US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - May 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**7:59**	5.4	**8:14**	6.3	**2:02**	0.2	**2:08**	0.2	5:53	7:51	
2	Thu	**8:41**	5.4	**8:52**	6.2	**2:44**	0.2	**2:48**	0.3	5:52	7:52	
3	Fri	**9:21**	5.3	**9:28**	6.1	**3:26**	0.2	**3:28**	0.4	5:51	7:53	
4	Sat	**9:59**	5.2	**10:02**	5.9	**4:06**	0.3	**4:07**	0.6	5:49	7:54	
5	Sun	**10:38**	5.0	**10:35**	5.8	**4:44**	0.4	**4:44**	0.8	5:48	7:55	
6	Mon	**11:18**	4.8	**11:10**	5.6	**5:22**	0.5	**5:20**	0.9	5:47	7:56	
7	Tue			**12:01**	4.7	**6:00**	0.7	**5:56**	1.1	5:46	7:57	
8	Wed			**12:49**	4.6	**6:41**	0.8	**6:37**	1.2	5:45	7:58	
9	Thu	**12:38**	5.4	**1:40**	4.7	**7:28**	0.9	**7:30**	1.3	5:44	7:59	
10	Fri	**1:34**	5.3	**2:34**	4.9	**8:24**	0.9	**8:38**	1.3	5:43	8:00	
11	Sat	**2:34**	5.3	**3:29**	5.2	**9:26**	0.8	**9:51**	1.1	5:42	8:01	
12	Sun	**3:36**	5.3	**4:25**	5.6	**10:26**	0.6	**10:57**	0.7	5:41	8:02	
13	Mon	**4:39**	5.4	**5:22**	6.1	**11:22**	0.3	**11:57**	0.3	5:40	8:03	
14	Tue	**5:41**	5.5	**6:18**	6.5			**12:15**	0.0	5:39	8:04	
15	Wed	**6:42**	5.7	**7:12**	6.9	**12:54**	-0.1	**1:07**	-0.2	5:38	8:05	
16	Thu	**7:38**	5.9	**8:05**	7.2	**1:49**	-0.5	**1:59**	-0.4	5:37	8:06	
17	Fri	**8:32**	6.0	**8:56**	7.3	**2:43**	-0.7	**2:52**	-0.4	5:36	8:07	
18	Sat	**9:25**	6.1	**9:47**	7.2	**3:36**	-0.8	**3:45**	-0.4	5:35	8:08	
19	Sun	**10:18**	6.0	**10:39**	7.0	**4:28**	-0.8	**4:36**	-0.3	5:34	8:08	
20	Mon	**11:12**	5.9	**11:32**	6.7	**5:19**	-0.6	**5:28**	-0.1	5:33	8:09	
21	Tue			**12:08**	5.7	**6:09**	-0.4	**6:20**	0.2	5:33	8:10	
22	Wed	**12:27**	6.3	**1:05**	5.6	**7:00**	-0.2	**7:14**	0.6	5:32	8:11	
23	Thu	**1:23**	6.0	**2:00**	5.6	**7:53**	0.1	**8:12**	0.8	5:31	8:12	
24	Fri	**2:17**	5.7	**2:54**	5.6	**8:47**	0.2	**9:14**	1.0	5:30	8:13	
25	Sat	**3:10**	5.4	**3:45**	5.6	**9:41**	0.4	**10:14**	1.0	5:30	8:14	
26	Sun	**4:03**	5.2	**4:36**	5.7	**10:33**	0.4	**11:10**	0.9	5:29	8:15	
27	Mon	**4:57**	5.1	**5:26**	5.8	**11:21**	0.4			5:28	8:16	
28	Tue	**5:50**	5.0	**6:14**	6.0	**12:01**	0.7	**12:06**	0.4	5:28	8:16	
29	Wed	**6:41**	5.1	**7:00**	6.0	**12:48**	0.6	**12:51**	0.4	5:27	8:17	
30	Thu	**7:29**	5.1	**7:43**	6.1	**1:34**	0.4	**1:35**	0.4	5:27	8:18	
31	Fri	**8:14**	5.1	**8:24**	6.1	**2:18**	0.4	**2:18**	0.5	5:26	8:19	