































Rockaway Beach (inside), NY - May 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:59	5.4	8:14	6.3	2:02	0.2	2:08	0.2	5:53	7:51	
2	Thu	8:41	5.4	8:52	6.2	2:44	0.2	2:48	0.3	5:52	7:52	
3	Fri	9:21	5.3	9:28	6.1	3:26	0.2	3:28	0.4	5:51	7:53	
4	Sat	9:59	5.2	10:02	5.9	4:06	0.3	4:07	0.6	5:49	7:54	
5	Sun	10:38	5.0	10:35	5.8	4:44	0.4	4:44	0.8	5:48	7:55	
6	Mon	11:18	4.8	11:10	5.6	5:22	0.5	5:20	0.9	5:47	7:56	
7	Tue			12:01	4.7	6:00	0.7	5:56	1.1	5:46	7:57	
8	Wed			12:49	4.6	6:41	0.8	6:37	1.2	5:45	7:58	
9	Thu	12:38	5.4	1:40	4.7	7:28	0.9	7:30	1.3	5:44	7:59	
10	Fri	1:34	5.3	2:34	4.9	8:24	0.9	8:38	1.3	5:43	8:00	
11	Sat	2:34	5.3	3:29	5.2	9:26	0.8	9:51	1.1	5:42	8:01	
12	Sun	3:36	5.3	4:25	5.6	10:26	0.6	10:57	0.7	5:41	8:02	
13	Mon	4:39	5.4	5:22	6.1	11:22	0.3	11:57	0.3	5:40	8:03	
14	Tue	5:41	5.5	6:18	6.5			12:15	0.0	5:39	8:04	
15	Wed	6:42	5.7	7:12	6.9	12:54	-0.1	1:07	-0.2	5:38	8:05	
16	Thu	7:38	5.9	8:05	7.2	1:49	-0.5	1:59	-0.4	5:37	8:06	
17	Fri	8:32	6.0	8:56	7.3	2:43	-0.7	2:52	-0.4	5:36	8:07	
18	Sat	9:25	6.1	9:47	7.2	3:36	-0.8	3:45	-0.4	5:35	8:08	
19	Sun	10:18	6.0	10:39	7.0	4:28	-0.8	4:36	-0.3	5:34	8:08	
20	Mon	11:12	5.9	11:32	6.7	5:19	-0.6	5:28	-0.1	5:33	8:09	
21	Tue			12:08	5.7	6:09	-0.4	6:20	0.2	5:33	8:10	
22	Wed	12:27	6.3	1:05	5.6	7:00	-0.2	7:14	0.6	5:32	8:11	
23	Thu	1:23	6.0	2:00	5.6	7:53	0.1	8:12	0.8	5:31	8:12	
24	Fri	2:17	5.7	2:54	5.6	8:47	0.2	9:14	1.0	5:30	8:13	
25	Sat	3:10	5.4	3:45	5.6	9:41	0.4	10:14	1.0	5:30	8:14	
26	Sun	4:03	5.2	4:36	5.7	10:33	0.4	11:10	0.9	5:29	8:15	
27	Mon	4:57	5.1	5:26	5.8	11:21	0.4			5:28	8:16	
28	Tue	5:50	5.0	6:14	6.0	12:01	0.7	12:06	0.4	5:28	8:16	
29	Wed	6:41	5.1	7:00	6.0	12:48	0.6	12:51	0.4	5:27	8:17	
30	Thu	7:29	5.1	7:43	6.1	1:34	0.4	1:35	0.4	5:27	8:18	
31	Fri	8:14	5.1	8:24	6.1	2:18	0.4	2:18	0.5	5:26	8:19	