US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jun 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**8:56**	5.1	**9:01**	6.0	**3:02**	0.3	**3:01**	0.6	5:26	8:19	
2	Sun	**9:37**	5.1	**9:37**	6.0	**3:44**	0.3	**3:42**	0.7	5:26	8:20	
3	Mon	**10:16**	5.0	**10:12**	5.9	**4:25**	0.4	**4:22**	0.8	5:25	8:21	
4	Tue	**10:56**	4.9	**10:47**	5.8	**5:04**	0.4	**5:00**	0.9	5:25	8:21	
5	Wed	**11:38**	4.9	**11:27**	5.7	**5:42**	0.5	**5:38**	1.0	5:25	8:22	
6	Thu			**12:24**	4.9	**6:21**	0.5	**6:20**	1.1	5:24	8:23	
7	Fri	**12:14**	5.6	**1:13**	5.1	**7:02**	0.6	**7:10**	1.1	5:24	8:23	
8	Sat	**1:08**	5.5	**2:04**	5.3	**7:49**	0.6	**8:12**	1.1	5:24	8:24	
9	Sun	**2:07**	5.4	**2:58**	5.6	**8:45**	0.6	**9:22**	1.0	5:24	8:25	
10	Mon	**3:07**	5.3	**3:54**	6.0	**9:46**	0.5	**10:30**	0.7	5:24	8:25	
11	Tue	**4:10**	5.3	**4:51**	6.3	**10:47**	0.3	**11:33**	0.3	5:23	8:26	
12	Wed	**5:14**	5.4	**5:51**	6.6	**11:45**	0.1			5:23	8:26	
13	Thu	**6:17**	5.5	**6:49**	6.9	**12:33**	0.0	**12:41**	-0.1	5:23	8:27	
14	Fri	**7:18**	5.7	**7:45**	7.1	**1:30**	-0.3	**1:37**	-0.2	5:23	8:27	
15	Sat	**8:14**	5.9	**8:39**	7.2	**2:25**	-0.5	**2:32**	-0.3	5:23	8:27	
16	Sun	**9:09**	6.0	**9:30**	7.2	**3:19**	-0.7	**3:26**	-0.3	5:23	8:28	
17	Mon	**10:01**	6.0	**10:21**	7.0	**4:11**	-0.7	**4:19**	-0.2	5:24	8:28	
18	Tue	**10:54**	6.0	**11:12**	6.7	**5:00**	-0.7	**5:09**	0.0	5:24	8:28	
19	Wed	**11:47**	5.9			**5:47**	-0.5	**5:59**	0.2	5:24	8:29	
20	Thu	**12:04**	6.3	**12:40**	5.8	**6:34**	-0.3	**6:49**	0.5	5:24	8:29	
21	Fri	**12:55**	5.9	**1:31**	5.7	**7:20**	0.0	**7:42**	0.8	5:24	8:29	
22	Sat	**1:46**	5.6	**2:21**	5.7	**8:08**	0.2	**8:38**	1.0	5:24	8:29	
23	Sun	**2:37**	5.3	**3:09**	5.7	**8:58**	0.5	**9:37**	1.1	5:25	8:29	
24	Mon	**3:28**	5.0	**3:58**	5.7	**9:49**	0.6	**10:34**	1.1	5:25	8:30	
25	Tue	**4:20**	4.9	**4:47**	5.7	**10:40**	0.7	**11:27**	1.0	5:25	8:30	
26	Wed	**5:14**	4.8	**5:37**	5.8	**11:29**	0.7			5:26	8:30	
27	Thu	**6:08**	4.8	**6:26**	5.8	**12:17**	0.8	**12:17**	0.6	5:26	8:30	
28	Fri	**6:59**	4.9	**7:13**	5.9	**1:05**	0.7	**1:04**	0.6	5:27	8:30	
29	Sat	**7:47**	5.0	**7:56**	6.0	**1:52**	0.5	**1:50**	0.6	5:27	8:30	
30	Sun	**8:32**	5.0	**8:36**	6.0	**2:37**	0.4	**2:35**	0.6	5:27	8:30	