5.7	**8:05**	6.2	**1:44**	0.0	**2:02**	-0.2	6:38	7:19	
2	Tue	**8:27**	5.7	**8:44**	6.3	**2:28**	-0.1	**2:42**	-0.2	6:36	7:20	
3	Wed	**9:07**	5.7	**9:21**	6.2	**3:10**	-0.1	**3:20**	-0.1	6:34	7:21	
4	Thu	**9:46**	5.5	**9:57**	6.1	**3:50**	-0.1	**3:58**	0.1	6:33	7:23	
5	Fri	**10:24**	5.3	**10:31**	5.9	**4:28**	0.1	**4:34**	0.3	6:31	7:24	
6	Sat	**11:02**	5.0	**11:05**	5.6	**5:05**	0.3	**5:09**	0.5	6:30	7:25	
7	Sun	**11:42**	4.8	**11:41**	5.4	**5:42**	0.5	**5:44**	0.8	6:28	7:26	
8	Mon			**12:25**	4.6	**6:19**	0.8	**6:20**	1.0	6:26	7:27	
9	Tue	**12:21**	5.2	**1:15**	4.4	**7:02**	1.0	**7:02**	1.3	6:25	7:28	
10	Wed	**1:11**	5.1	**2:09**	4.4	**7:57**	1.1	**8:00**	1.4	6:23	7:29	
11	Thu	**2:08**	5.1	**3:06**	4.5	**9:04**	1.1	**9:14**	1.4	6:22	7:30	
12	Fri	**3:09**	5.1	**4:04**	4.8	**10:10**	1.0	**10:25**	1.1	6:20	7:31	
13	Sat	**4:11**	5.2	**5:02**	5.2	**11:09**	0.7	**11:27**	0.7	6:19	7:32	
14	Sun	**5:14**	5.4	**5:57**	5.7			**12:01**	0.3	6:17	7:33	
15	Mon	**6:13**	5.7	**6:50**	6.2	**12:24**	0.3	**12:50**	0.0	6:16	7:34	
16	Tue	**7:09**	5.9	**7:40**	6.7	**1:17**	-0.2	**1:38**	-0.3	6:14	7:35	
17	Wed	**8:02**	6.1	**8:28**	7.1	**2:10**	-0.5	**2:27**	-0.5	6:13	7:36	
18	Thu	**8:52**	6.2	**9:16**	7.2	**3:02**	-0.8	**3:15**	-0.6	6:11	7:37	
19	Fri	**9:42**	6.2	**10:05**	7.2	**3:53**	-0.9	**4:04**	-0.5	6:10	7:38	
20	Sat	**10:33**	6.0	**10:55**	7.0	**4:43**	-0.8	**4:53**	-0.4	6:08	7:39	
21	Sun	**11:27**	5.8	**11:50**	6.6	**5:33**	-0.6	**5:43**	-0.1	6:07	7:40	
22	Mon			**12:24**	5.6	**6:25**	-0.3	**6:36**	0.2	6:05	7:41	
23	Tue	**12:47**	6.3	**1:23**	5.4	**7:20**	0.0	**7:34**	0.5	6:04	7:42	
24	Wed	**1:45**	5.9	**2:22**	5.3	**8:19**	0.2	**8:38**	0.8	6:02	7:43	
25	Thu	**2:43**	5.7	**3:20**	5.4	**9:21**	0.4	**9:44**	0.9	6:01	7:44	
26	Fri	**3:40**	5.5	**4:16**	5.5	**10:20**	0.3	**10:46**	0.8	6:00	7:45	
27	Sat	**4:37**	5.4	**5:11**	5.6	**11:13**	0.3	**11:41**	0.7	5:58	7:46	
28	Sun	**5:32**	5.4	**6:02**	5.8			**12:00**	0.2	5:57	7:48	
29	Mon	**6:25**	5.4	**6:50**	6.0	**12:31**	0.5	**12:44**	0.1	5:56	7:49	
30	Tue	**7:14**	5.4	**7:33**	6.2	**1:18**	0.3	**1:26**	0.1	5:54	7:50	